

HONORING BLACK HISTORY MONTH

February is Black History Month, a time to recognize and celebrate the achievements, culture, and contributions of African Americans throughout history. We honor the stories, strength, and perseverance that have helped shape our nation and continue to inspire generations.

Poet's Corner

Have A Great Day

"What a beautiful day" is that what you say
When you rise in the morning to start your day?
Do you start by thinking of how you are blessed
And humming a song while you get dressed?
Or begin by saying a 'good morning' prayer?
Then let your good day start from there!
Remember, for a really good day to take place
It always begin with a smile on your face.

"Happy Valentine's Day!" -Len Hicks

UPCOMING EVENTS

SPREAD YOUR LOVE MURAL

You're warmly invited to create a community Valentine's mural with us where everyone can add a message celebrating friendship and love! Visit our lifestyles office for supplies.

FEBRUARY IS AMERICAN HEART MONTH

February is American Heart Month, highlighting the importance of heart health and heart disease prevention. During Love Your Heart Week, we will focus on activities and education that support cardiovascular wellness and healthy living.

FEBRUARY 11 | THE PERFECT PAIR

Join us for an indulgent afternoon celebrating the timeless pairing of fine wine and decadent chocolate. RSVP with the front desk.

FEBRUARY 17 | FAT TUESDAY: MARDI GRAS FESTIVAL

Celebrate Fat Tuesday with a Mardi Gras Festival filled with festive games, traditional king cake, and upbeat music inspired by New Orleans traditions.

FEBRUARY 27 | GO TEXAN DAY! ENTERTAINMENT BY FLOYD CALLEN

Dust off your boots and hats! Wear your best cowboy get-up and celebrate Go Texan Day with toe-tappin entertainment.

IMPORTANT NUMBERS

PARKWAY PLACE
Inspiring happiness.

Amy Shields 281-677-5904
Executive Director

John Bender 281-677-5917
Chaplain

Shima Reddy 281-677-5931
Director of Administrative Services

Dragoslav Lukic 281-677-5921
Director of Environmental Services

Renee Copley 281-677-5940
IL Sales & Marketing

Richard Ayala 281-677-5980
Director of Culinary Services

Laura Thevenin 281-677-5961
Environmental Service Manager

Rocio Garza 281-677-5971
Director of Concierge Services

Sahara Opoku 281-677-5910
Lifestyles Coordinator

Golden Girls Salon 281-677-5964

Transportation 832-473-5894
832-473-5888

The Brimhurst 281-677-5959

Cabana Cafe 281-677-5909

Front Desk: 281-677-5967
Receptionist and Security

Parkway Place Independent Living

COMMUNITY NEWS

Inspiring Happiness.

RESIDENT SPOTLIGHT: TED & RUTH GLOVER

"The Second Time Around" by Mrs. Ted Glover

I was asked to write a short story about Ted and me. Music was important in my life. My mother taught Ted's mother the accordion when we were four years old, but neither of us recall it. My mother always kept me updated on Ted's whereabouts after chatting with his mom, and they stayed in touch until Ted's mother passed away long ago. We dated in high school. In fact, one photo is from our prom night. His mom was a beautician and fixed my hair for the prom. And then we went down other paths.

I knew Ted joined the Navy Seabees and served in Vietnam around the time I went to France for the summer after graduating from Ohio State. We didn't reconnect until our 20-year High School Reunion in our hometown, Newark, Ohio. By then, we were both divorced. Ted had three children, and I had two.

Ted lived in Florida while I was shivering in Minnesota. Hmm! Maybe I should go visit him. Ted worked in Telephony and called almost every day. I finagled a visit to meet his kids and have some fun. I promised myself I would never marry a guy who lived north of the Red River. It was negative 52 degrees when I finally said "yes" to Florida. A year later, a minister who was also our neighbor, married us in my living room full of friends. The cake had a cowboy theme with flowers and little plastic boots on it. Then the "fun" began. Both of us are only children but we figured out quickly that only one can be in charge at a time. Blending five children (four teenagers and a five-year-old) was NOT easy. We moved to Dallas for Ted's new job and lived there for 35 years before relocating to Katy to be closer to our sons. We're now happily involved at Parkway and will celebrate 44 years in Texas this November, so I think the marriage may last.





WHO WANTS TO BE A DOLLARNAIRE GAME SHOW WAS A HIT

FEBRUARY BIRTHDAYS

Diane Lenamon	2/01
Dot Heflin	2/02
Rosalyn Huddleston	2/03
Tim Blair	2/03
Wanda Cameron	2/06
Emilie Elliott	2/10



Pat Clifton	2/22
Liz Callahan	2/24
Beckie Simpson	2/26
Jackie Cox	2/27
Billie Teas	2/28

ASSOCIATE OF THE MONTH - KANSAS MILLHIMES

Kansas is a remarkable CNA in our Memory Care unit whose compassion and kindness shine through in everything she does. She has a gentle, patient approach and an infectious smile that immediately puts residents at ease. Kansas truly takes the time to connect she loves listening to residents share stories from their past and makes them feel seen, heard, and valued. She consistently goes above and beyond, often initiating meaningful and fun activities simply because she knows it brings joy to the residents. Her genuine heart for caregiving and dedication to our residents make her incredibly deserving of Associate of the Month.



MAKING FRIENDS AND LOTS OF FUN MEMORIES



RUTH GLOVER'S BOOK LECTURE WAS WONDERFUL, LEAVING RESIDENTS INSPIRED AND ENGAGED



A GREAT COMMUNITY IS BUILT IN CELEBRATING MOMENTS

Grab a Wellness Partner this February!

Bring your spouse, friend, or neighbor and team up for our Partner Workouts in the Wellness Center. Share the fun, motivate each other, and make fitness a social experience this month!

 **The Writer's Club is fun to do
What you write may be fiction
Or it may be true
The subject is all up to you.
Family history is a popular choice
Poetry and childhood happenings
have a voice
Fantasy and fiction are welcome too
Maybe uncover a hidden talent...
We dare you! See you soon!**

**Join the Writers Workshop
every other Thursday
@ 10:00A in the Arts & Crafts Room**