

JANUARY 2026

Parkway Place Healthcare

COMMUNITY NEWS

Inspiring Happiness.

RESIDENT SPOTLIGHT

James Newman Wall (JN) was born on December 19, 1946, in Rotan, Texas. He grew up in Snyder, Texas. He was a great athlete and played baseball, football, and basketball. When he was a Senior in high school he pitched in the state finals against Nolan Ryan.

He graduated from Texas Tech University and became a CPA. He worked for Arthur



Anderson until he started work in Fort Worth, Texas for an oil and gas company. That was the beginning of his career in the oil and gas industry.

JN moved to Houston and continued in the oil and gas industry. His career included being in accounting, finance, and as a land-man. He retired and worked as a consultant.

He loves watching and playing sports, especially baseball and golf. He is blessed with having three children and three grandchildren. JN and his wife, Carrie have been married for 44 years.



Residents enjoy an outing to Memorial City Mall!

UPCOMING EVENTS

JANUARY 1 | NEW YEARS DAY

This Day is a time of optimism, planning, and resoluteness. There's a feeling that maybe this year we'll make the changes we've been meaning to: more rest, better eating habits, more exercise, or a new job. New Year's Day is about taking a moment to get ready for everything that is about to unfold. Happy New Year!



JANUARY 8 | CELEBRATING ELVIS PRESLEY DAY

Join us for a tribute to the King of Rock-n-Roll on his birthday with Elvis impersonator by Ralph Elizondo.



JANUARY 16 | WINTER WONDERLAND DAY

Come and enjoy a fantastic day filled with shopping, tasty refreshments, and plenty of fun! Browse a great selection of vendors, discover unique finds, and treat yourself to something special while soaking up a lively, welcoming atmosphere. Take a break to enjoy delicious drinks and snacks, catch up with friends, and make the most of a special day.



JANUARY 16 | HAPPY BIRTHDAY MONTH DOLLY PARTON

On this day Healthcare will honor the wonderful country singer Dolly Parton with entertainment by Danette McMahon during happy hour at 2:00 pm. Dolly was born on January 19th, in Sevierville, Tennessee.



JANUARY 19 | MARTIN LUTHER KING JR DAY

This day falls on Monday, January 19, honoring his birthday (January 15, 1929) as a federal holiday and National Day of Service, with events like unity parades and service projects planned to promote equality and community building.



JANUARY 22 | BIRTHDAY SOCIAL

Come celebrate January birthdays in healthcare with entertainment and refreshments.



IMPORTANT NUMBERS

Amy Shields 281-677-5904
Executive Director

Sara Solo 281-677-5902
Healthcare Administrator

Shima Reddy 281-677-5931
Director of Administrative Services

Val Kolapo 281-677-5928
Director of Assisted Living & Memory Support

Rosemary Aliu 281-677-5929
Director of Nursing

John Bender 281-677-5917
Chaplain

Richard Ayala 281-677-5980
Director of Culinary Services

Michelle Williams 281-677-5955
Healthcare Marketing Coordinator

Elianny Ramas 281-677-5937
Healthcare Admission Coordinator

Dragoslav Lukic 281-677-5921
Director of Environmental Services

Laura Thevenin 281-677-5961
Director of Housekeeping

Ericka Garza 281-677-5930
Life Enrichment Coordinator - Heights

Jacqueline Pigott 281-677-5926
Life Enrichment Coordinator - Haven

Olivia Johnson 281-677-5937
Life Enrichment Coordinator - Harbor

Transportation 832-473-5894
832-473-5888

Front Desk: 281-677-5901


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AL# 44655

C P S N I L K N A R F E
 E X A E W H O S Q G C I
 K Y J N W N B G N R T W
 R A N J Z R K A G R S O
 T O L K I E N Y Y I U B
 N Q G D H E S L E M N B
 Y O G R R M Q E R N T S
 J E T E G N I K F Y A B
 S I V T H F Q D N Q J X
 P E K X E Y T W I A A H
 R T U H G R F F W L M H
 C H A N N I N G L B L A

The following people were born in January. Can you find their last names?

Search horizontally, vertically, diagonally, forward, and backward.



David BOWIE
George BURNS
Carol CHANNING
Ben FRANKLIN
Crystal GAYLE



Martin Luther KING Jr.
Kenny LOGGINS
Mary Lou RETTON
Paul REVERE
Nolan RYAN



Intergenerational Activity Event With St. John Paul II Catholic School



RESIDENT BIRTHDAY CORNER!

1/6 Colleen Goeser
 1/7 Linda Elkins
 1/8 Marjorie Bumpass



1/12 Mary Allen
 1/17 Wilma Smith Cesak
 1/20 Cornelia Vanlingen

ASSOCIATE OF THE MONTH-LAKECHIA HALBERT

Lakechia is a dedicated member of our culinary team. Her warm smile and genuine passion for serving our residents help create meaningful experiences every day. She truly represents inspiring happiness.



Birthday Social With David LaDuka



“Exciting Things Happens at Parkway Place” Christmas Party

Parkway Place proudly looks forward to hosting Christmas parties for the community once a year. The holiday season offers prime opportunities to enhance engagement and connection within our community. Maintaining active participation among seniors and family members, and staff during this most wonderful time of the year. We hope that you enjoyed the Parkway Place Christmas celebration.



Community Holiday Events!



“Happy New Year 2026”

Why is New Year's on January 1?

Is New Year's celebrated on the same day everywhere in the world? Before you say yes remember [Chinese New Year](#), which comes a few weeks later. We celebrate it every year without thinking twice, but why is that the chosen day and month and not, say, sometime in July? In the U.S., we follow the solar-based Gregorian calendar, so New Year's Day always lands on January 1. In 2026, that's a Thursday. And fun fact: The first place to welcome the new year is usually Kiribati, way out in the Pacific, thanks to its early time zone. Lunar calendars work differently. A lunar year is about 354 days, so the dates shift. The best-known example? Chinese New Year, or Lunar New Year, which starts on the second new moon after the winter solstice. That celebration will start on Feb. 17, 2026. It's all thanks to the Romans. Emperor Julius Caesar decided to end confusion about the calendar (more on that below) by creating a standardized version that followed the solar year. After consulting with scientific experts, in 46 B.C., he introduced the Julian calendar. In this calendar, January 1 was established as the official first day of the new year. This coincides with the time of year that Earth is closest to the sun. It's also in honor of Janus, the namesake god of January, known for having two faces—one looking forward to the future and one looking backward to the past. That wasn't quite the end, though. In 1582, Pope Gregory XIII tweaked the Julian calendar, creating the Gregorian calendar, which is the standard most of the world uses today. He reestablished January 1 as New Year's Day.



Houston Royal Oaks Lions Club Christmas Show



Holiday cooking and baking create precious memories.





The Heights Lifestyles Calendar



SUN	MON	TUE	WED	THU	FRI	SAT
<p><u>MAPLEGEND</u></p> <p>AR—Activity Room DR—Dining Room FP—Fireplace P—Porch L—Loby B—Bistro</p>	<p>Activities Are Subject To Change Without Notice</p>			<p>1 10:00 Pokeno Group (AR) 11:00 Chair Exercises (DR) 11:30 New Years Day Lunch (DR) 3:00 Rummikub Group (AR) 4:00 Group Jigsaw Puzzles (AR)</p>	<p>2 10:15 Volleyball Competition With Friends (DR) 2:00 Happy Hour with David LaDuka -The Big Band Swing Era (AL) 3:00 B-I-N-G-O (DR) 4:00 Group Jigsaw Puzzles (AR)</p>	<p>3 10:15 Lakewood Church Service (AL) 2:00 Piano & Guitar Melodies by Youth Volunteers (AL) 3:00 Rummikub w/Friends 4:00 Puzzle Hour (AR)</p>
<p>4 10:00 Tallowood Church Service(DR) 11:00 Catholic Prayer and Communion (DR) 2:30 Table Games (AR) 3:30 Vespers (CH2)</p>	<p>5 10:15 Mani/Pedicure w/Amparo (AR) 2:00 Domino Group (AR) 3:00 B-I-N-G-O (DR) 4:00 Puzzle Hour (AR)</p>	<p>6 10:00 Devotion with Chaplain John Bender (B) 11:00 Chair Yoga (DR) 2:00 Rummikub Group (AR) 3:00 Group Bible Study w/ Robert Hudson (DR) 4:00 Current Events (AR)</p>	<p>7 10:00 Donuts and Coffee (AR) 11:00 Walking Club (L) 2:00 Domino Group (AR) 3:00 B-I-N-G-O (DR) 4:00 Puzzle Hour (AR)</p>	<p>8 Happy Birthday Elvis 10:00 Devotion with Chaplain John Bender (DR) 11:00 Chair Exercises (DR) 3:00 Rummikub Group (AR) 4:00 Group Jigsaw Puzzles (AR)</p>	<p>9 10:15 Hot Chocolate bar (B) 11:00 Tai Chi (DR) 2:15 Ice Cream Social (L) 3:00 B-I-N-G-O (DR) 4:00 Current Events (AR)</p>	<p>10 10:15 Piano Melodies W/ Mark (DR) 2:00 Piano & Guitar Melodies by Youth Volunteers (AL) 3:00 Rummikub w/Friends 4:00 Puzzle Hour (AR)</p>
<p>11 10:00 Tallowood Church Service (DR) 11:00 Catholic Prayer and Communion 2:30 Table Games (AR) 3:30 Vespers (CH2)</p>	<p>12 10:15 Domino Group (L) 11:00 Chair Exercises (B) 2:00 Winter Trivia (AR) 3:00 Bingo Group (DR)</p>	<p>13 10:00 Devotion with Chaplain John Bender (B) 2:00 Sunshine Exercise Class and Music w/ Dorothy (DR) 3:00 Group Bible Study w/ Robert Hudson (DR) 4:00 Rummikub Group (AR)</p>	<p>14 10:00 Jewelry hour (AR) 10:30 Faithful Paws Pet Visit (L) 2:00 Chef Chat (Dr) 3:00 B-I-N-G-O (DR) 4:00 Puzzle Hour (AR)</p>	<p>15 10:00 Devotion with Chaplain John Bender (DR) 11:00 Chair Exercises (DR) 2:00 Golden Girls Marathon (AR) 3:00 Rummikub Group (AR)</p>	<p>16 10:15 Winter Wonderland Market (L) 2:00 Happy Hour with Danette McMahon Celebrating Dolly Parton Birthday Month (AL) 3:00 Movie Matinee (AR)</p>	<p>17 10:15 Piano Melodies W/ Mark (DR) 2:00 Piano & Guitar Melodies by Youth Volunteers (AL) 3:00 Rummikub w/Friends 4:00 Puzzle Hour (AR)</p>
<p>18 10:00 Tallowood Church Service(DR) 11:00 Catholic Prayer and Communion 2:30 Table Games (AR) 3:30 Vespers (CH2)</p>	<p>19 10:15 Piano By Sarah (DR) 11:00 MLK Trivia (DR) 2:00 Popcorn Social 3:00 B-I-N-G-O (DR) 4:00 Puzzle Hour (AR)</p>	<p>20 10:00 Res. Council Meeting! (DR) 11:00 Chair Yoga (DR) 2:00 Entertainment by Cindy (MC) 3:00 Group Bible Study w/ Robert Hudson (DR) 4:00 Current Events (AR)</p>	<p>21 10:00 Rosary Service with St. John Vianney (AL) 11:00 Walking Club (L) 2:00 Domino Group (AR) 3:00 B-I-N-G-O (DR) 4:00 Puzzle Hour (AR)</p>	<p>22 10:00 Devotion with Chaplain John Bender (DR) 11:00 Chair Exercises (DR) 2:00 Birthday Social (B) 3:00 Rummikub Group (AR)</p>	<p>23 10:15 Holocaust Museum Visit & Bodegas Taco Shop (L) 2:00 Ice Cream Social (L) 3:00 Movie Matinee (AR) 4:00 Group Jigsaw Puzzles (AR)</p>	<p>24 10:15 Piano Melodies W/ Mark (DR) 2:00 Piano & Guitar Melodies by Youth Volunteers (AL) 3:00 Rummikub w/Friends 4:00 Puzzle Hour (AR)</p>
<p>25 10:00 Tallowood Church Service(DR) 11:00 Catholic Prayer and Communion 2:30 Table Games (AR) 3:30 Vespers (CH2)</p>	<p>26 10:15 Pokeno Group (B) 11:00 Chair Exercises (B) 2:00 Domino Group (AR) 3:00 B-I-N-G-O (DR) 4:00 Puzzle Hour (AR)</p>	<p>27 10:00 Devotion with Chaplain John Bender (B) 2:00 Sunshine Exercise Class and Music w/ Dorothy (DR) 3:00 Group Bible Study w/ Robert Hudson (DR) 4:00 Rummikub Group (AR)</p>	<p>28 10:15 Donuts and Coffee (AR) 10:30 Faithful Paws Pet Visits (L) 2:00 Dominoe Group (AR) 3:00 Puzzle Hour (AR)</p>	<p>29 10:00 Devotion with Chaplain John Bender (DR) 2:00 Neighbors Day Out Fun Day with Games and Refreshments (L) 3:00 Rummikub Group (AR) 4:00 Group Jigsaw Puzzles (AR)</p>	<p>30 10:00 Snowflake Art Workshop (AR) 11:00 Tai Chi (DR) 2:00 Ice Cream Social (L) 3:00 B-I-N-G-O (DR)</p>	<p>31 10:15 Piano Melodies W/ Mark (DR) 2:00 Piano & Guitar Melodies by Youth Volunteers (AL) 3:00 Rummikub w/Friends 4:00 Puzzle Hour (AR)</p>





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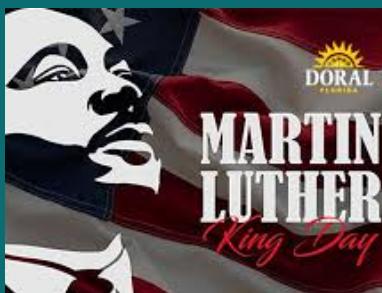


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The Haven Lifestyles Calendar

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MAP LEGEND

L-Lounge
B-Bistro
DR-Dining Room
AL-Assisted Living
H-Healthcare
Activities are Subject to Change
Without Notice

1	Happy New Year
10:00	Devotional with Chaplain John Bender (AL)
11:00	Chair Exercises (B)
12:00	New Years Day Lunch (DR)
1:30	New Years Resolution and Reminiscing (B)
2:00	Rummikub Group (B)
4:00	Current Events

2	9:30 Beauty Shop Day (H)
10:15	Volleyball Competition With Friends (AL)
2:00	Happy Hour with David LaDuka -The Big Band Swing Era (AL)
3:00	Movie Matinee (AL)
3:00	Puzzle Assembling (B)

3	10:00 Lakewood Church Service (AL)
2:00	Piano & Guitar Melodies by Youth Volunteers (AL)
2:15	Hot Coco Social (AL)
3:00	Rummikub w/Friends
4:00	Puzzle Hour (AR)

4	10:00 Tallowood Baptist Church Service (AL)
11:00	Catholic Visits with Prayer and Communion (H)
1:30	Table Games (B)

5	10:15 Pokeno Group(B)
11:00	Chair Exercises (B)
1:30	Domino Group (L)
3:00	Bingo Group (AL)

6	10:15 Devotion with Chaplain John Bender (B)
11:00	Res. Council Mtg. (B)
2:00	Rummikub (B)
3:00	Bible Study (AL)
4:00	Current Events (L)

7	9:00 Manicure and Pedicure With Amparo (H)
9:30	Beauty Shop Day (H)
10:15	Donut and Coffee (B)
2:00	Dominoe Group (B)
3:00	Bingo (AL)
4:00	Puzzle Assembling (B)

8	Happy Birthday Elvis
10:00	Elvis Presley Impersonator by Ralph Elizondo (AL)
11:00	Chair Exercises (B)
1:30	Meet and Greet Chat (B)
2:00	Rummikub Group (B)
4:00	Current Events (L)

9	9:30 Beauty Shop Day (H)
10:00	Hot Chocolate bar (B)
2:00	Ice Cream Social (L)
3:00	Bingo (AL)
4:00	Puzzle Assembling

10	10:15 Piano Melodies w/Mark
2:00	Piano & Guitar Melodies by Youth Volunteers (AL)
3:00	Rummikub w/Friends
4:00	Puzzle Hour (AR)

11	10:00 Tallowood Baptist Church Service (AL)
11:00	Catholic Visits with Prayer and Communion (H)
1:30	Table Games (B)

12	10:15 Pokeno Group(B)
11:00	Chair Exercises (B)
1:30	Domino Group (L)
2:00	Winter Trivia (AR)
3:00	Bingo Group (DR)

13	10:15 Devotion with Chaplain John Bender (B)
11:00	Wellness Exercises (B)
2:00	Sunshine Exercise Class and Music w/ Dorothy (AL)
3:00	Bible Study (AL)
4:00	Current Events (L)

14	9:30 Beauty Shop Day (H)
10:00	Jewelry Making (AL)
11:00	Faithful Paws Pet Visit (L)
2:00	Dominoe Group (B)
3:00	B-I-N-G-O (DR)
4:00	Puzzle Assembling (B)

15	10:00 Devotional with Chaplain John Bender (AL)
11:00	Chair Exercises (AL)
1:30	Meet and Greet Chat (B)
2:00	Golden Girls Marathon (AR)
3:15	Rummikub Group (B)
4:00	Current Events (L)

16	9:30 Beauty Shop Day (H)
10:15	Winter Wonderland Market (L)
2:00	Happy Hour w/ Danette McMahon Celebrating Dolly Parton Birthday Month (AL)
3:00	Movie Hour (AL)
4:00	Puzzle Assembling (B)

17	10:15 Piano Melodies w/Mark
2:00	Piano and Guitar Melodies by Volunteers (DR)
3:00	Rummikub w/Friends (B)
4:00	Puzzle Hour (H)

18	10:00 Church Service (AL)
11:00	Catholic Visits with Prayer and Communion (H)
1:30	Table Games (B)
3:30	Virtual Vesper Service (CH 2)

19	Martin Luther King Jr. Day
10:15	Piano by Sarah (DR)
11:00	MLK Trivia (DR)
2:30	Popcorn Social (L)
2:00	Puzzle Assembling (B)
3:00	Bingo Group (DR)

20	10:15 Devotion with Chaplain John Bender (B)
11:00	



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The Harbor Lifestyles Calendar



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Activities are subject
to change without
notice.
Any change will be
posted.

Happy
New Year



Dr. Martin Luther King



HAPPY
NEW
YEAR
2026

1
10:00 Word in a Word
11:30 New Years Day Lunch
With Music
2:00 New Year Resolution
3:30 Polar Bear Plunge Game
5:00 Dinner w/Music

2
10:00 Bible Study
How the Bible Came to Be
11:30 Lunch w/Music
2:00 Happy Hour with David
The Big Band Swing Era
5:00 Dinner w/Music

3
10:30 Lakewood Church
Special Hour
2:00 Instrumental Selection
by The Village School
2:15 Hot Coco Social
3:30 Rummikub w/Friends

Happy Activity Professional Week

4

10:00 Sunday Worship
w/Tallowood Church
2:00 Holiday Movie Classic
5:00 Dinner w/Music
6:00 Gospel Serenade

5

B-I-N-G-O!
10:00 B-I-N-G-O
11:30 Lunch w/Music
2:00 Watercolor Art
3:00 Group Dominoes

6

Pretty Nails by Amparo
9:am Pretty Nails by Amparo
10:00 Aroma Bread Baking
11:30 Lunch w/Music
2:00 Group Puzzle Piecing
3:30 Gin Rummy Card Game
5:00 Dinner w/Music

7

10:00 Devotion w/Chaplain
John
11:00 Behind the Hymn
“Be Thou My Vision”
11:30 Lunch w/Music
2:00 Watercolor Art
5:00 Dinner w/Music

8

10:00 Elvis Celebration
Elvia Impersonator- Ralph
11:30 Lunch w/Music
1:30 Paint by Number
3:30 Gin Rummy Card Game
5:00 Dinner w/Music

9

10:00 Harbor Scenic Ride
11:30 Lunch w/Music
2:15 Ice cream Social
3:00 Travelogue Destination
Anchorage Alaska
5:00 Dinner w/Music

10

10:15 Piano Melodies
W/ Mark (DR)
2:00 Piano & Guitar Melodies
by Youth Volunteers (AL)
3:00 Rummikub w/Friends
5:00 Dinner w/Music

11

10:00 Sunday Worship
w/Tallowood Church
2:00 Sunday Movie Classic
5:00 Dinner w/Music
6:00 Sunday Music Serenade

12

Residents Council Talk
10:00 Residents Council Talk
11:00 Say What? Word Game
11:30 Lunch w/Music
2:00 Roll Six Dice Game
5:00 Dinner w/Music

13

10:00 Arm chair Exercise
11:30 Lunch w/Music
2:00 Sunshine Exercise Class
w/Dorothy
3:30 Picture Match Game
5:00 Dinner w/Music

14

10:00 Devotion w/Chaplain
John
10:30 Faithful Paws Pet Visit
11:30 Lunch w/Music
2:00 Adult Paint by Numbers
3:30 Group Dominoes
5:00 Dinner w/Music

15

10:00 Reminiscing Childhood
Birthdays
11:30 Lunch w/Music
2:00 Golden Girls Special
w/Snack
3:00 Gin Rummy Card Game
5:00 Dinner w/Music

16

10:00 Winter Wonderland
Market
11:30 Lunch w/Music
2:00 Dolly Parton Special
w/Danette
3:00 Group Dominoes
5:00 Dinner w/Music

17

10:15 Piano Melodies W/ Mark
2:00 Piano & Guitar Melodies
by Youth Volunteers (AL)
3:00 Rummikub w/Friends
4:00 Dinner w/Music

Happy Birthday Wilma

18

10:00 Sunday Worship
w/Tallowood Church
2:00 Sunday Movie Classic
3:30 Virtual Vesper Service (Ch
5:00 Dinner w/Music
6:00 Gospel Serenade

Martin Luther King
Day

10:00 Dr. Martin Luther King
Fun Facts
11:00 SAINT Categories Game
11:30 Lunch w/Music
2:00 Popcorn Social
3:30 Group Puzzle Piecing
5:00 Dinner w/Music

20

10:00 Move to Music
11:00 Senior Trivia
11:30 Lunch w/Music
2:00 Entertainment by Cindy
3:30 Group Dominoes
5:00 Dinner w/Music

21

10:00 Devotion w/Chaplain
John
11:00 Senior Trivia
11:30 Lunch w/Music
2:00 Picture Match Game
3:00 Group Dominoes
5:00 Dinner w/Music

22

10:00 Storytime
The Backyard Ghost
11:30 Lunch w/Music
2:00 Residents Birthday Social
3:30 Group Dominoes
5:00 Dinner w/Music

23

10:30 Musical Bingo
11:30 Lunch w/Music
2:00 Ice cream social
3:00 Pokeno Card Game
5:00 Dinner w/Music

24

10:15 Piano Melodies w/Mark
2:00 Instrumental Selections
by The Village School
2:15 Popcorn Social
3:00 Rummikub w/Friends
5:00 Dinner w/Music

25

10:00 Sunday Worship
w/Tallowood Church
2:00 Sunday Movie Classic
3:30 Virtual Vesper Service
(Ch 2)
5:00 Dinner w/Music
6:00 Sunday Classic Music

26

10:00 Moose B-I-N-G-O
11:30 Lunch w/Music
2:00 Memory lane w/Jane
3:00 Group Puzzle Piecing
5:00 Dinner w/Music

27

10:00 EZ Music Trivia
11:30 Lunch w/Music
2:00 Sunshine Exercise Class
w/Dorothy
3:30 Watercolor Art
5:00 Dinner w/Music

28

10:00 Devotion w/Chaplain
John
10:30 Faithful Paws Pet Visit
11:30 Lunch w/Music
2:00 Pokeno Card Game
5:00 Dinner w/Music

29

10:00 Bible Study
Courage In The Bible
11:30 Lunch w/Music
2:00 Neighbors Day Out Fun
Day w/Refreshments
3:30 Big Fun Moose Jokes
5:00 Dinner w/Music

30

10:00 Musical Bingo
11:30 Lunch w/Music
2:00 Root beer Float
3:00 Pokeno Card Game
5:00 Dinner w/Music

31

10:15 Piano Melodies
W/ Mark (DR)
2:00 Piano & Guitar Melodies
by Youth Volunteers (AL)
3:00 Rummikub w/Friends
5:00 Dinner w/Music