





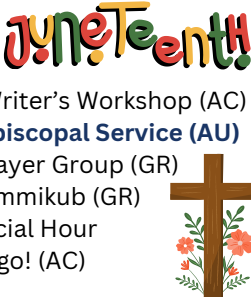















# Independent Living Lifestyles Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
<div>1</div> <p>11:00A Episcopal Service (B Building 2nd Floor) 12:00P-2:00P Sunday Brunch 3:30P Vespers (AU/Ch2) 4:30P Coffee and Chatter (CC)</p>	<div>2</div> <div>Podiatrist Visit</div> <p>10:00A Art Group! (AC) 11:00A Chair Volleyball (AU) 1:30P Bible School (GR) 2:30P Art Therapy (AC) 5:00P &amp; 6:00P Mexican Train (GR)</p>	<div>3</div> <p>10:30A Grocery Trip (ML) 11:00A Cornhole Competition (CC) <b>3:00P Bingo Store! (AC)</b> 6:15P BINGO! (AC)</p>	<div>4</div> <div>Meal of the Month Ballot Due!</div> <p>10:30A Vessels of Joy (GR) 11:30A Faithful Paws Visit (ML) 2:00P PWP Singers (AU) 3:00P Spanish with Rocio (GR) 6:00P Bridge (GR)</p>	<div>5</div> <p>10:00A Writer's Workshop (AC) 11:15A Prayer Group (GR) 2:00P Rummikub (GR) 4:00P Social Hour (CC) 6:15P Bingo! (AC)</p>	<div>6</div>  <p>10:30A Cognitive Calisthenics <b>1:00P Catholic Service (AU)</b> <b>2:00P Fitness Friday Walking Club (ML)</b> 6:15P Trivia Night (AC)</p>	<div>7</div> <p>9:30A Coffee with Neighbors (CC) 3:00P Puzzles With Friends 6:15P Bingo! (AC)</p>
<div>8</div> <p>11:00A Episcopal Service (B Building 2nd Floor) 12:00P-2:00P Sunday Brunch 3:30P Vespers (AU/Ch2) 4:30P Coffee and Chatter (CC)</p>	<div>9</div> <p>10:00A Art Group! (AC) 11:00A Chair Volleyball (AU) 1:30P Bible School (GR) 2:30P Art Therapy (AC) 5:00P &amp; 6:00P Mexican Train (GR)</p>	<div>10</div> <p>10:30A Grocery Trip (ML) 11:00A Cornhole Competition (CC) <b>2:00P Mix &amp; Mingle w/ Home Health Resources (CR)</b> 6:15P BINGO! (AC)</p>	<div>11</div> <p>11:00A Community Crossword Game (GR) 2:00P PWP Singers (AU) <b>3:00P Hydration Tips For Seniors (AU)</b> 6:00P Bridge (GR)</p>	<div>12</div>  <p>10:00A Writer's Workshop (AC) 11:15A Prayer Group (GR) 2:00P Rummikub (GR) 4:00P Social Hour (CC) 6:15P Bingo! (AC)</p>	<div>13</div>  <div>Summer Solstice</div> <p>10:30A Cognitive Calisthenics <b>10:30A Men's Group - St. Arnold's Brewery Tour (\$)</b> 1:30P Bible Study (GR) 2:30P CVS/Walgreens (\$) 5:00P Mexican Train! (GR)</p>	<div>14</div> <p>9:30A Coffee with Neighbors (CC) 3:00P Puzzles With Friends 6:15P Bingo! (AC)</p>
<div>15</div>  <div>Happy Father's Day</div> <p>11:00A Episcopal Service (B Building 2nd Floor) <b>12:00P-2:00P Father's Day Brunch!</b> 3:30P Vespers (AU/Ch2) 4:30P Coffee and Chatter (CC)</p>	<div>16</div>  <p>10:00A Art Group! (AC) 11:00A Chair Volleyball (AU) 1:30P Bible School (GR) 2:30P Art Therapy (AC) 5:00P &amp; 6:00P Mexican Train (GR)</p>	<div>17</div>  <div>BINGO</div> <div>National Root Beer Day</div> <p>10:30A Grocery Trip (ML) <b>1:30P Root Beer Floats (CC)</b> <b>2:00P Sing-A-Long w/ Tim Holder (AU/CH2)</b> 6:15P BINGO! (AC)</p>	<div>18</div> <div>Meal of the Month!</div> <p>11:00A Community Crossword Game (GR) 11:30A Faithful Paws Visit (ML) 2:00P PWP Singers (HC) <b>3:00P Chef Chat (AU)</b> <b>5:00P Catholic Women's Dinner</b> 6:00P Bridge (GR)</p>	<div>19</div>  <div>June Tenth</div> <p>10:00A Writer's Workshop (AC) <b>11:00A Episcopal Service (AU)</b> 11:15A Prayer Group (GR) 2:00P Rummikub (GR) 4:00P Social Hour 6:15P Bingo! (AC)</p>	<div>20</div> <p>10:30A Cognitive Calisthenics 11:30A Book Club (L) 1:30P Bible Study (GR) <b>3:00P Bunco With Amy! (GR)</b> 6:15P Trivia Night (AC)</p>	<div>21</div>  <p>9:30A Coffee with Neighbors (CC) 3:00P Puzzles With Friends <b>3:30P Music Of Harmony (AU)</b> 6:15P Bingo! (AC)</p>
<div>22</div> <p>11:00A Episcopal Service (B Building 2nd Floor) 12:00P-2:00P Sunday Brunch 3:30P Vespers (AU/Ch2) 4:30P Coffee and Chatter (CC)</p>	<div>23</div>  <div>HAPPY BIRTHDAY</div> <p>10:00A Art Group! (AC) 11:00A Chair Volleyball (AU) 1:30P Bible School (GR) <b>3:00P Birthday Social (AU/CH2)</b> 5:00P &amp; 6:00P Mexican Train (GR)</p>	<div>24</div>  <p><b>10:15A Dunham Bible Museum &amp; Cleburne Cafeteria (ML)</b> <b>2:00P Prize Bingo w/ HHR (AC)</b> 6:15P BINGO! (AC)</p>	<div>25</div> <div>10:30A Grocery Trip (ML)</div> <p>11:00A Community Crossword Game (GR) 2:00P PWP Singers (AU) 3:00P Spanish with Rocio (GR) 6:00P Bridge (GR)</p>	<div>26</div>  <div>MEETING</div> <p>10:00A Writer's Workshop (AC) 11:15A Prayer Group (GR) 2:00P Rummikub (GR) <b>3:00P Town Hall (AU)</b> 4:00P Social Hour (CC) 6:15P Bingo! (AC)</p>	<div>27</div> <p>10:30A Cognitive Calisthenics 1:30P Bible Study (GR) 2:30P CVS/Walgreens (\$) 5:00P Mexican Train! (GR)</p>	<div>28</div> <p>9:30A Coffee with Neighbors (CC) 3:00P Puzzles With Friends 6:15P Bingo! (AC)</p>
<div>29</div>  <p>11:00A Episcopal Service (B Building 2nd Floor) 12:00P-2:00P Sunday Brunch 3:30P Vespers (AU/Ch2) 4:30P Coffee and Chatter (CC)</p>	<div>30</div> <p>10:00A Art Group! (AC) 11:00A Chair Volleyball (AU) 1:30P Bible School (GR) 2:30P Art Therapy (AC) 5:00P &amp; 6:00P Mexican Train (GR)</p>		<div>Activities Are Subject To Change Without Notice</div>		<div>MAP LEGEND</div> <p>AC—Arts &amp; Crafts Room AU—Auditorium/Chapel CC—Cabana Café CH2 — Channel 2 GR— Game Room ML— Main Lobby WR — Wii Room</p>	











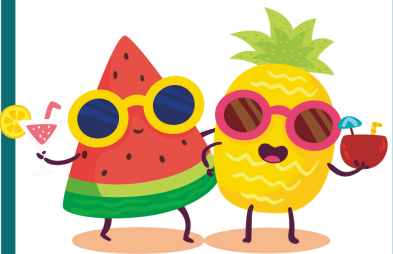




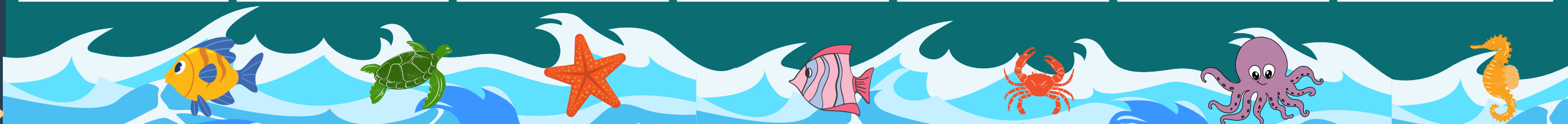
# Independent Living Wellness Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
<b>1</b> <b>Virtual Workouts!</b> Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment	<b>2</b> 9:30A Adv. Stretch & Balance 10:00A Int. Stretch & Balance 10:30A Beg. Stretch & Balance 11:00A Chair Volleyball (AU) 12:00P Machine Tutorials 1:00P Resident Consultations	<b>3</b> 9:30A Advanced Strength 10:00A Intermediate Strength 10:30A Beginner Strength 11:00A Aqua Strength 12:00P Machine Tutorials 1:00P Residents Consultations	<b>4</b> 9:30A Adv. Core & Balance 10:00A Int. Core & Balance 10:30 A Beg. Core & Balance 11:00A Stretch & Mobility 12:00P Resident Consultations	<b>5</b> 9:30A Adv. Strength 10:00A Int. Strength 10:30A Beg. Strength 11:00A Aqua Cardio 12:00P Stretch and mobility 1:00P Residents Consultations	<b>6</b> 9:30A Advanced Cardio 10:00A Intermediate Cardio 10:30A Beginner Cardio 11:00A Cognitive Calisthenics (Wii Room) 12:00P Resident Consultations 2:00P First Friday Walking Club	<b>7</b> <b>Virtual Workouts!</b> Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment
<b>8</b> <b>Virtual Workouts!</b> Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment	<b>9</b> 9:30A Adv. Stretch & Balance 10:00A Int. Stretch & Balance 10:30A Beg. Stretch & Balance 11:00A Chair Volleyball (AU) 12:00P Machine Tutorials 1:00P Resident Consultations	<b>10</b> 9:30A Advanced Strength 10:00A Intermediate Strength 10:30A Beginner Strength 11:00A Aqua Strength 12:00P Machine Tutorials 1:00P Residents Consultations	<b>11</b> 9:30A Adv. Core & Balance 10:00A Int. Core & Balance 10:30 A Beg. Core & Balance 11:00A Stretch & Mobility 12:00P Resident Consultations	<b>12</b> 9:30A Adv. Strength 10:00A Int. Strength 10:30A Beg. Strength 11:00A Aqua Cardio 12:00P Stretch and mobility 1:00P Residents Consultations	<b>13</b> 9:30A Advanced Cardio 10:00A Intermediate Cardio 10:30A Beginner Cardio 11:00A Cognitive Calisthenics (Wii Room) 12:00P Resident Consultations	<b>14</b> <b>Virtual Workouts!</b> Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment
<b>15</b> <b>Virtual Workouts!</b> Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment	<b>16</b> 9:30A Adv. Stretch & Balance 10:00A Int. Stretch & Balance 10:30A Beg. Stretch & Balance 11:00A Chair Volleyball (AU) 12:00P Machine Tutorials 1:00P Resident Consultations	<b>17</b> 9:30A Advanced Strength 10:00A Intermediate Strength 10:30A Beginner Strength 11:00A Aqua Strength 12:00P Machine Tutorials 1:00P Residents Consultations	<b>18</b> 9:30A Adv. Core & Balance 10:00A Int. Core & Balance 10:30 A Beg. Core & Balance 11:00A Stretch & Mobility 12:00P Resident Consultations	<b>19</b> 9:30A Adv. Strength 10:00A Int. Strength 10:30A Beg. Strength 11:00A Aqua Cardio 12:00P Stretch and mobility 1:00P Residents Consultations	<b>20</b> 9:30A Advanced Cardio 10:00A Intermediate Cardio 10:30A Beginner Cardio 11:00A Cognitive Calisthenics (Wii Room) 12:00P Resident Consultations	<b>21</b> <b>Virtual Workouts!</b> Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment
<b>22</b> <b>Virtual Workouts!</b> Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment	<b>23</b> 9:30A Adv. Stretch & Balance 10:00A Int. Stretch & Balance 10:30A Beg. Stretch & Balance 11:00A Chair Volleyball (AU) 12:00P Machine Tutorials 1:00P Resident Consultations	<b>24</b> 9:30A Advanced Strength 10:00A Intermediate Strength 10:30A Beginner Strength 11:00A Aqua Strength 12:00P Machine Tutorials 1:00P Residents Consultations	<b>25</b> 9:30A Adv. Core & Balance 10:00A Int. Core & Balance 10:30 A Beg. Core & Balance 11:00A Stretch & Mobility 12:00P Resident Consultations	<b>26</b> 9:30A Adv. Strength 10:00A Int. Strength 10:30A Beg. Strength 11:00A Aqua Cardio 12:00P Stretch and mobility 1:00P Residents Consultations	<b>27</b> 9:30A Advanced Cardio 10:00A Intermediate Cardio 10:30A Beginner Cardio 11:00A Cognitive Calisthenics (Wii Room) 12:00P Resident Consultations	<b>28</b> <b>Virtual Workouts!</b> Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment
<b>29</b> <b>Virtual Workouts!</b> Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment	<b>30</b> 9:30A Adv. Stretch & Balance 10:00A Int. Stretch & Balance 10:30A Beg. Stretch & Balance 11:00A Chair Volleyball (AU) 12:00P Machine Tutorials 1:00P Resident Consultations		<b>ALL WELLNESS CLASSES ARE HELD IN THE WELLNESS CENTER UNLESS SPECIFIED</b>		<b>For 1-on-1 Consultations, Tailored Exercise plans, or Machine Tutorials please reach out to our Wellness Coordinator Ru Cossy at 832-798-7824</b>	



# The Heights Lifestyles Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
<b>1</b> 10:00 Tallowood Church Service(DR) 11:00 Catholic Prayer and Communion (DR) 2:30 Table Games (B) 3:30 Vespers (CH2)	<b>2</b>  <b>10:15 Mani/Pedicure w/Amparo (AR)</b> 2:00 Plcnic Social Outdoors (Dr) <b>3:00 B-I-N-G-O (DR)</b>	<b>3</b> 10:15 Devotion with Chaplain John Bender (B) 11:00 Stretch & Balance outdoor (P) <b>2:00 Group Bible Study w/ Robert Hudson (DR)</b> 3:00 Rummikub Group (AR) 4:00 Puzzle Hour (LR)	<b>4</b> 10:15 Ring Toss (FP) 10:30 Faithful Paws Pet Visit (L) <b>2:00 Popcorn Social (L)</b> <b>3:00 B-I-N-G-O (DR)</b> 4:00 Rocking & Reminiscing (P)	<b>5</b>  <b>Wedding Month</b> <b>10:00 Devotion with Chaplain John Bender (Dr)</b> <b>2:00 Happy Hour-Wedding Month w/Danette McMahon</b> 3:00 Rummikub Group (AR)	<b>6</b> <b>National Donut Day</b> <b>10:15 Donuts and Coffee (AR)</b> <b>2:00 Ice Cream Social (L)</b> <b>3:00 B-I-N-G-O (DR)</b> 4:00 Puzzle hr (AR)	<b>7</b> <b>National Chocolate Day</b> <b>10:15 Piano Melodies W/ Mark (DR)</b> <b>1:45 Chocolate Treat</b> <b>2:00 Piano &amp; Guitar Melodies by Youth Volunteers</b> 3:00 Rummikub w/Friends
<b>8</b> 10:00 Tallowood Church Service(DR) 11:00 Catholic Prayer and Communion (DR) 2:30 Table Games (B) 3:30 Vespers (CH2)	<b>9</b> 10:15 Pokeno Group (AR) 11:00 Chair Exercises (B) 1:30 Dominoes (AL) 2:00 Puzzle Assembling(B) 3:00 Bingo Group (AL)	<b>10</b> 10:15 Devotion with Chaplain John Bender (B) 11:00 Stretch & Balance outdoor (P) <b>2:00 Group Bible Study w/ Robert Hudson (DR)</b> 3:00 Rummikub Group (AR)	<b>11</b>  <b>Ice Tea Day</b> 10:15 Outdoor Triva with Friends (AR) 10:30 Walking Club (L) <b>2:00 Sip and Paint (B)</b> <b>3:00 B-I-N-G-O (DR)</b> 4:00 Puzzle Hour (AR)	<b>12</b> 10:00 Devotion with Chaplain John Bender (Dr) 11:00 Chair Exercises (B) 2:00 Snow Cone Social (L) 4:00 Group Jigsaw Puzzles (B)	<b>13</b> <b>7:30 Men's Father's Day Pancake Breakfast (B)</b> <b>10:00 Entertainment by Bill Parish (DR)</b> <b>10:30 St. Arnold's Brewery Tour</b> <b>11:00 Jay's Boutique Sale (L)</b> 2:00 Ice Cream Social (L) <b>3:00 B-I-N-G-O (DR)</b>	<b>14</b> <b>National Flag Day</b> 10:30 Piano Melodies W/ Mark (DR) 1:30 Rummikub w/Friends (Ar) 2:00 Piano & Guitar Melodies by Youth Volunteers 3:00 Puzzle Hour (LR)
<b>15</b> <b>Father's Day</b> 10:00 Tallowood Church Service (DR) 11:00 Catholic Prayer and Communion 2:30 Table Games (B) 3:30 Vespers (CH2)	<b>16</b>  10:15 Piano By Sarah (AR) 11:00 Chair Exercises outdoor (P) 2:00 Dominos (AR) <b>3:00 B-I-N-G-O (DR)</b> 4:00 Puzzle Hour (AR)	<b>17</b>  10:15 Devotion with Chaplain John Bender (B) 11:00 Stretch & Balance outdoor (P) <b>2:00 Neighbors Day Out Root Beer Social on The Porch</b> 3:00 Bahamas Trivia (AR)	<b>18</b>  <b>10:15 Donuts and Coffee (AR)</b> 11:00 Faithful Paws Pet Visit (L) <b>2:00 Chef's Chat (Dr)</b> <b>3:00 B-I-N-G-O (DR)</b> 4:00 Mexico Trivia (AR)	<b>19</b>  <b>Juneteenth</b> <b>10:00 Devotion with Chaplain John Bender (DR)</b> <b>11:00 Juneteenth poetry workshop (AR)</b> <b>2:15 Happy Hour with David Laduca- Father Knows Best</b> 3:00 Puerto Rico Trivia (Ar)	<b>20</b>  <b>10:15 Group Exercise on The Porch</b> <b>2:00 Spring into Summer Day Beach Ball Event</b> <b>Music and Refreshments</b> 3:00 Jamaica Trivia (AR)	<b>21</b> 10:15 Piano Melodies W/ Mark (DR) 2:00 Piano & Guitar Melodies by Youth Volunteers (AL)) 3:00 Rummikub w/Friends
<b>22</b> 10:00 Tallowood Church Service(DR) 11:00 Catholic Prayer and Communion 2:30 Table Games (B) 3:30 Vespers (CH2)	<b>23</b> <b>Neon Day</b> 10:15 Cards-Pokeno (AR) 11:00 Chair Exercises (B) 1:30 Domino Group (L) 2:00 Watermelon Social on The Porch 3:00 Bingo Group (DR) 	<b>24</b> <b>Tie Dye Tuesday</b> <b>10:00 Res. Council Meeting! (DR)</b> 11:00 Stretch & Balance outdoor (P) <b>2:00 Group Bible Study w/ Robert Hudson (DR)</b> 3:00 Rummikub Group (AR)	<b>25</b> <b>Sunglass Day</b> 10:15 Gems & Jewels Creations (Ar) 10:30 Walking Club (L) <b>2:00 Parkway Place Choir (DR)</b> <b>3:00 B-I-N-G-O (DR)</b> 4:00 Group Jigsaw Puzzles (Ar)	<b>26</b> <b>Mix Match Wacky Day</b> <b>10:00 Devotion with Chaplain John Bender (DR)</b> <b>11:00 Walking Club (L)</b> <b>2:00 Resident Birthday Social (B)</b> 3:00 Rummikub Group	<b>27</b> <b>National Bingo Day</b>  <b>10:15 Uno (AR)</b> 11:00 Walking Club (L) <b>2:20 Ice Cream Social (L)</b> 3:00 Celebrating Bingo Day (DR)	<b>28</b> <b>10:15 Piano Melodies with Mark Bruni (DR)</b> <b>1:50 Strawberry Soda Floats Treat</b> <b>2:00 Piano &amp; Guitar Melodies by Youth Volunteers</b> 3:00 Rummikub w/Friends
<b>29</b> 10:00 Tallowood Church Service(DR) 11:00 Catholic Prayer and Communion 2:30 Table Games (B) 3:30 Vespers (CH2)	<b>30</b> 10:15 Pokeno Group(AR) 11:00 Chair Exercises (B) 1:30 Domino Group (L) 2:00 Puzzle Assembling (B) 3:00 Bingo Group (DR)				<b>MAPLEGEND</b> AR— Activity Room DR— Dining Room FP — Fireplace P — Porch L-- Lobby	<b>Activities Are Subject To Change Without Notice</b>



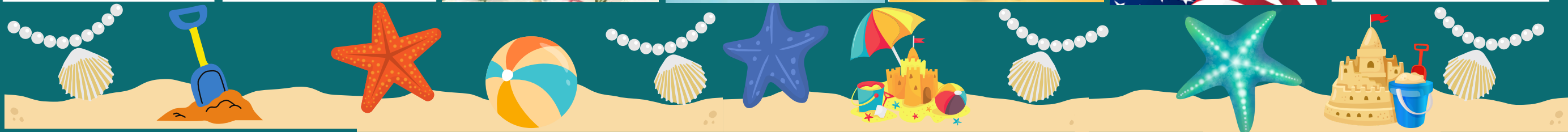


JUNE



# The Haven Lifestyles Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
<b>1</b> 10:00 Tallowood Baptist Church Service (AL) 11:00 Catholic Visits with Prayer and Communion (H) 1:30 Table Games ( B)	<b>2</b> 10:15 Pokeno Group (AR) 11:00 Chair Exercises (B) 1:30 Dominoes (AL) <b>2:00 Picnic Social Outdoors</b> 3:00 Bingo Group (AL)	<b>3</b> 10:15 Devotion with Chaplain John Bender (B) 11:00 Stretch and Balance (AL) 2:00 Group Bible Study (AL) 3:00 Rummikub Group 4:00 Currrent Events (AL)	<b>4</b> <b>9:30 Manicures and Pedicures With Amparo (AL)</b> 10:15 Ring Toss (AL) 10:30 Faithful Paws Pet Visit (H) <b>2:00 Popcorn Social (L)</b> 3:00 B-I-N-G-O (DR) 	<b>5</b> <b>Wedding Month</b>  10:15 Devotion with Chaplain John Bender (B) 1:30 Crossword Puzzle (B) <b>2:00 Happy Hour-Wedding Month w/Danette McMahon</b> 3:00 Bingo (AL) 4:00 Puzzle Assembling (B)	<b>6</b> <b>National Doughnut Day</b> 10:15 Doughnuts and Coffee Social (B) 11:00 Reminiscing on The Porch 1:30 Card Games (B) 2:00 Ice Cream Social (L) 3:00 Bingo Group (B)	<b>7</b> <b>National Chocolate Day</b> 10:15 Piano Melodies W/ Mark (DR) 1:45 <b>Chocolate Treat</b> <b>2:00 Piano &amp; Guitar Melodies by Youth Volunteers</b> 3:00 Rummikub w/Friends
<b>8</b> 10:00 Tallowood Baptist Church Service (AL) 11:00 Catholic Visits with Prayer and Communion (H) 1:30 Table Games ( B)	<b>9</b> 10:15 Pokeno Group (AR) 11:00 Chair Exercises (B) 1:30 Dominoes (AL) 2:00 Puzzle Assembling(B) 3:00 Bingo Group (AL)	<b>10</b>  10:15 Devotion with Chaplain John Bender (B) 11:00 Res. Council Mtg. (B) 2:00 Group Bible Study (AL) 3:00 Rummikub Group 4:00 Currrent Events (AL)	<b>11</b> <b>Ice Tea Day</b>  10:15 Domino Group AR) 10:00 Outdoor Triva with Friends <b>2:00 Sip and Paint with Ice Tea (B)</b> <b>3:00 B-I-N-G-O (DR)</b>	<b>12</b> 10:00 Devotion with Chaplain John Bender (B) 11:00 Chair Exercises (B) <b>2:00 Snow Cone Social (L)</b> 4:00 Group Jigsaw Puzzles (B)	<b>13</b> <b>7:30 Men's Father's Day Pancake Breakfast (B)</b> <b>10:00 Entertainment by Bill Parish (DR)</b>  <b>10:30 Arnold's Brewery Tour To Arnolds Brewer</b> <b>11:00 Jay's Boutique Sale (L)</b> 2:00 Ice Cream Social (L) 3:00 Bingo (AL)	<b>14</b> <b>Flag Day</b>  10:15 Piano Melodies w/Mark 1:30 Rummikub Group (B) <b>2:00 Piano and Guitar Melodies by Volunteers (DR)</b> 3:00 Puzzle Solving (H)
<b>15</b> <b>Father's Day</b>  10:00 Tallowood Baptist Church Service (AL) 11:00 Catholic Visits with Prayer and Communion (H) 1:30 Table Games ( B)	<b>16</b> 10:15 Pokeno Group (AR) 11:00 Chair Exercises (B) 1:30 Dominoes (AL) 2:00 Puzzle Assembling(B) 3:00 Bingo Group (AL)	<b>17</b> 10:15 Devotion with Chaplain John Bender (B) 11:00 Stretch and Balance (B)+ <b>2:00 Neighbors Day Out Root Beer Social on The Porch</b>  3:00 Rummikub Group 4:00 Current Events (AL)	<b>18</b> 10:15 Donuts and Coffee (AR) 10:30 Faithful Paws Pet Visit (L) 1:30 Puzzle Assembling Group) <b>2:00 Popcorn Social (L)</b> 2:00 Individual Puzzle Piecing (B) 3:00 B-I-N-G-O (DR)	<b>19</b> <b>JUNE TEENTH</b> <b>10:00 Juneteenth Fun Facts And Trivia (B)</b> 11:00 Pokeno Group (B) 1:30 Domino Group (B) <b>2:00 Happy Hour with David Laduca- Father Knows Best</b> 4:00 Current Events (L)	<b>20</b> <b>SUMMER HERE!</b> <b>10:15 Group Exercise on The Porch</b> <b>1:30 Card Games (B)</b> <b>2:15 Spring into Summer Day Beach Ball Event Music and Refreshments</b> 3:00 Puzzle Assembling (B)	<b>21</b> 10:15 Piano Melodies w/Mark 1:45 Ice Cream Nutty Bar <b>2:00 Piano and Guitar Melodies by Volunteers (DR)</b> 3:00 Rummikub w/Friends
<b>22</b> 10:00 Church Service (AL) 11:00 Catholic Visits with Prayer and Communion (H) 1:30 Table Games (B) 3:30 Virtual Vesper Service (CH 2)	<b>23</b> 10:15 Pokeno Group(AR) 11:00 Chair Exercises (B) 1:30 Domino Group (L) <b>2:00 Watermelon Social on Porch</b>  3:00 Bingo Group (DR)	<b>24</b> 10:15 Devotional with Chaplain John Bender (B) 2:00 Group Bible Study with Robert Hudson (AL) 3:00 Rummikub Group (B) 4:00 Current Events (B)	<b>25</b> 10:15 Gems & Jewels Creations Creations (AL) 11:00 Nature Sound Meditation Meditation (AAL) <b>2:00 Parkway Place Choir (DR)</b> <b>3:00 B-I-N-G-O (DR)</b>	<b>26</b> 10:00 Card Games (B) 11:00 Nature Sound Meditation and Yoga 1:30 Domino Group (B) <b>2:00 Resident Birthday Social (B)</b>	<b>27</b> <b>National Bingo Day</b>  <b>10:00 Musical Bingo in The Harbor</b> 1:30 Card Games (B) 2:00 Ice Cream Social (B) <b>3:00 Celebrating National Bingo Day (DR)</b> 4:00 Puzzle Assembling (B)	10:15 Piano Melodies with Mark Bruni (DR)  <b>1:50 Strawberry Soda Floats Treat</b> <b>2:00 Piano &amp; Guitar Melodies by Youth Volunteers</b> 3:00 Rummikub w/Friends
<b>29</b> 10:00 Church Service (AL) 11:00 Catholic Visits with Prayer and Communion (H) 1:30 Table Games (B) 3:30 Virtual Vesper Service (CH 2)	<b>30</b> 10:15 Pokeno Group(AR) 11:00 Chair Exercises (B) 1:30 Domino Group (L) 2:00 Puzzle Assembling (B) 3:00 Bingo Group (DR)					<b>MAP LEGEND</b> L-Lounge B-Bistro DR-Dining Room AL-Assisted Living H-Healthcare Activities are Subject to Change Without Notice









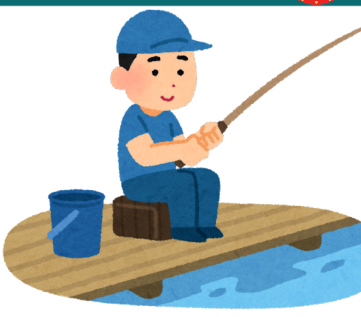




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# The Harbor Lifestyles Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
<b>1</b> <b>10:00 Sunday Worship w/Tallowood Church</b> 3:30 Virtual Vesper Service (Ch 2) 2:00 Sunday Movie Classic 6:00 Gospel Serenade	<b>2</b> 10:00 Memory Lane Sing-along 11:30 Lunch w/Music 2:00 Watercolor Art 3:00 Group Puzzle Piecing 4:30 Dinner w/Music	<b>3</b>  <b>9:30 Manicures &amp; Pedicures by Amparo</b> 11: 00 Basketball Trivia 11:30 Dinner w/Music 3:30 Group Dominoes 4:30 Dinner w/Music	<b>4</b> <b>10:00 Devotion w/Chaplain John</b> <b>10:30 Faithful Paws Pet Visit</b> 11:30 Lunch w/Music <b>2:00 Sip 'n' Paint</b> 3:30 Group Dominoes 4:30 Dinner w/Music 	<b>5</b> <b>Wedding Month</b> <b>9:00 Beauty Shop</b> <b>10:00 Balloon Volleyball</b> 11:30 Lunch w/Music <b>2:00 Happy Hour w/Danette Celebrating Wedding Month</b> 4:30 Dinner w/Music	<b>6</b>  10:15 Word in a Word 11:30 Lunch w/Music 1:30 Sock Matching Sorting 2:00 Ice cream Social 3:30 Easy Scrabble 4:30 Dinner w/Music	<b>7</b> <b>National Chocolate Day</b> 10:15 Piano Melodies W/ Mark (DR)  <b>1:45 Chocolate Treat</b> <b>2:00 Piano &amp; Guitar Melodies by Youth Volunteers</b> 3:00 Rummikub w/Friends
<b>8</b> <b>10:00 Sunday Worship w/Tallowood Church</b> 3:30 Virtual Vesper Service (Ch 2) 2:00 Sunday Movie Classic 6:00 Gospel Serenade	<b>9</b> 10:00 B-I-N-G-O Fun <b>11:00 Resident Council Talk</b> 11:30 Lunch w/Music 2:00 Color by Number 3:30 Easy Scrabble 4:30 Dinner w/Music	<b>10</b> 10:00 Wheel of Fortune 11:30 Lunch w/Music 2:00 Finish the Phrase 3:30 Picture Match Game 4:30 Dinner w/Music	<b>11</b> <b>10:00 Devotion w/Chaplain John</b> 11:00 Random Trivia 11:30 Lunch w/Music 2:00 Creative Black & White Picture Collage Art 3:30 Group Dominoes 4:30 Dinner w/Music 	<b>12</b>  <b>9:00 Beauty Shop</b> 10:00 Toss 'n' Talk Ball Game 11:30 Lunch w/Music 2:00 Read along Storytelling 3:30 Easy Scrabble 4:30 Dinner w/Music	<b>13</b>  <b>8:30 Pre-Father's Day Breakfast</b> <b>10:00 Entertainment by Bill</b> 11:30 Lunch w/Music 2:00 Ice cream Social 3:30 Laugh w/Lucy 4:30 Dinner w/Music	<b>14</b> <b>Flag Day</b>  10:15 Piano Melodies w/Mark 1:30 Rummikub Group (B) <b>2:00 Piano and Guitar Melodies by Volunteers (DR)</b> 3:00 Puzzle Solving (H)
<b>15</b> <b>HAPPY FATHER'S DAY</b> <b>10:00 Sunday Worship w/Tallowood Church</b> 2:00 Sunday Movie Classic 5:30 Sunday Serenade	<b>16</b>  10:00 B-I-N-G-O 11:30 Lunch w/Music 2:00 Creative Art 4:30 Dinner w/Music	<b>17</b>  10:00 Story Hour: The Mysteries of Ancient Egypt 11:30 Lunch w/Music 2:00 Root beer Social 3:30 Picture Match Game 4:30 Dinner w/Music	<b>18</b> <b>10:00 Devotion w/Chaplain John</b> <b>10:30 Faithful Paws Pet Visit</b> 11:30 Lunch w/Music <b>2:00 Popcorn Social</b> 3:30 Classic Movie Hour 4:30 Dinner w/Music 	<b>19</b> <b>Juneteenth</b> <b>9:00 Beauty Shop</b> <b>10:00 Juneteenth Fun Facts</b> 11:30 Lunch w/Music <b>2:00 Happy Hour w/David Theme- Father Knows Best</b> 3:30 Group Dominoes 4:30 Dinner w/Music	<b>20</b>  10:00 Sit & Fit Exercise 11:30 Lunch w/Music 2:00 Ice cream Social 2:00 Outdoor Stroll or Roll 3:30 Group Dominoes 4:30 Dinner w/Music	<b>21</b>  10:15 Piano Melodies With Mark Bruni (DR) <b>2:00 Piano and Guitar with Youth Volunteers (DR)</b> 3:00 Puzzle Hour
<b>22</b> <b>10:00 Sunday Worship w/Tallowood Church</b> 2:00 Sunday Movie Classic 3:30 Virtual Vesper Service (Ch 2) 6:00 Gospel Serenade	<b>23</b> 10:00 Group Sing along 11:30 Lunch w/Music 2:00 Watermelon Social on The Porch  3:00 Group Puzzle Piecing 4:30 Dinner w/Music	<b>24</b> 10:00 Wheel of Fortune 11: 00 Senior Trivia 11:30 Lunch w/Music 2:00 Rainbow Wreath Craft 3:30 Group Dominoes 4:30 Dinner w/Music 	<b>25</b>  <b>10:00 Devotion w/Chaplain John</b> 11:00 Senior Trivia 11:30 Lunch w/Music <b>2:00 Parkway Place Choir</b> 3:00 Pokeno Card Game 4:30 Dinner w/Music	<b>26</b> <b>9:00 Beauty Shop</b> 10:00 Therapeutic Hand Hand Massage w/Music 11:30 Lunch w/Music <b>2:00 Residents Birthday Social</b> 3:30 Gin Rummy Card Game 4:30 Dinner w/Music	<b>27</b> <b>National Bingo Day</b>  10:00 Musical Bingo <b>11:30 Lunch w/Music</b> 2:00 Ice cream social <b>3:00 Celebrating Bingo Day</b> 4:30 Dinner w/Music	<b>28</b>  10:15 Piano Melodies with Mark Bruni (DR) <b>1:50 Strawberry Soda Floats Treat</b> <b>2:00 Piano &amp; Guitar Melodies by Youth Volunteers</b> 3:00 Rummikub w/Friends
<b>29</b> <b>10:00 Sunday Worship w/Tallowood Church</b> 2:00 Sunday Movie Classic 3:30 Virtual Vesper Service (Ch 2) 6:00 Sunday Serenade	<b>30</b>  10:00 B-I-N-G-O 11:30 Lunch w/Music <b>2:00 Down Memory Lane w/Jane</b> 3:00 Small Group Dominoes 4:30 Dinner w/Music					Activities are subject to change without notice. Any change will be posted.



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in the World

