



Celebrating Mr. Gilbert Birthday !

UPCOMING EVENTS



JUNE 13 | MENS PANCAKE BREAKFAST

Join us as Parkway hosts a special pancake breakfast honoring all fathers. Let's celebrate together with good food and great company!



JUNE 15 | FATHER'S DAY

Father's Day is celebrated across the country. It is a day to celebrate fathers and the crucial role they play in people's lives, from childhood through to adulthood.



JUNE 19 | JUNETEENTH

Juneteenth is a federal holiday commemorating the end of slavery in the United States, particularly the emancipation of enslaved people in Texas in 1865. Most schools and businesses close in recognition of this historic day.



JUNE 20 | SUMMER SOLTICE

Summer Solstice, the longest day of the year, usually occurs between June 20 and 22. Celebrate the arrival of summer with our beach ball-themed event, complete with music and refreshments!



JUNE | BIRTHDAY SOCIAL

Join us on June 26 at 2 PM in Healthcare as we celebrate our June birthdays with live music, delicious cake, and wonderful company. It's a heartwarming time to come together, share smiles, and create lasting memories. We can't wait to see you there!



IMPORTANT NUMBERS

Amy Shields 281-677-5904
Executive Director

Sara Solo 281-677-5902
Healthcare Administrator

Shima Reddy 281-677-5931
Director of Administrative Services

Val Kolapo 281-677-5928
Director of Assisted Living & Memory Support

Rosemary Aliu 281-677-5929
Director of Nursing

John Bender 281-677-5917
Director of Spiritual & Concierge Services (Chaplain)

Richard Ayala 281-677-5980
Director of Culinary Services

Michelle Williams 281-677-5955
Healthcare Marketing Coordinator

Elianny Ramas 281-677-5937
Healthcare Admission Coordinator

Dragoslav Lukic 281-677-5921
Director of Environmental Services

Laura Thevenin 281-677-5961
Director of Housekeeping

Ericka Garza 281-677-5930
Life Enrichment Coordinator - Heights

Jacqueline Pigott 281-677-5926
Life Enrichment Coordinator - Haven

Olivia Johnson 281-677-5937
Life Enrichment Coordinator - Harbor

Transportation 832-473-5894
832-473-5888

Front Desk: 281-677-5901



AL# 44655

Parkway Place Healthcare

JUNE 2025

COMMUNITY NEWS

Inspiring Happiness.

RESIDENT SPOTLIGHT



Cornelia Vanlingen was born in January 1926 in Amsterdam. She is the middle child of five siblings. Cornelia was married to her husband for 57 years before his passing. They had two loving children during their marriage, one girl and one boy. Cornelia came to live in Houston, TX, 45 years ago when her husband received a job offer that required the family to relocate. Before settling down as a homemaker, Cornelia worked as a hairdresser. She also enjoyed painting, sports, and traveling. Cornelia had been on 42 cruises and traveled around the world twice to various countries and states. Cornelia had a love for tennis and became a champion tennis player at the Westside Tennis Club here in Houston. Cornelia said throughout her daily life, she only focusses on the good thigs and not the bad. These positive thoughts keep her focused on continuing to enjoy life and others.

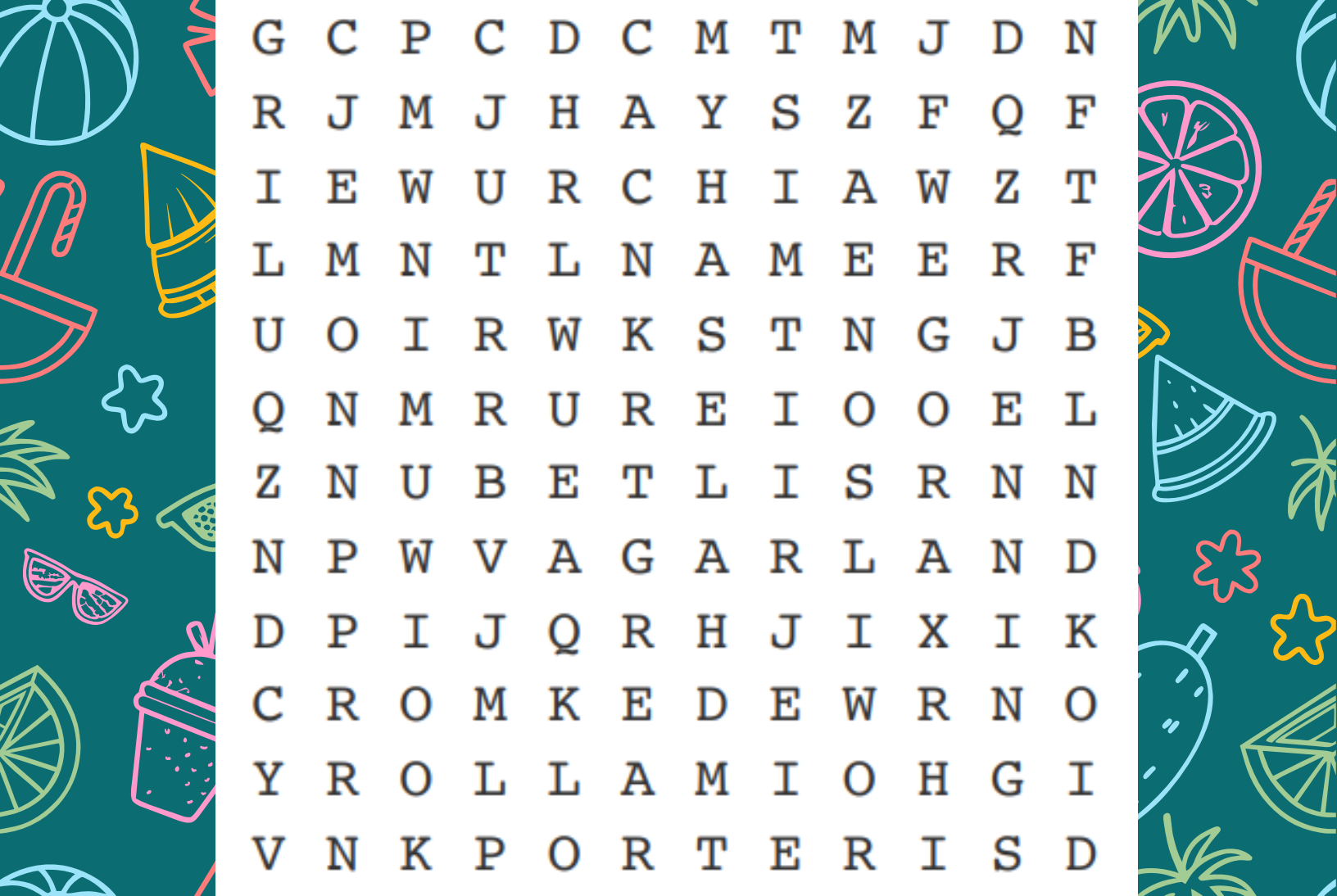
Fun Outdoor Activities for Seniors This Summer

Summer is a great time for seniors to enjoy the outdoors in simple, relaxing ways. Try a morning walk, gentle gardening, or birdwatching to stay active and connected to nature. A picnic in the shade or light tai chi in the yard can lift your mood and support your health. Enjoy the fresh air and sunshine—there's something peaceful in every outdoor moment!

Staying Cool in the Summer Heat: Hydration & Heat Safety for Seniors

In the summer heat, seniors need to stay hydrated and cool. Drink water regularly, even if you don't feel thirsty, and avoid the sun during the hottest part of the day (10 a.m. to 4 p.m.). Wear light clothing and take breaks in cool areas. Watch for signs of dehydration or heat exhaustion, like dizziness or dry mouth. If you feel these symptoms, rest and hydrate immediately to stay safe in the heat.

INDEPENDENT LIVING | ASSISTED LIVING | MEMORY SUPPORT | REHABILITATION | LONG-TERM CARE
1321 PARK BAYOU DRIVE, HOUSTON, TX 77077 281.556.9200 | BUCKNERPARKWAYPLACE.ORG



Healthcare Celebrating Cinco De Mayo!

RESIDENT BIRTHDAY CORNER!

6/4 Peggy Semora
6/12 Elsie Sams
6/18 Victor Pivnik



6/21 Sarah Jackson
6/25 Lois McGarity
6/26 Beverley Crocker

The following people were born in June . Can you find their last names? Search horizontally, vertically, diagonally, forward, and backward.

Morgan FREEMAN
Judy GARLAND
Nathan HALE
Waylon JENNINGS
Heidi KLUM
Vince LOMBARDI



George MALLORY
Dean MARTIN
Cole PORTER
Joan RIVERS
Kathleen TURNER
Brian WILSON

ASSOCIATE OF THE MONTH
Parkway Place honors Kehinde Adewodu, CNA, as May’s Associate of the Month! Kehinde Adewodu is a devoted CNA in our long-term care team. She cares deeply for each resident, always offering a helping hand with a warm smile and a kind heart. Kehinde never hesitates to go above and beyond, showing true dedication in everything she does. We’re proud to have her as part of our team! Congratulations, Kehinde, on being May’s Associate of the Month!



Creative Art coloring





Residents Smiling During The Mother's Day Pearls and Lace Tea Party!



Elsie Sams celebrates her 99th birthday in June. Originally from Arkansas, she has spent most of her life in Texas. She joined Tallowood Baptist Church soon after moving to Houston in 1967. She has two children - Linda and Tom, a daughter-in-law, Kay, and two grandchildren - Elizabeth and Michael. Several years after her husband died in 1985, she retired from many years at AT&T, enabling her to indulge in her passions of house design, interior decorating, cooking, and British high tea. During her 18 months at Parkway Place, she has enjoyed friends, activities, and having someplace to walk during the heat of summer and the cold of winter.

Celebrate National CNA Week

Let's celebrate National CNA Week, which is observed from June 12th to 18th. Many facilities and organizations host appreciation events, awards ceremonies, and other activities to show their appreciation for CNAs during this week. The theme for CNA Week 2025 is "We Are the Champions!". This theme celebrates CNAs and PCTs as the frontline heroes of patient care, recognizing their crucial role in ensuring patients feel seen, heard, and truly cared for. Just take a moment during this week at Parkway Place to give them a special thanks.

How many times have we been in a special church service on Father's Day, and after the pastor's message concludes, you sit back and wonder how I can be this perfect man that he just described? I'm supposed to be a king, priest, prophet, disciple, companion, and although the message was impressive, you feel like David in Saul's armor. The image of a perfect father, like a magazine photo, you will never measure up. The good news is you do not have to live up to another person's description of a father. This road we call life has many rough spots, narrow places with pits and ruts. Psalm 31:4 states that God leads us and He guides us. Yes, He leads us in the Highlands but also guides us in our heartaches. As we walk on this road, let's walk with God's Spirit and acknowledge His presence within us to smooth out the rough places on the road for those that follow behind us. It has been said that a child is not likely to find a father in God unless he finds something of God in his father.

A FATHER'S DAY MESSAGE BY CHAPLAIN JOHN BENDER



Residents Enjoying A Mother's Day Tea Party!

Residents and Family Enjoying Mother's Day Tea Party!