



Residents Enjoying Their Volleyball Competition

IMPORTANT NUMBERS

Amy Shields 281-677-5904
Executive Director

Sara Solo 281-677-5902
Healthcare Administrator

Shima Reddy 281-677-5931
Director of Administrative Services

Val Kolapo 281-677-5928
Director of Assisted Living & Memory Support

Rosemary Aliu 281-677-5929
Director of Nursing

John Bender 281-677-5917
Director of Spiritual & Concierge Services (Chaplain)

Richard Ayala 281-677-5980
Director of Culinary Services

Michelle Williams 281-677-5955
Healthcare Marketing Coordinator

Elianny Ramas 281-677-5937
Healthcare Admission Coordinator

Dragoslav Lukic 281-677-5967
Director of Environmental Services

Laura Thevenin 281-677-5961
Director of Housekeeping

Ericka Garza 281-677-5930
Life Enrichment Coordinator - Heights

Jacqueline Pigott 281-677-5926
Life Enrichment Coordinator - Haven

Olivia Johnson 281-677-5937
Life Enrichment Coordinator - Harbor

Transportation 832-473-5894
832-473-5888

Front Desk: 281-677-5901



PARKWAY PLACE
Inspiring happiness.™

AL# 44655

Parkway Place Healthcare

APRIL 2025

COMMUNITY NEWS

Inspiring Happiness.

RESIDENT SPOTLIGHT



Carolyn was born in Port Arthur, Texas, where she graduated from Thomas Jefferson High School. Carolyn met Fred McDuffie and they wed in 1965. They will celebrate their 60th wedding anniversary this year! Carolyn and Fred made their home in Jasper, Texas, where together they built two successful businesses – McDuffie Pharmacy and McDuffie Medical Supply. Carolyn and Fred worked side by side for many years. They also raised a family together and have two children, Michael and Kimberly, who are her pride and joy. In addition to taking care of her family and working in the businesses, Carolyn was an active member of First Baptist Church, Jasper, Texas. On Sunday, Carolyn could be found teaching children’s Sunday School and singing in the adult choir. In retirement, Carolyn has enjoyed traveling with Fred and spending time with her three beloved grandchildren, Marshall, Matthew, and Sofia. Carolyn loves spending time with her grandkids, whether it’s taking them back to school shopping to outfit them with new school clothes and shoes, or spending time with them on the annual family trip to Hyatt Lost Pines. Carolyn is affectionately known as both Gamma and YaYa by her grandchildren. Carolyn joined the Parkway family when she moved into The Harbor in October 2024.

Take Advantage of the Fresh Air

Spring offers beautiful weather, making it the perfect time for seniors to get outside and soak up the sunshine. Whether it’s a stroll through the park, a guided nature walk, or even a picnic with friends, spending time outdoors has many benefits. Nature walks are a great way for seniors to stay active while enjoying the beauty of the changing seasons. Plus, being in nature can boost mood, reduce stress, and improve overall well-being.

Boost Immunity with Seasonal Foods

Spring is the perfect time to take advantage of fresh, seasonal fruits and vegetables. Incorporating colorful produce like strawberries, leafy greens, and asparagus into your diet can help boost the immune system and provide essential vitamins. A healthy, balanced diet is crucial for seniors to maintain energy levels and support overall well-being.

INDEPENDENT LIVING | ASSISTED LIVING | MEMORY SUPPORT | REHABILITATION | LONG-TERM CARE
1321 PARK BAYOU DRIVE, HOUSTON, TX 77077 281.556.9200 | BUCKNERPARKWAYPLACE.ORG

UPCOMING EVENTS

APRIL 1 | APRIL FOOL’S DAY

Join us on April Fool’s Day for some fun and laughter with Paul Driscoll. Don’t worry about the jokes and the tricks being on you. It’s all just for having a great time. Although this is a day for fun, it is not a holiday, and so businesses and schools respect normal working hours.



APRIL 12 | EASTER EGG HUNT

It’s that time of year again for our Annual Easter Egg Hunt from 10:30-12. Don’t forget to bring the kids for the egg hunt, games, and prizes. Refreshments will be served.



APRIL 13 | PALM SUNDAY

Palm Sunday, which takes place on the Sunday before Easter, is a significant day in the Christian Calendar and marks the beginning of the Holy Week.



APRIL 18 | GOOD FRIDAY

Please join the Healthcare Good Friday Service with Chaplain John Bender at 10:00 AM. Good Friday, also known as Holy Friday, is celebrated on the Friday before Easter and commemorates the crucifixion of Jesus Christ.



APRIL 20 | EASTER SUNDAY

Join us for our Easter Sunday Service with Tallowood Baptist Church. Easter Sunday is a major Christian holiday celebrating Jesus Christ’s resurrection three days after his death.



S Y M A D D E N R O N E
V E A R N H A R D T O N
U W A D I T E V F K S U
B Y L G I Y G N I V R I
Z V W D A L Z A Y E E F
Z H R O R S O E B W F E
N O L O E I S H C C F K
F D N L N O N I T Q E G
S N A M R E T T E L J T
X V D N A S I E R T S F
J B B N G M C J R L J R
S H A K E S P E A R E E

The following people were born in April. Can you find their last names? Search horizontally, vertically, diagonally, forward, and backward.



Andre AGASSI
Dale EARNHARDT
Betty FORD
James GARNER
Billie HOLIDAY
Barbra STREISAND



Washington IRVING
Thomas JEFFERSON
David LETTERMAN
John MADDEN
Pete ROSE
William SHAKESPEARE



SPRING GARDENING
Roll up your sleeves and get your garden ready for Summer! April 14 is National Gardening Day. Gardening is a fun and relaxing hobby enjoyed by many. This is the perfect day for those wanting to take up gardening, finally gathering their tools and seeds, and getting their hands dirty.

RESIDENT BIRTHDAY CORNER!

4/2 Carolyn McDuffie
4/2 Betty Roberts
4/3 Gladys Fincher
4/4 Kimberly Collins



4/10 Johnnie Balcar
4/25 Ruth Yarka
4/27 Raliq Ahmed
4/29 Debra Van Meter

ASSOCIATE OF THE MONTH

Parkway Place honors Raul Patino, Culinary Server, as March's Associate of the Month! All the little things he does every day make a huge difference. He always puts a smile on the residents' faces. He always has a positive attitude and a friendly demeanor. Thank you for your dedication and willingness to go the extra mile. Congratulations, Raul, on being March's Associate of the Month!



Residents enjoying a scenic outing filled with great company & delicious food.



Benefits of Dance for Seniors

The Diamond Wranglers brought lots of excitement and smiles to the residents and staff. Everyone was dancing in their chairs and tapping their feet while others were standing and dancing to every Western song. We enjoy bringing a taste of western to Parkway Place during the Rodeo season. What does dancing do for seniors? Dance can improve your physical, mental, emotional, and social health. With all that going for you, you are bound to feel more confident about yourself and the world around you. Dancing has been a part of human life for thousands of years. Today, people in practically every culture and country can reap the health benefits of dancing. Many already incorporate dance into various celebrations and ceremonies. Dance lifts the spirit while benefiting the body, and anyone can learn basic dance moves with some practice. And because dancing is not dependent upon the season, you can enjoy it all year round. Dance can help you take your mind off stressors and get a break from your worries. Additionally, music can soothe you, inspire you, and even bring up pleasant memories in a way nothing else can.



Residents Celebrating Mardi Gras & St. Patrick's Day! 🍀

Dementia Corner

Dementia is a general term for a group of brain disorders that cause a decline in memory, thinking, and behavioral abilities, affecting daily life and independent function. It's not a single disease, but rather a syndrome with various causes, including Alzheimer's disease, vascular dementia, and others.



April is Volunteer Month

April recognizes all those who give their time and energy during National Volunteer Month. In the United States, volunteerism is instilled at a young age. In many parts of the country, it is the cornerstone of summer vacation or woven into after-school programs. Most organizations in small towns, rural counties, and the largest cities would not function without volunteers. In some families, the baton of volunteerism is handed down from generation to generation. Volunteers come in all shapes and sizes. They pick a cause and make a difference in someone's life.



Therapeutic Wellness Drumming with Cindy St. Cyr