



Residents Enjoying Valentine's Day Celebrations!

MARCH 4 | MARDI GRAS

Join us on Mardi Gras for a fun celebration with entertainment by Danette McMahon followed by a Parade and refreshments. Please come dressed for the occasion.

MARCH 5 | ASH WEDNESDAY

Each year in March, Jean Wu provides ashes on Ash Wednesday for those who choose to participate. The ashes will be distributed at 2:30 p.m. on that day.

MARCH 9 | DAYLIGHT SAVINGS TIME

The sun is shining longer, and millions of people across the United States will soon see the clocks change as daylight saving time begins. Clocks will Spring Forward.

MARCH 13 | RESIDENT BIRTHDAY SOCIAL

Please join Healthcare as we celebrate our resident monthly birthdays with refreshments and entertainment by Curtis Nickelson.

MARCH 17 | SAINT PATRICK'S DAY

Celebrate St. Patrick's Day with the Larry Glass Band and Refreshments. Please wear Green.

MARCH 27 | ASTROS GAME OPENING DAY 2025

Houston Astros take on the New York Mets. There's nothing quite like it. The grass is green, the skies are blue, summer's just around the corner, and with it comes another life-affirming season of baseball. Join us for a tailgating Event on March 27th at 2:00 PM.



IMPORTANT NUMBERS

Amy Shields 281-677-5904
Executive Director

Sara Solo 281-677-5902
Healthcare Administrator

Shima Reddy 281-677-5931
Director of Administrative Services

Val Kolapo 281-677-5928
Director of Assisted Living & Memory Support

Rosemary Aliu 281-677-5929
Director of Nursing

John Bender 281-677-5917
Director of Spiritual & Concierge Services (Chaplain)

Richard Ayala 281-677-5980
Director of Culinary Services

Michelle Williams 281-677-5955
Healthcare Marketing Coordinator

Elianny Ramas 281-677-5937
Healthcare Admission Coordinator

Dragoslav Lukic 281-677-5967
Director of Environmental Services

Laura Thevenin 281-677-5961
Director of Housekeeping

Ericka Garza 281-677-5930
Life Enrichment Coordinator - Heights

Jacqueline Pigott 281-677-5926
Life Enrichment Coordinator - Haven

Olivia Johnson 281-677-5937
Life Enrichment Coordinator - Harbor

Transportation 832-473-5894
832-473-5888

Front Desk: 281-677-5901



PARKWAY PLACE
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AL# 44655

Parkway Place Healthcare

MARCH 2025

COMMUNITY NEWS

Inspiring Happiness.

RESIDENT SPOTLIGHT



Ruth Yarka is originally from Rochester, New York. Ruth is 101 years old and looks forward to celebrating her 102 birthday on April 25th. Ruth and her late husband have 4 wonderful children, three boys and one girl. In her working career, she and her husband owned and operated a motel and diner business in Ontario, New York before retiring. Ruth said she always enjoyed working. She is well known at Parkway Place for her outgoing loving and bubbly personality. During her 8-month residency at Parkway Place, she became very acquainted with the staff and

other residents. Ruth says she enjoys being around nice people. She stated that it doesn't take much to be nice and kind to others.



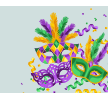
The Luck of The Irish



"The luck of the Irish" is a phrase that means Irish people are lucky or fortunate. It can also refer to the idea that Irish people are successful due to luck rather than skill. The phrase originated in the 19th century. The phrase was sometimes used to describe Irish immigrants and prospectors who struck it rich. The phrase implies that luck, rather than skill or hard work is what brought them wealth. The four-leaf clover is a prominent symbol of luck associated with St. Patrick's Day. The leaves of the clover are said to represent faith, hope, love, and luck.



Mardi Gras 2025



You may already know that Mardi Gras comes right before Lent, which is the season leading up to Easter. But Mardi Gras history extends back to the days before Christianity in Ancient Rome and has roots in pagan spring festivals. As with most other holidays with a deep heritage, the traditions and customs of Mardi Gras evolved as it moved through countries, continents, and centuries and became the raucous, joy-filled celebration we know and love today.

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S Y N C I N I D U O H P
M F Z H G O G N A V I G
Q U W B T S V Y H L E A
V U E P G D J M L Z C M
Q L M T O L L E T S O C
L M H Z S A N W C M S E
R S A I X N C O G A T N
G E M R I O D W K I A T
E A N M C D S I A L S I
U H G I J E E G K L O R
C L E V E L A N D I B E
B J Q Y I R C U O W C N



Residents Enjoying Lunar New Year Celebrations!

RESIDENT BIRTHDAY CORNER!

- 3/2 Thomas Pizzo
- 3/5 Jane Wulfe
- 3/13 Mike Simpson



- 3/19 Emily Tinsley
- 3/20 Jewel Danton
- 3/21 Sandra Cox
- 3/31 Karen Martin

The following people were born in March. Can you find their last names? Search horizontally, vertically, diagonally, forward, and backward.



- Alexander Graham BELL
- Grover CLEVELAND
- Bob COSTAS
- Lou COSTELLO
- Sam DONALDSON
- Harry HOUDINI



- Marcel MARCEAU
- Reba MCENTIRE
- Liza MINNELLI
- Rob REINER
- Vincent VAN GOGH
- Tennessee WILLIAMS



ASSOCIATE OF THE MONTH

Parkway Place honors Ekraj Gurung, Maintenance Assistant, as February's associate of the month! Ekraj is an amazing team player who always takes initiative. He always has a positive attitude and a friendly demeanor. His contributions to the maintenance team have been invaluable. Congratulations, Ekraj, on being February's associate of the month!



Lunar New Year





Dementia Corner

Dementia Myth and Reality

Myth: I'm experiencing memory loss. That means I have dementia.

Reality: Memory loss can be a natural part of aging. It doesn't always mean that you have dementia.



Parkway Place has been connecting with the community to provide a variety of intergenerational activities. St. John Paul II Catholic School students visit Healthcare to engage in an activity with the residents. Yet, finding creative ways to boost engagement among different age groups can be challenging. Younger generations need opportunities to meet with older adults to help them develop social cues, problem-solving skills, confidence, self-worth, and accountability. At the same time, seniors need to maintain a sense of purpose, social interactions, and opportunities to bestow their vast knowledge and experiences—thus improving their quality of life. Intergenerational activities allow us to bridge the gap between generations through activities

Employee Appreciation Day.

Observed on the first Friday in March, Employee Appreciation Day is also becoming popular in other countries. This day is meant for employers to give thanks or recognition to their associates. Why celebrate Employee Appreciation Day? Employee Appreciation Day is an opportunity for organizations to show appreciation for their employees, through gestures big and small, that help create happier, more engaged workplaces. At Parkway Place, the associates are recognized for the service, dedication, and passion they bring to the workplace. Their commitment and excellence set a benchmark for everyone. Employee Appreciation can boost morale in the workplace of any business.



Residents display great art through coloring.

