



Residents enjoying Sylvia's Enchilada Kitchen!

## IMPORTANT NUMBERS

Amy Shields 281-677-5904  
Executive Director

Sara Solo 281-677-5902  
Healthcare Administrator

Shima Reddy 281-677-5931  
Director of Administrative Services

Val Kolapo 281-677-5928  
Director of Assisted Living & Memory Care

Rosemary Aliu 281-677-5929  
Director of Nursing

John Bender 281-677-5917  
Director of Spiritual & Concierge Services (Chaplain)

April Wolfe 281-677-5980  
Interim Director of Culinary Services

Michelle Williams 281-677-5955  
Healthcare Marketing Coordinator

Elianny Ramas 281-677-5937  
Healthcare Admission Coordinator

Dragoslav Lukic 281-677-5967  
Director of Environmental Services

Laura Thevenin 281-677-5961  
Director of Housekeeping

Ericka Garza 281-677-5930  
Life Enrichment Coordinator - Heights

Jacqueline Pigott 281-677-5926  
Life Enrichment Coordinator - Haven

Olivia Johnson 281-677-5937  
Life Enrichment Coordinator - Harbor

Transportation 832-473-5894  
832-473-5888

Front Desk: 281-677-5901



PARKWAY PLACE  
Inspiring happiness.™

AL# 44655

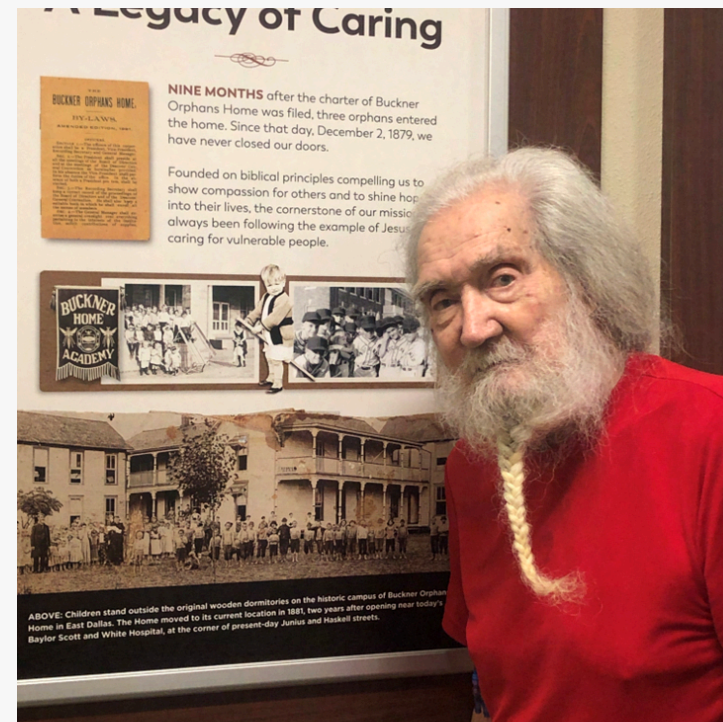
Parkway Place Healthcare

DECEMBER 2024

# COMMUNITY NEWS

Inspiring Happiness.

## RESIDENT SPOTLIGHT



Mr. George Campbell is no stranger to the Buckner organization. George was born in Abilene, TX. He became an orphan at Buckner Orphans Home in 1943. "Father" Buckner opened the Buckner Orphans Home in 1879, providing ease and comfort to orphans in the Dallas area. George lost his father when he was just a little over one year old. His mother wrote a letter to Brother Hal at the Buckner Orphans Home to have him as his siblings taken in at the orphanage until she could better support them. She was told that the orphanage would take them in if she came to work there. His mother had to take a job at the orphanage as a cook and later became a house mother which enabled her to see her children daily. George had four brothers and one sister. George stayed at the orphanage for 13 years. He eventually graduated from the orphanage. Soon after graduating, he went to college and left to find a job. George joined the Marines in 1961. He left the Marines after eleven years because of overseas requirements. He decided to return home to California to rejoin his wife, daughter, and two sons.

### Winter Wellness Tips

As winter approaches, it's crucial for seniors to prioritize their health and well-being. Dressing in layers helps maintain warmth, while staying indoors during extreme weather is essential for safety. A nutrient-rich diet, combined with adequate hydration, supports a strong immune system. Engaging in indoor activities like yoga, dancing, or simple household chores keeps you active, while connecting with family and friends through phone calls or video chats combats loneliness.

### Holiday Traditions

Embracing holiday traditions is a wonderful way for seniors to celebrate the season and connect with loved ones. Many seniors have cherished customs that can bring warmth and joy during this festive time. Decorating the Christmas tree, hanging ornaments, and string lights can evoke memories of past celebrations, creating a sense of nostalgia. Baking favorite holiday treats, whether it's cookies, pies, or special family recipes, can be a delightful activity that brings families together in the kitchen. Sharing stories about past Christmases can also strengthen bonds and pass down family history.

INDEPENDENT LIVING | ASSISTED LIVING | MEMORY SUPPORT | REHABILITATION | LONG-TERM CARE  
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## UPCOMING EVENTS

### DECEMBER 10 | HEALTHCARE CHRISTMAS PARTY

Join us for our Annual Resident Christmas Party. There will be lots of good food for everyone and holiday entertainment. Santa Claus will be available for pictures.

### DECEMBER 12 | GINGERBREAD HOUSE DAY

Gingerbread houses will be made by the Healthcare residents and displayed for all to see. It wasn't until the 1800s, that someone got the wonderful idea of making houses out of gingerbread and decorating them. The tradition of making Gingerbread houses originated in Germany.

### DECEMBER 13 | CHRISTMAS MARKET

Join Healthcare for some Christmas shopping at their holiday market. You don't want to miss out on some great sales.

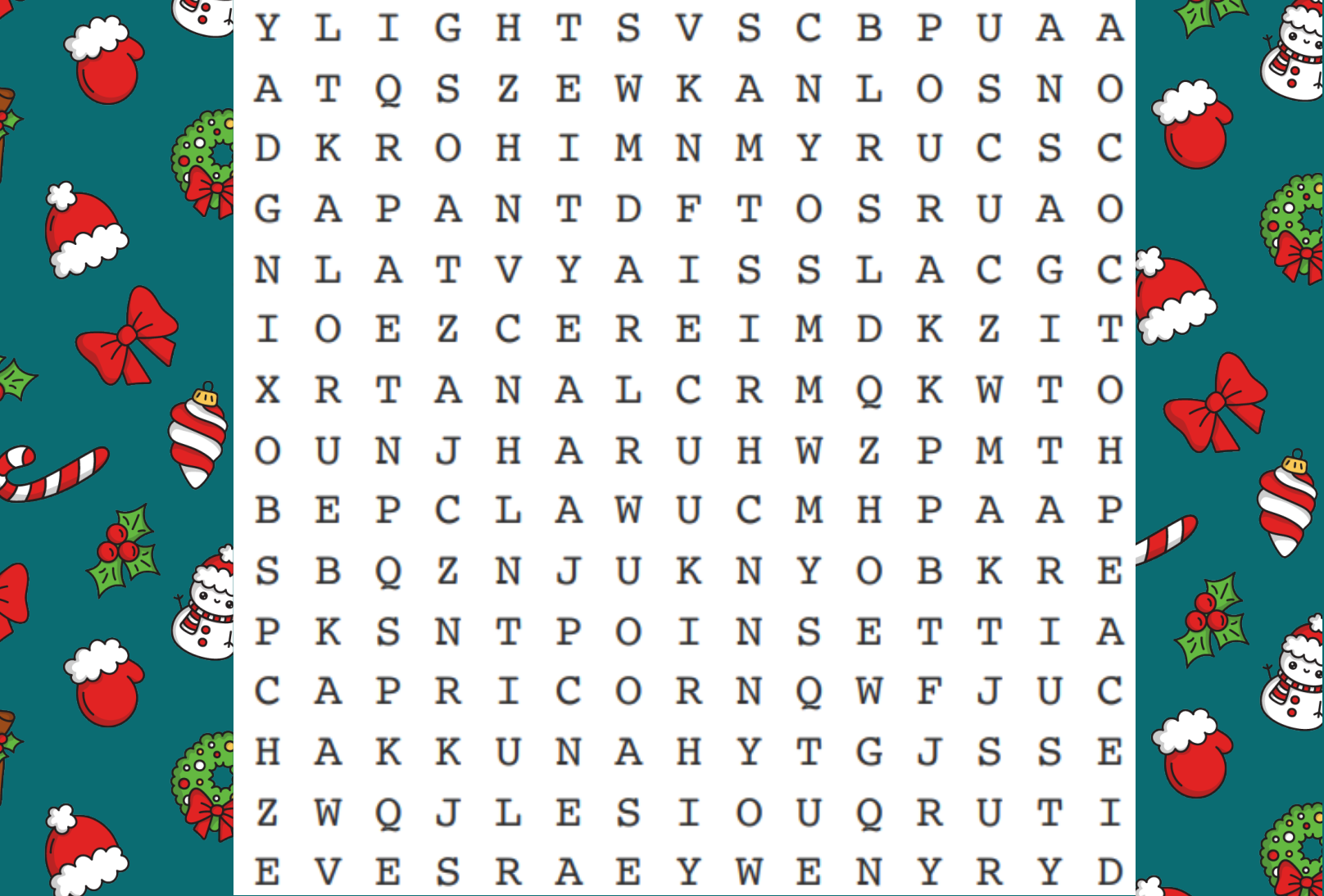
### DECEMBER 25 | CHRISTMAS DAY

Ah! Christmas is the biggest holiday of the year. Christmas has both a strong religious and traditional meaning. The whole Christmas holiday season has a certain feel all to itself, that you usually do not feel at any other time of the year. It creates within us, a sense of kindness and concern for our fellow man. At no other time are we more generous and giving.

### DECEMBER 31 | NEW YEARS EVE

Come celebrate New Year's Eve in Healthcare to celebrate the year coming to an end. New Year's Eve is full of fun and festivities. There are many New Year's Traditions to participate in, including the champagne toast at the stroke of midnight.





Residents showcasing their holiday crafts!

## RESIDENT BIRTHDAY CORNER!

- 12/02 Milton Odum
- 12/04 Georgia Byrnes
- 12/09 Phyllis Cramer
- 12/13 Thomas Dambrosio
- 12/18 JoAnn Raine



- 12/19 James Well
- 12/22 Virginia Bryant
- 12/24 Ralph Naylor
- 12/24 Theresa Nevle
- 12/26 Chester Frank

The words listed below can be found vertically, horizontally, diagonally, forward, and backward. Disregard spaces between words.

- BOXING DAY
- CANDY CANES
- CAPRICORN
- CHARITY
- CHRISTMAS
- HANUKKAH
- HOT COCOA
- KWANZAA



- NARCISSUS
- NEW YEAR'S EVE
- PEACE
- POINSETTIA
- WINTER
- WREATHS
- LIGHTS



## ASSOCIATE OF THE MONTH

Parkway Place honors Kansas Millhimes, Memory Support CNA, as November's associate of the month! Kansas has strong work ethic and great compassion for her residents and families. She is very patient and understanding of their needs. Kansas works well under pressure, and regardless of what's going on, she always has a smile on her face. She always goes above and beyond by helping with activities when Olivia isn't available. Kansas is a wonderful asset to our Memory Support Residents, her work never goes unnoticed. Congratulations, Kansas, on being November's associate of the month!



Westside High School Homecoming Parade!



## Honoring All Members Of The Armed Forces!

Veterans Day, observed each year on November 11th, is a special day dedicated to honoring the brave men and women who have served in the military. The holiday serves as a time for reflection, gratitude, and remembrance, celebrating the sacrifices and contributions of our nation's veterans. Across the country, individuals, communities, and organizations come together to show their appreciation in meaningful ways. Here at Parkway Placed, we honored our resident Veterans with a special luncheon and a salute to their service. We want to thank Marisol Reyes and Master Sargent Juan Reyes from Assisting Hands Home Care for giving such a wonderful keynote speech for our Veterans.

## The Other Gift



The baby in the manger came to give and would grow up to give in full. Jesus left his kingdom in heaven and the glory he had there to take on human flesh. This sacrifice alone would have been enough to make him the most generous person to ever walk on earth. The first chapter of the book of John tells us that Jesus came to be God with us. Life and light belong to him. But he descended to bring that light to us (John 1:9). And after living a life that demonstrated pure generosity, he gave us his glory so we could be one with each other and with him (John 17:22). Then he gave his own life for us and to us (John 17:22, 19:30; 1 John 3:16). Jesus, who came as an infant, will return as our King with another gift (Revelation 22:12), a reward. In the meantime, he asks that we join for his kingdom to come (Matthew 6:10). While we await his return, let us join in his sufferings by offering the generous gift of our time and our lives for his sake and for the sake of others. Thanks be to God for his indescribable gift!



Parkway Place Veteran's Day Event

Houston MG Car Club Visits Parkway Place!