



Residents Showing Off Their Mummy Wrapping Skills!

# IMPORTANT NUMBERS

Amy Shields 281-677-5904  
Executive Director

Shima Reddy 281-677-5931  
Director of Administrative Services

John Bender 281-677-5917  
Director of Spiritual & Concierge Services (Chaplain)

April Wolfe 281-677-5980  
Interim Director of Culinary Services

Dragoslav Lukic 281-677-5967  
Director of Environmental Services

Laura Thevenin 281-677-5961  
Director of Housekeeping

Rebecca Borrello 281-677-5912  
Director of Sales and Marketing

Nikita Harchandani 281-677-5910  
Life Enrichment Coordinator

Brittany Chestnut 281-677-5908  
Wellness Coordinator

Rocio Garza 281-677-5971  
Director of Concierge Services

Front Desk: 281-677-5967  
Receptionist or Security

Transportation 832-473-5894  
832-473-5888

Cabana Cafe: 281-677-5909



PARKWAY PLACE

Inspiring happiness.™

AL# 44655

Parkway Place Independent Living

SEPTEMBER 2024

# COMMUNITY NEWS

Inspiring Happiness.

## RESIDENT SPOTLIGHT



Sue McGown was born in Waco, TX as the oldest of three. She grew up in a loving home, went to Baylor University, and got a degree in teaching. Sue got married in 1957 and had 3 children. She went on to work for Crestview Elementary School teaching first grade. After teaching for 1 year they moved to Ohio, California, Ft. Worth, Austin, San Antonio, and then Houston and has been here for 42 years. Sue remarried in 1982 and blended her 3 kids with her husband's 3. They now have a combined a total of 14 grandchildren and 6 great-grandchildren. She received a master's degree in Library Science from the University of Texas and worked as a librarian for 35 years in Austin and Houston. She served on the Bluebonnet Award and the Newbery Award committees for the American Library Association. Sue has been at Parkway Place for 11 months. "I liked Parkway when I visited so I brought my girls and we spent 3 hours meeting residents and staff. I came for a staycation and fell in love. This is the right place for me. I loved the way that everyone we passed in the hall would greet us with a smile. This is just a friendly place."

### September is Healthy Aging Month

Healthy Aging Month is an annual observance designed to focus national attention on the positive aspects of growing older. The mission is to encourage local-level Healthy aging events that promote taking personal responsibility for one's health, whether physically, socially, mentally, or financially. Carolyn Worthington, president of Healthy Aging, said, "The myths of aging have been chipping away. These days, it's not unusual to see people in their 80s and 90s doing spectacular things."



Have you said "hello" to God today?

Did you take some time to pray?

It is so easy to forget

The source of our help, and yet

He is here waiting just to hear

Our secret thoughts, our needs, our cares.

He'll provide the answer to our prayers.

So, take time in the morning to say "hello".

See how much better your day will go.

"A REMINDER" BY LEN HICKS

INDEPENDENT LIVING | ASSISTED LIVING | MEMORY SUPPORT | REHABILITATION | LONG-TERM CARE  
1321 PARK BAYOU DRIVE, HOUSTON, TX 77077 281.556.9200 | BUCKNERPARKWAYPLACE.ORG

## UPCOMING EVENTS



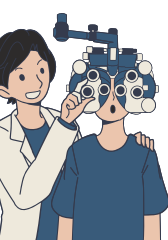
### SEPTEMBER 3 | ALZHEIMER'S LECTURE

Join the Alzheimer's Association for a lecture on healthy living for the brain and body as we kick off our countdown for The Walk To End Alzheimer's.



### SEPTEMBER 8 | GRANDPARENT'S DAY BRUNCH

Parkway Place encourages residents to invite their families for a Grandparents Day brunch. Celebrate those who made us who we are today.



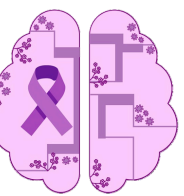
### SEPTEMBER 11 | EYE DOCTOR LECTURE

Join us for a special lecture on eye health and how to maintain your vision as you age.



### SEPTEMBER 19 | CHEF CHAT W/ VP MATT MONOCO

Join the Senior Vice President of Senior Living at Thomas Cusine for a chat about meals here at Parkway Place.



### SEPTEMBER 28 | THE WALK TO END ALZHEIMER'S

Support the fight for a cure for Alzheimer's and Dementia. Team Parkway Place will take a bus to the walk at La Centera in Cinco Ranch!



### SEPTEMBER 24 | TOWN HALL

Learn about community updates and ask questions in a group forum with Executive Director, Amy Shields.



Residents Enjoying An Exciting Game Of Chair Volleyball!

## RESIDENT BIRTHDAY CORNER!

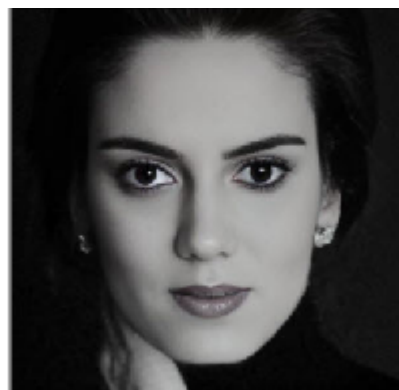
- 9/4 Butch Bradley
- 9/5 Therese Brandl
- 9/5 Toshi Hayre
- 9/7 Karen Brooks
- 9/11 Jay Brooks
- 9/11 Delmar Sanders
- 9/12 Harold Hopkins



- 9/14 Kerry Wells
- 9/15 Neil Howard
- 9/15 Bettye Reyenga
- 9/21 Charmaine Simmons
- 9/22 Sandra Wardlow
- 9/25 Martha Helton

## ASSOCIATE OF THE MONTH

Parkway Place is honoring Sara Mirdadian, Healthcare Server, as August's associate of the month! Sara is a dedicated hard worker who always takes the initiative to ensure all dietary needs for those she serves are met. She inspires happiness and leads each day with the Buckner Values shown with all she encounters. Residents praise her work and value her as family daily. We are truly proud to have her as part of the culinary team. Congratulations, Sara, on being the associate of the month!



Jim and Dot Heflin, Married For 72 Years, Give Advice To Alcir and Sonia Renewing Vows After 25 Years



## Birds of a Feather Flock Together!

Friends make the best neighbors! For each qualified referral who moves in, you'll receive a one-time \$1,500 credit towards your monthly fee.

Please see the marketing team for more details.

## Writer's Corner

Spurn, not the lowly job you must do although it might not appeal to you, For who can ever tell that the doing - and tho doing well - some tasks may yield pleasure in another field. At the end of the rainbow, your hands have wrought, you may find all the gold your heart has sought.

POEM BY MARLENE EDWARDS

## 2024 Walk to End Alzheimer's - Katy, TX

Saturday, September 28th  
 LaCenterra at Cinco Ranch  
 Event opens at 7:30 am  
 Walk begins at 8:30 am  
 Scan the QR Code to Donate



Residents Enjoying Parkway Place's Senior Olympics!