


















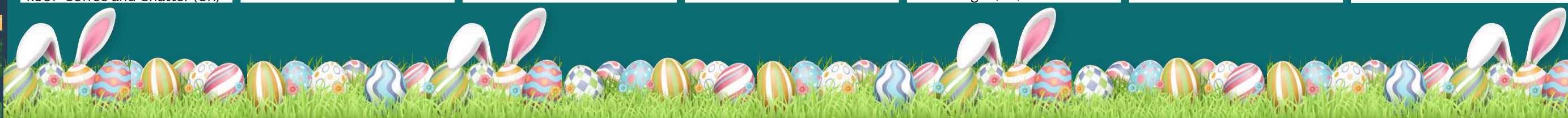





Independent Living Lifestyles Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
Activities Are Subject To Change Without Notice	MAP LEGEND AC—Arts and Crafts Room AU—Auditorium/Chapel CC—Cabana Café CR—Cabana Room CH2 — Channel 2 GR— Game Room L— Library ML—Main Lobby		Shoes for Orphan Souls March 11-22		1  10:00A Ladies Bible Study (AC) 10:45A Cognitive Calisthenics (CR) 1:00P Catholic Service (AU) 2:30P Movie Matinée — Barbie (AU/CH2) — Barbie (AU/CH2) 6:15P Trivia Night (AC)	2 9:30A Coffee with Neighbors (CR) 3:00P Puzzles With Friends 6:15P Bingo! (AC)
3  11:00A Episcopal Service (AU/CH2) 12:00P-2:00P Sunday Brunch 11:30A Music w/ Rodney Raspberry (ML) 3:30P Vespers (AU/Ch2) 4:30P Coffee and Chatter (CR)	4 Podiatrist Visit 10:30A Grocery Trip (ML) 11:00A Flower Arrangements with Anna (AC) 11:00A Resident Council (AU) 1:30P Bible School (GR) 3:00P Bingo Store (AC) 6:00P Mexican Train! (GR)	5 7am-7pm March Primary Election (AU)  10:00A ART GROUP (AC) 1:00P Craft Time With Nikita(AC) 3:00P Ice Cream Social (CC) 6:15P BINGO! (AC)	6 MEETING Waffle Wednesday! 11:00A Vessels of Joy (GR) 11:00A Chair Volleyball (AU) 2:00P PWP Singers (AU) 3:30P TOWN HALL! (AU/Ch2) 6:00P Bridge (GR)	7 9am-2pm Complimentary Massage (WC) 10:00A Writer's Workshop (AC) 11:15A Prayer Group (GR) 1:00P Wellness Lecture Series & Balance Screening (AU) 2:00P Rummikub (GR) 4:00 Social Hour (CC) 6:15P Bingo! (AC) 	8 10:00A Ladies Bible Study (AC) 10:45A Cognitive Calisthenics (CR) 11:00A Yoga W/ Joe (WC) 2:00P Movie Matinee — (AU/CH2) 2:30 CVS/Walgreens (\$) 3:30P Music Of Harmony (AU/CH2) 3:00P Social Hour With HHR (AU) 6:00P Mexican Train! (GR)	9 9:30A Coffee with Neighbors (CR) 3:00P Puzzles With Friends 3:30P Music Of Harmony (AU/CH2) 6:15P Bingo! (AC)
10  Daylight Savings Begins 11:00A Episcopal Service (AU/CH2) 12:00P-2:00P Sunday Brunch 3:30P Vespers (AU/Ch2) 4:30P Coffee and Chatter (CR)	11  10:30A Grocery Trip (ML) 11:00A Flower Arrangements with Anna (AC) 1:30P Bible School (GR) 3:00P Prize Bunco! (GR) 6:00P Mexican Train! (GR)	12  10:00A ART GROUP (AC) 1:00P The Chosen (AU/CH2) 2:30P Menu Chat w/ Chef (AU/CH2) 6:15P BINGO! (AC)	13  Waffle Wednesday! 11:00A Vessels of Joy (GR) 11:00A Chair Volleyball (AU) 11:30A Therapy Dogs (ML) 2:00P PWP Singers (AU) 4:00P Spanish with Rocio (GR) 6:00P Bridge (GR)	14 9am-2pm Complimentary Massage (WC) 10:00A Writer's Workshop (AC) 11:15A Prayer Group (GR) 1:00P Sing-A-Long with David Sproul (AU) 2:00P Rummikub (GR) 4:00P Social Hour (CC) 6:15P Bingo! (AC) 	15  10:00A Ladies Bible Study (AC) 10:45A Cognitive Calisthenics (CR) 11:00A Men's Group Meeting(GR) 11:30A Book Club (L) 2:00P Anointing of The Sick (AU) 6:15P Trivia Night (AC)	16 9:30A Coffee with Neighbors (CR) 3:00P Puzzles With Friends 6:15P Bingo! (AC)
17 St. Patrick's Day 11:00A Episcopal Service (AU/CH2) 11:30A Music w/ Rodney Raspberry (ML) 12:00P-2:00P Sunday Brunch 3:30P Vespers (AU/Ch2) 4:30P Coffee and Chatter (CR)	18 HAPPY BIRTHDAY 10:30A Grocery Trip (ML) 11:00A Flower Arrangements with Anna (AC) 1:30P Bible School (GR) 3:00P Birthday Social (AU/CH2) 6:00P Mexican Train! (GR)	19  First Day Of Spring 10:00A ART GROUP (AC) 2:00P Sing-A-Long w/ Tim Holder (AU/CH2) 3:00P 1949 Hit Parade w Marlene (GR) 6:15P BINGO! (AC)	20 National Ravioli Day Waffle Wednesday! 11:00A Vessels of Joy (GR) 11:00A Chair Volleyball (AU) 2:00P PWP Singers (AU) 4:00P Spanish with Rocio (GR) 4:45P Catholic Women's Dinner 6:00P Bridge (GR)	21 9am-2pm Complimentary Massage (WC) 10:00A Writer's Workshop (AC) 11:00A Episcopal Service (AU) 11:15A Prayer Group (GR) 2:00P Rummikub (GR) 4:00P Social Hour 6:15P Bingo! (AC) 	22  10:00A Ladies Bible Study (AC) 10:45A Cognitive Calisthenics (CR) 11:00A Yoga W/ Joe (WC) 2:00P Movie Matinee — The Hill (AU/CH2) 2:30 CVS/Walgreens (\$) 6:00P Mexican Train! (GR)	23 9:30A Coffee with Neighbors(CR) 10:00A Family Easter Egg Hunt (Prayer Gardens) 3:00P Puzzles With Friends 6:15P Bingo! (AC)
24/31 HAPPY Easter 11:00A Episcopal Service (AU/CH2) 3/31 11:30A Music w/ Rodney Raspberry (ML) 12:00P-2:00P Sunday Brunch 3:30P Vespers (AU/Ch2) 4:30P Coffee and Chatter (CR)	25  10:30A Grocery Trip (ML) 11:00A Flower Arrangements with Anna (AC) 1:30P Bible School (GR) 3:00P Piano with Maurice (AU/CH2) 6:00P Mexican Train! (GR)	26  10:00A ART GROUP (AC) 1:30P The Chosen (AU/CH2) 2:00P Prize Bingo With HHR (AC) 6:15P BINGO! (AC)	27  Waffle Wednesday! 11:00A Vessels of Joy (GR) 11:00A Chair Volleyball (AU) 11:30A Therapy Dogs (ML) 2:00P PWP Singers (AU) 4:00P Spanish with Rocio (GR) 6:00P Bridge (GR)	28 9am-2pm Complimentary Massage (WC) Astros Opening Day! 10:00A Writer's Workshop (AC) 11:15A Prayer Group (GR) 2:00P Rummikub (GR) 3:00P Social Hour - Baseball Appreciation Day! (CC) 6:15P Bingo! (AC)	29 Good Friday  10:00A Ladies Bible Study (AC) 10:45A Cognitive Calisthenics (CR) 11:00A Good Friday Service with John (AU/CH2) 2:00P Episcopal Stations of the Cross (AU/CH2) 6:00P Mexican Train! (GR)	30 9:30A Coffee with Neighbors (CR) 3:00P Puzzles With Friends 6:15P Bingo! (AC)















Independent Living Wellness Calendar

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SUN	MON	TUE	WED	THU	FRI	SAT
	PLEASE CONTACT MELANIE LEWIS, WELLNESS COORDINATOR, TO SCHEDULE A FITNESS CONSULTATION, (281) 677-5908		ALL WELLNESS CLASSES ARE HELD IN THE WELLNESS CENTER UNLESS SPECIFIED		1 9:30A Adv. Strength & Balance 10:00A Intermediate/Beginner Strength & Balance 11:15A Cognitive Calisthenics (Cabana Room) 12:00P Resident Consultations	2 Virtual Workouts! Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment
3 Virtual Workouts! Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment	4 9:30A Adv. Stretch & Balance 10:00A Int. Stretch & Balance 10:30A Beg. Stretch & Balance 12:00P Resident Consultations 1:00P Core & Balance	5 9:30A Advanced Strength 10:00A Intermediate Strength 10:30A Beginner Strength 2:00P Aqua Smiles 2:30 Aqua Stroll	6 9:30A Adv. Stretch & Balance 10:00A Int. Stretch & Balance 10:30A Beg. Stretch & Balance 11:00A Chair Volleyball (AU) 12:00P Resident Consultations 1:00P Core & Balance	7 9am-2pm Complimentary Massage (WC) 9:30A Advanced Strength 10:00A Intermediate Strength 10:30A Beginner Strength 1:00P Wellness Lecture Series & Balance Screening (AU) 2:00P Aqua Smiles 2:30 Aqua Stroll	8 9:30A Adv. Strength & Balance 10:00A Intermediate/Beginner Strength & Balance 11:00A Yoga W/ Joe (WC) 11:15A Cognitive Calisthenics (Cabana Room) 12:00P Resident Consultations	9 Virtual Workouts! Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment
10 Daylight Savings Begins Virtual Workouts! Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment	11 9:30A Adv. Stretch & Balance 10:00A Int. Stretch & Balance 10:30A Beg. Stretch & Balance 12:00P Resident Consultations 1:00P Core & Balance	12 9:30A Advanced Strength 10:00A Intermediate Strength 10:30A Beginner Strength 2:00P Aqua Smiles 2:30 Aqua Stroll	13 9:30A Adv. Stretch & Balance 10:00A Int. Stretch & Balance 10:30A Beg. Stretch & Balance 11:00A Chair Volleyball (AU) 12:00P Resident Consultations 1:00P Core & Balance	14 9am-2pm Complimentary Massage (WC) 9:30A Advanced Strength 10:00A Intermediate Strength 10:30A Beginner Strength 1:00P Strength & Flexibility on the Mat 2:00P Aqua Smiles 2:30 Aqua Stroll	15 9:30A Adv. Strength & Balance 10:00A Intermediate/Beginner Strength & Balance 10:30A Cognitive Calisthenics (Cabana Room) 12:00P Resident Consultations	16 Virtual Workouts! Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment
17 Virtual Workouts! Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment	18 9:30A Adv. Stretch & Balance 10:00A Int. Stretch & Balance 10:30A Beg. Stretch & Balance 12:00P Resident Consultations 1:00P Core & Balance	19 9:30A Advanced Strength 10:00A Intermediate Strength 10:30A Beginner Strength 2:00P Aqua Smiles 2:30 Aqua Stroll	20 9:30A Adv. Stretch & Balance 10:00A Int. Stretch & Balance 10:30A Beg. Stretch & Balance 11:00A Chair Volleyball (AU) 12:00P Resident Consultations 1:00P Core & Balance	21 9am-2pm Complimentary Massage (WC) 9:30A Advanced Strength 10:00A Intermediate Strength 10:30A Beginner Strength 1:00P Strength & Flexibility on the Mat 2:00P Aqua Smiles 2:30 Aqua Stroll	22 9:30A Adv. Strength & Balance 10:00A Intermediate/Beginner Strength & Balance 11:00A Yoga W/ Joe 11:30A Fun Fitness Friday 12:00P Resident Consultations	23 Virtual Workouts! Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment
24/31 Virtual Workouts! Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment	25 9:30A Adv. Stretch & Balance 10:00A Int. Stretch & Balance 10:30A Beg. Stretch & Balance 12:00P Resident Consultations 1:00P Core & Balance	26 9:30A Advanced Strength 10:00A Intermediate Strength 10:30A Beginner Strength 2:00P Aqua Smiles 2:30 Aqua Stroll	27 9:30A Adv. Stretch & Balance 10:00A Int. Stretch & Balance 10:30A Beg. Stretch & Balance 11:00A Chair Volleyball (AU) 12:00P Resident Consultations 1:00P Core & Balance	28 9am-2pm Complimentary Massage (WC) 9:30A Advanced Strength 10:00A Intermediate Strength 10:30A Beginner Strength 1:00P Strength & Flexibility on the Mat 2:00P Aqua Smiles 2:30 Aqua Stroll	29 9:30A Adv. Strength & Balance 10:00A Intermediate/Beginner Strength & Balance 11:15A Cognitive Calisthenics (Cabana Room) 12:00P Resident Consultations	30 Virtual Workouts! Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment

The Heights Lifestyles Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
<p>Activities Are Subject To Change Without Notice</p>		<p>MAPLEGEND AR— Activity Room DR— Dining Room LR— Living Room FP — Fireplace P — Porch</p>	<p>HAPPY EASTER</p>		<p>1</p> <p>10:15 Entertainment by Cindy St. Cyr (DR) 11:00 Dominoes 2:15 Ice cream social 3:00 B-I-N-G-O (DR) 4:00 Puzzle hr 6:00 Hallmark Movie Hour (Ar)</p>	<p>2</p>  <p>10:15 Mark Bruni on Piano 1:30 National Banana Cream Pie Treat 2:30 Wheel of Fortune Game 6:00 Independent Word search</p>
<p>3</p> <p>10:00 Heights Worship Service (DR) 11:00 Catholic Prayer and Communion 2:30 Table Games (B) 3:30 Sunday Trinity Broadcast (Ch.57)</p>	<p>4 Manicure & Pedicures by Amparo</p> <p>10:00 Spanish class w/ Ericka AR) 11:00 Chair Yoga & meditation (AR) 2:00 Puzzle Hour (LR) 3:00 B-I-N-G-O (DR) 4:00 Aroma therapy & hand massages 6:00 Hallmark Movie Hour</p>	<p>5 Happy 100th Birthday Ms. Wulf</p> <p>10:15 Group Bible Study w/ Robert Hudson (AR) 11:00 Stretch & Balance (AR) 2:00 Tuesday trivia 3:00 Rummikub Group (AR) 4:00 Dominoes</p>	<p>6</p> <p>10:15 Doughnuts and Coffee (AR) 11:00 Faithful Paws Pet Visit (AR) 2:15 Sip & paint 3:00 B-I-N-G-O (DR) 4:00 Walking club 6:00 Hallmark Movie Hour (Ar)</p>	<p>7</p>  <p>10:15 Devotion w/John Bender (AR) 11:00 Resistance Band Workout (AR) 2:15 Thirsty Thursday social (B) 3:00 Rummikub Group (AR) 4:00 Dominoes (AR)</p>	<p>8</p> <p>10:15 Entertainment By The Ivory Touch (DR) 11:00 Jenga 2:15 Ice cream social 3:00 B-I-N-G-O (DR) 4:00 Puzzle hr 6:00 Hallmark Movie Hour (Ar)</p>	<p>9</p>  <p>10:15 Name That Tune w/Mark (Dr) 1:30 Puzzle hr 2:00 Dominoes 4:00 Rocking & Reminiscing (AR)</p>
<p>10 Daylight Savings Begins</p> <p>10:00 Heights Worship Service (DR) 11:00 Catholic Prayer and Communion 2:30 Table Games (B) 3:30 Sunday Trinity Broadcast (Ch.57)</p>	<p>11</p> <p>10:00 POKENO (AR) 11:00 Chair yoga & meditation 2:00 Piano by Sarah (AR) 3:00 B-I-N-G-O (DR) 4:00 Puzzle hr (LR) 6:00 Hallmark Movie Hour</p>	<p>12</p> <p>10:15 Group Bible Study w/ Robert Hudson (AR) 11:15 Stretch & Balance (AR) 1:00 Workout w/ Melanie 2:00 Chef's Corner Shamrock shake 3:00 Rummikub Group (AR) 4:00 Aroma therapy & hand massages</p>	<p>13</p> <p>10:00 Daily chronicle & coffee 11:00 Walking Club 2:00 Chair Travel Ireland (AR) 3:00 B-I-N-G-O (DR) 4:00 UNO! (Ar) 6:00 Hallmark Movie Hour (Ar)</p>	<p>14</p> <p>10:15 Devotion w/John Bender (AR) 11:00 sit & be fit 2:15 Mix & Mingle Welcome committee. (DR) 3:00 Rummikub Group 4:00 Puzzle hr</p>	<p>15</p>  <p>10:15 Two Tall Leprechaun Entertainment By Jim (DR) 10:30 Lunch Bunch! 11:00 St Patrick's Day Trivia (AR) 2:15 Ice Cream Social (AR) 3:00 B-I-N-G-O (DR) 4:00 Rocking & Reminiscing (P) 6:00 Hallmark Movie Hour (Ar)</p>	<p>16</p> <p>10:15 Mark Bruni on Piano (DR) 2:15 Uno 3:00 Rummikub w/Friends (AR) 4:00 Hallmark Movie Hour</p>
<p>17</p>  <p>10:00 Heights Worship Service (DR) 11:00 Catholic Prayer and Communion 2:30 Table Games (B) 3:30 Sunday Trinity Broadcast (Ch.57)</p>	<p>18 MEETING</p> <p>10:00 Wellness Drumming w/Cindy St. Cyr (Harbor) 11:00 Resistance Band Workout (AR) 2:00 Res. Council Meeting! (AR) 3:00 B-I-N-G-O (DR) 4:00 Jigsaw & Jazz 6:00 Hallmark Movie Hour</p>	<p>19 First Day Of Spring</p> <p>10:15 Group Bible Study w/Robert Hudson (AR) 11:00 Tai Chi (AR) 2:15 Book Club (DR) 3:00 Rummikub Group (AR) 4:00 Dominoes (AR)</p>	<p>20</p>  <p>10:15 Doughnuts and Coffee (AR) 11:00 Faithful Paws Pet Visit (AR) 2:00 Uno (DR) 3:00 B-I-N-G-O (DR) 4:00 Rocking & Reminiscing (P) 6:00 Hallmark Movie Hour (Ar)</p>	<p>21 HAPPY BIRTHDAY</p> <p>10:15 Devotion w/John Bender (AR) 11:00 Balloon Volleyball (DR) 2:15 Resident Birthday Celebration 3:00 Rummikub Group (AR) 4:00 Aroma Therapy & hand massages</p>	<p>22</p> <p>10:15 Entertainment By Rodney Rasberry (DR) 11:00 Move n Groove 2:15 ICE CREAM SOCIAL 3:00 B-I-N-G-O (DR) 4:00 Puzzle hr (LR) 6:00 Hallmark Movie Hour (Ar)</p>	<p>23</p>  <p>10:00 Parkway Place Family & Friends Easter Egg Hunt (G) Petting zoo (G) 1:30 Rummikub (DR)</p>
<p>24/31</p>  <p>10:00 Heights Worship Service (DR) 11:00 Catholic Prayer and Communion 2:30 Table Games (B) 3:30 Sunday Trinity Broadcast (Ch.57)</p>	<p>25</p>  <p>10:00 POKENO 11:00 Chair yoga & meditation 2:00 Ring Toss (LR) 3:00 B-I-N-G-O (DR) 4:00 Puzzle hr (LR) 6:00 Hallmark Movie Hour</p>	<p>26</p> <p>10:15 Group Bible Study w/Robert Hudson (AR) 11:00 Tai Chi (AR) 2:00 Bingo Market! (AR) 3:00 Rummikub Group (AR) 4:00 Tuesday trivia</p>	<p>27</p> <p>10:15 Daily chronicle & coffee 11:00 Walking club 2:00 Parkway Place Choir (LR) 3:00 B-I-N-G-O (DR) 4:00 Aroma therapy & hand massages 6:00 Hallmark Movie Hour (Ar)</p>	<p>28</p>  <p>Astros Opening Day! 10:15 Devotion w/John Bender (AR) 11:00 Balloon Volleyball (DR) 2:15 Rummikub Group (AR) 3:00 ASTROS watch party (AR) 4:00 Rocking & Reminiscing (P)</p>	<p>29 Good Friday</p> <p>10:00 Good Friday Service with John Bender (DR) 11:00 Sit & be fit 2:15 Ice Cream socia (AR) 3:00 B-I-N-G-O (DR) 4:00 Jigsaw & Jazz 6:00 Hallmark Movie Hour (Ar)</p>	<p>30</p> <p>10:15 Mark Bruni on Piano (Dr) 1:30 Rummikub (DR) 3:00 Dominoes (DR) 4:00 Rocking & Reminiscing (AL)</p>



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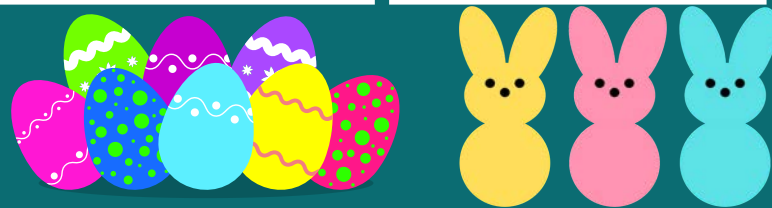
The Haven Lifestyles Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
<p>MAP LEGEND L-Lounge B-Bistro DR-Dining Room AL-Assisted Living H-Healthcare</p> 					<p>1 10:15 Entertainment By Cindy St. Cyr (DR) 1:15 New and Views (B) 2:15 Ice Cream Social (L) 3:00 Bingo (B) 4:00 Group Puzzle Solving (B)</p>	 <p>2 10:15 Mark Bruni on Piano 1:30 National Banana Cream Pie Treat 2:30 Wheel of Fortune Game 6:00 Independent Word search</p>
<p>3  9:00 Haven Church Service 11:00 Catholic Visits with Prayer and Communion (H) 1:30 Table Games (B)</p>	<p>4 10:15 Wellness Exercises (B) 10:30 Bingo Group (B) 1:30 Domino Group (L) 2:00 Cheesecake Tasting (L) 3:00 Jigsaw Puzzle Solving (B)</p>	<p>5 10:15 Devotional with Chaplain John Bender (B) 11:15 Res. Council Meeting (B) 2:00 Chicken Foot (B) 3:00 Rummikub (B) 4:00 Meet and Greet (B)</p>	<p>6 9:00 Manicures and Pedicures by Amparo (H) 10:00 Pencil Art (B) 1:30 Card Games (B) 3:00 Bingo Amada Hospice (DR) 4:15 News Highlights (H)</p>	<p>7 10:30 News and Views (L) 11:00 Pokeno Group (B) 1:30 Domino Group (B) 2:15 Happy Hour Social (B) 4:00 Current Events (L)</p>	<p>8 10:15 Entertainment By The Ivory Touch (DR) 11:15 Current Events (DR) 2:15 Ice Cream Social (L) 3:00 Bingo (DR) 4:00 Group Puzzle Solving (B)</p>	<p>9 10:15 Mark Bruni on Piano (DR) 1:30 Rummikub Group (AR) 3:00 Dominoes (AL) 4:00 Rocking and Remiscing (AL)</p>
<p>10  Daylight Savings Begins 9:00 Haven Church Service 11:00 Catholic Visits with Prayer and Communion (H) 1:30 Table Games (B)</p>	<p>11 10:15 Wellness Exercises (B) 10:30 Pokeno Group (B) 1:30 Domino Group (L) 2:30 Card Game Uno (B) 3:00 Puzzle Solving (B)</p>	<p>12 10:15 Devotion with Chaplain John Bender (B) 1:30 News Highlights (L) 2:00 Individual Word Find (B)) 3:00 Rummikub (B) 4:00Meet and Greet (B)</p>	<p>13 10::15 Wellness Exercise (B) 10:15 Doughnuts w/Coffee (B) 11:00 Faithful Pet Paws (H) 1:30 Card Games (B) 3:00 Bingo (DR)</p>	<p>14 10:30 News and Views (L) 11:00 Pokeno Group (B) 1:30 Domino Group (B) 2:30 Group Puzzle Solving Solving (B) 4:00 Current Events (L)</p>	<p>15 10:15 Two Tall Leprechaun Entertainment By Jim (DR) 2:15 Ice Cream Social (L) 3:00 Bingo Group (DR) 3:15 Rummikub Group (B) 4:00 Group Puzzle Solving (B)</p>	 <p>16 10:15 Mark Bruni on Piano (DR) 2:15 Uno 3:00 Rummikub w/Friends (AR) 4:00 Hallmark Movie Hour</p>
<p>17 St. Patrick's Day 9:00 Haven Church Service (B) 11:00 Catholic Visits with Prayer and Communion (H) 1:30 Table Games (B)</p>	<p>18 10:15 Wellness Drumming w/Cindy St. Cyr (Harbor) 10:30 Bingo Group (B) 1:30 Domino Group (L) 2:30 Card Game Uno (B) 3:00 Jigsaw Puzzle Solving (B)</p>	<p>19 Spring Begins  10:15 Devotional with Chaplain John Bender (B) 11:30 News Highlights (L) 2:00 Chicken Foot (AL) 3:00 Rummikub Group (B) 4:00 Meet and Greet (B)</p>	<p>20 10:15 Wellness Exercises (B) 10:30 Bingo Group (B) 1:30 Domino Group (L) 2:00 Parkway Place Choir (DR) 3:00 Group Crossword Puzzle Solving (B)</p>	<p>21  10:15 Wellness Exercises (B) 10:30 News and Views (B) 11:00 Pokeno Group (B) 2:15 Birthday Social by Curtis Nickelson (DR) 3:00 Current Events (B)</p>	<p>22 10:15 Entertainment By Rodney Raspberry (DR) 11:15 Current Events (DR) 2:15 Ice Cream Social (L) 3:00 Bingo (DR) 4:00 Group Puzzle Solving (B)</p>	<p>23 10:00 Parkway Place Family & Friends Easter Egg Hunt Petting Zoo Clown Visits Refreshments</p>
<p>24/31  9:00 Haven Church Service (B) 11:00 Catholic Visits with Prayer and Communion (H) 1:30 Table Games (B) HAPPY EASTER</p>	<p>25 10:15 Wellness Exercises (B) 10:30 Bingo Group (B) 1:30 Domino Group (L) 2:30 Card Game Uno (B) 3:00 Puzzle Solving (B)</p>	<p>26 10:15 Devotional with Chaplain John Bender (B) 11:30 News Highlights (L) 2:00 Chicken Foot (B) 3:00 Rummikub Group (B) 4:00 Meet and Greet (B)</p>	<p>27 10:00 Wellness Exercise (B) 11:00 Faithful Pet Paws (H) 1:30 Card Games (B) 2:00 Eater Egg Stuffing (B) 3:00 Bingo (L)</p>	<p>28  Astros Opening Day! 10:15 Wellness Exercises (B) 10:30 News and Views (B) 11:00 Pokeno Group (B) 2:15 Group Crossword (B) 3:00 Astros Watch Party (L)</p>	<p>29  10:00 Good Friday Service with John (DR) 11:15 Current Events (DR) 2:15 Ice Cream Social (L) 3:00 Bingo (DR) 4:00 Group Puzzle Solving (B)</p>	<p>30 10:15 Mark Bruni on Piano (DR) 1:30 Rummikub Group (AR) 3:00 Dominoes (AL) 4:00 Rocking and Remiscing (AL)</p>



The Harbor Lifestyles Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
Activities Are Subject To Change Without Notice					1 10:15 Entertainment By Cindy St. Cyr (DR) 2:15 Ice cream Social 2:30 Memory Lane Music Therapy Day 4:30 Wind Down Music	2 10:15 Mark Bruni on Piano 1:30 National Banana Cream Pie Treat  2:30 Wheel of Fortune Game 6:00 Independent Word search
3 10:00 Sunday Worship w/Tallowood Church 2:00 Sunday Movie Classic 3:30 Virtual Vesper Service (Ch 2) 6:00 Gospel Serenade 	4 10:00 Musical Bingo 11:00 Resident Council Talk 1:45 Gospel Sing along. by Charlotte 3:30 Easy Scrabble 4:30 Wind Down Music	5 10:00 Fancy Nails by Amparro 10:30 Parachute Toss 2:00 Roll Six Dice Game 3:30 Senior Trivia 4:30 Wind Down Music	6 10:00 Devotion w/Chaplin John 11:00 Word Categories Game 2:00 National Oreo Cookie Social 3:00 Bingo Spectacular 3:15 Creative Art Coloring 4:30 Wind Down Music	7 10:00 Beauty Shop 10:15 Move to Music 2:00 National Flapjack Social 2:30 Flowers Bingo Game 4:40 Wind Down Music	8 10:00 Residents Scenic Ride 10:15 Entertainment by touch of Ivory 2:00 Ice cream Social 2:15 Academy Awards Name the Tune 3:15 Group dominoes	9 10:15 Mark Bruni on Piano(Dr) 2:00 Rummikub (DR) 3:00 Dominoes (DR) 4:00 Rocking & Reminiscing (AL)
10 Daylight Savings Begins 10:00 Sunday Worship w/Tallowood Church 2:00 Sunday Movie Classic 3:30 Virtual Vesper Service (Ch 2) 6:00 Sunday Serenade	11 9:00 Aroma Bread Baking 10:00 Musical Bingo 2:00 Paint by Number 3:30 Resident Council Talk 4:30 Wind Down Music	12  10:00 Wheel of Fortune 2:00 National Plant a Flower Day Creative Flowerpots w/Sally 3:00 Pokeno Card Game 4:30 Wind Down Music	13 10:00 Devotion w/ Chaplain John 10:30 Faithful Paws Pet Visit 2:00 Brief Travel Destination: New Jersey 3:30 Senior Trivia 4:30 Wind Down Music	14  10:00 Beauty Shop 10:15 Math Solving Game 2:00 Popcorn lover's Social 3:30 Bingo Fun 4:30 Wind Down Music	15 10:15 Pre St. Patrick's Day Celebration w/ Jim 2:15 Peanut Butter Ice Cream Social 2:30 Remembering Irish Songs 3:15 Watercolor Art 4:30 Wind down Music	16 10:15 Mark Bruni on Piano (DR) 2:15 Uno 3:00 Rummikub w/Friends (AR) 4:00 Hallmark Movie Hour
17 St. Patrick's Day 10:00 Sunday Worship w/Tallowood Church 2:00 Sunday Movie Classic 3:30 Virtual Vesper Service (Ch 2)  6:00 Gospel Serenade 	18 10:00 Wellness Drumming w/Cindy 2:00 March Category Trivia 3:15 Pokeno Card Game 4:30 Wind Down Music	19 Spring Begins 10:00 Aroma Cookie Baking w/Sara 2:00 National Let's Laugh Day Funny Jokes Laughter 2:30 Group Laundry Folding 3:30 Easy Scrabble Game 4:30 Wind Down Music	20 10:00 Devotion w/Chaplain John 11:00 Random Trivia 2:00 National Storytelling Social 3:00 Easy Scrabble 4:30 Wind Down Music	21 10:00 Beauty Shop 10:15 Aroma French Bread 2:30 You can Puzzle Too Word search 3:30 Group Laundry 4:30 Wind down Music	22 10:15 Entertainment by Rodney 2:15 Ice cream Social 3:00 March Manly Puzzle 4:30 Wind Down Music	23 Easter EGG HUNT 10:00 Parkway Place Family & Friends Easter Egg Hunt 1:30 Popcorn Social 3:00 Independent Rummikub 
24/31  10:00 Easter Sunday Worship w/Tallowood Church 2:00 Sunday Movie Classic 3:30 Virtual Vesper Service (Ch 2) 6:00 Sunday Serenade Happy Birthday Karen	25 10:00 Musical Bingo 2:00 Watercolor Art 2:00 Group Dominoes 3:15 Group Puzzle Piecing 4:30 Wind Down Music	26 10:00 Wheel of Fortune Game 2:00 Pondering Prompt Conversation Game 3:30 Pokeno Card Game 4:30 Wind Down Music	27 10:00 Devotion w/Chaplain John 10:30 Faithful Paws Pet Visit 2:00 Parkway Place Choir 3:30 Virtual Theatre Arts 4:30 Wind Down Music	28  Astros Opening Day! 10:00 Beauty Shop 10:15 Bowling 2:15 March Birthday Social w/Music 3:00 Bingo Fun 4:00 Wind Down Music	29  10:00 Good Friday Service 2:00 Easter Egg Dying 2:15 Movie & Popcorn 4:30 Wind Down Music	30 10:15 Mark Bruni on Piano(Dr) 2:00 Rummikub (DR) 3:00 Dominoes (DR) 4:00 Rocking & Reminiscing (AL)



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