



IMPORTANT NUMBERS

Amy Shields 281-677-5904
Executive Director

Sara Solo 281-677-5902
Healthcare Administrator

Shima Reddy 281-677-5931
Director of Administrative Services

Andrea Carr 281-677-5928
Director of Assisted Living

John Bender 281-677-5917
Director of Spiritual and Concierge
Services (Chaplain)

Adam Harelik 281-677-5980
Director of Culinary Services

Zach St. Romain 281-677-5916
Executive Chef

Michelle Williams 281-677-5955
Healthcare Marketing Coordinator

Elianny Ramas 281-677-5937
Healthcare Admission Coordinator

Dragoslav Lukic 281-677-5967
Director of Environmental Services

Laura Thevenin 281-677-5961
Director of Housekeeping

Ericka Garza 281-677-5930
Life Enrichment Coordinator - Heights

Jacqueline Pigott 281-677-5926
Life Enrichment Coordinator - Haven

Olivia Johnson 281-677-5937
Life Enrichment Coordinator - Harbor

Transportation 832-473-5894
832-473-5888



AL# 44655

Parkway Place Healthcare

JANUARY 2024

COMMUNITY NEWS

Inspiring Happiness.



RESIDENT SPOTLIGHT

Virginia Walker Smith was born in Farmington, Missouri in 1930. As an only child, she enjoyed growing up in this small town. Her mother instilled in her a love of reading and going to church. After high school, Virginia went to college, studying to become a teacher. She taught in a one-room schoolhouse near her hometown and in Kansas City before going to seminary to become a missionary. Ms Virginia and her husband loved their time serving the Arab people in the Middle East. They spent some time in Lebanon first, then moved to Jordan. One of their proudest accomplishments was starting the Amman Baptist School, where Virginia taught and trained teachers. Later, they worked in Saudi Arabia, Morocco, and Northern Iraq. After serving as a missionary overseas for 33 years, they came back to Houston to settle down. Virginia loves the outings organized by Parkway to see Christmas lights and to eat at local restaurants! She is also grateful for her bacon in the Dining Room every morning.

2024 Are New Year's resolutions powerful or pointless? It's hard to pinpoint exactly when our tradition of making New Year's Resolutions was first established. Anna Katharina Schaffner, a cultural historian and author of The Art of Self-Improvement, notes literary references to self-improvement go back centuries, to Chinese antiquity and the Roman Stoics, for example. The practice of pegging goals to a particular calendar date was already well-established by the 1860s, as seen in one of Mark Twain's letters.



Healthcare Administrator: Sara Solo

Sara has been drawn to serving the elderly since she was young. She was fortunate to grow up with all four of her grandparents and had a close relationships with them. Sara has been a licensed administrator since 1999 and is excited to work alongside the staff at Parkway Place to ensure the best care possible. She loves interacting with others and building relationships. Sara lives in Sugar Land with her wonderful husband of 26 years and has a son in college. She is looking forward to meeting everyone! Welcome, Sara!

INDEPENDENT LIVING | ASSISTED LIVING | MEMORY CARE | REHABILITATION | LONG-TERM CARE
1321 PARK BAYOU DRIVE, HOUSTON, TX 77077 281.556.9200 | BUCKNERPARKWAYPLACE.ORG

UPCOMING EVENTS



JANUARY 1 | NEW YEARS DAY

January 1st marks the start of a new year according to the Gregorian calendar. The day is a Federal holiday in the United States, with government offices, schools, and most businesses closed. Many will reflect on their past year's accomplishments and set new goals for the New Year.



JANUARY 15 | MARTIN LUTHER KING JR. DAY

The idea of Martin Luther King Day as a holiday was promoted soon after his assassination in 1968. After King's death, United States Democrat Representative John Conyers and United States Republican Senator Edward Brooke introduced a bill in Congress to make King's birthday a national holiday.



JANUARY 19 | NATIONAL POPCORN DAY

National Popcorn Day is a fun and delicious celebration of one of America's favorite snacks—popcorn! Whether enjoyed at the movies, as a crunchy snack, or flavored with a variety of seasonings, popcorn has been a beloved treat for generations.



JANUARY 25 | HEALTHCARE BIRTHDAY PARTY

Join us as we celebrate our monthly birthday Social in Healthcare. Music and refreshments will be served.



JANURAY 31 | NATIONAL HOT CHOCOLATE DAY

National Hot Chocolate Day was established to show appreciation for and encourage the celebration of this delicious drink that soothes and comforts the youngest and oldest of souls – and everyone in between!





Holiday Intergenerational activities.

Parkway Place has been connecting with a variety of Intergenerational activities with other communities. Yet, finding creative ways to boost engagement among different age groups can be challenging. Younger generations need opportunities to meet with older adults to help them develop social cues, problem-solving skills, confidence, self-worth, and accountability. At the same time, seniors need purpose, social interactions, and opportunities to bestow their vast knowledge and experiences—thus improving their quality of life. Intergenerational activities allow us to bridge the gap between generations through activities that enable diverse age groups to connect, discover common interests, and share individual talents and experiences. These activities help us grow into better people and, in turn, build stronger communities where we live and work. Of course, intergenerational activities do more than inspire collaboration between groups who represent opposite sides of the age pole (i.e., young children and seniors). This programming can also benefit teenagers, college students, and adults.



Healthcare Christmas Party.

What a wonderful way for the Parkway Place family to celebrate the season with an amazing year-end Christmas Party. Residents' families, friends, and staff gather to celebrate one of the most wonderful times of the year with good food and holiday music. Everyone had a fantastic time. A Christmas party can have a hugely positive effect during the season by alleviating loneliness and getting individuals involved with family and friends in their community. Spreading love and goodwill is what the Christmas season is about. Whether it's getting together for Christmas caroling, exchanging gifts, sipping your favorite beverage, or eating a gourmet holiday meal, spending time with friends and family can do wonderful things. Let's not forget that Christmas is celebrated to remember the birth of Jesus. It is about how he came to give us love, hope, and joy. In the early 20th century, it became a secular family holiday observed by Christians and non-Christians alike.



Residents Enjoying making a Gingerbread house!



D C I T N T U Z N A D B R O N
 R J A G S Q O O Y U L A W E R
 J E B L Z R I Q U S O P I X O
 E D R T E T I Q G T C D H M C
 R M V A A N M F L R F O A J I
 S Y L N E C D V S A G R N A R
 Z E R F A B Y A H L T F D N P
 G A I J I C R W R I N L B U A
 C J L X F K Y E N A U S U A C
 M H E O W M G L T D W E J R E
 N H W E T A K A M A N U V Y J
 A Q U A R I U S I Y W L Z V H
 Q G O N N T F R E T N I W K S
 N G E G Y A D S R A E Y W E N
 T T B F F J H U X L B T I C J



A Christmas Carol!

RESIDENT BIRTHDAY CORNER!

- 1/3 Elizabeth Legend
- 1/6 Colleen Goeser
- 1/7 Linda Elkins
- 1/8 Marjorie Bumpass



- 1/11 Robert Petru
- 1/12 Mary O' Allen
- 1/17 Wilma S. Cesak
- 1/23 William J. Lamar

AQUARIUS
AUSTRALIA DAY
CALENDAR
CAPRICORN
CARNATION
COLD
FIRST



GARNET
GOAT
JANUARY
MARTIN L. KING
NEW YEAR'S DAY
WATER BEARER
WINTER



ASSOCIATE OF THE MONTH

Parkway Place is honoring Victoria Johnson, Waitstaff, as associate of the month! You have made a big difference in our community. You're a team player, and we thank you for your efforts! All the little things you do every day make a huge difference. Thank you for your dedication and willingness to go the extra mile. We appreciate the commitment and follow-through you've shown during your tenure. You should be proud of the role you play in our success. My warmest thanks to you and all you do. It is an absolute privilege to have you on our team! Congratulations, Victoria, December's associate of the month!



Christmas lights shine all day, but they shine most brightly at night!

