



UPCOMING EVENTS



SEPTEMBER 1 | NATIONAL FOOD BANK DAY

National Food Bank Day on the first Friday in September encourages you to commit to contributing to the cause that believes no one should go to bed hungry.



SEPTEMBER 4 | LABOR DAY

Labor Day is a federal holiday observed annually on the first Monday of September. Originally it was a day organized to celebrate various labor associations' strengths and their contributions to the United States economy and presently it is a day that gives workers a day of rest and celebrates their contribution to the American economy



SEPTEMBER 10 | NATIONAL GRANDPARENTS DAY

Grandparents' Day or National Grandparents' Day is a secular holiday celebrated in various countries; it is celebrated to show the bond between grandparents and grandchildren.



SEPTEMBER 11 | PATRIOT DAY

In the United States, Patriot Day occurs on September 11 of each year in memory of the people killed in the September 11 attacks of the year 2001. The flag of the United States is flown at half-staff at the White House and on all U.S. government buildings and establishments throughout the world; Americans are also encouraged to display flags in and outside their homes.



SEPTEMBER 16 | OKTOBERFEST BEGINS

Oktoberfest is the world's largest Volksfest, featuring a beer festival and a travelling carnival. It is held annually in Munich, Bavaria, running from mid- or late-September to around the first Sunday in October, with more than six million international and national visitors attending the event



SEPTEMBER 30 | THE WALK TO END ALZHEIMER'S

Join Parkway Place in The Walk to End Alzheimer's! This year's walk is located at La Centera in Katy. We will be taking a bus to the location and participating in the walk!

IMPORTANT NUMBERS

John Bender 281-677-5917
Interim Executive Director
Director of Spiritual and Concierge Services (Chaplain)

Tammy Johnson 281-677-5902
Healthcare Administrator

Shima Reddy 281-677-5931
Director of Administrative Services

Andrea Carr 281-677-5928
Director of Assisted Living

Jasmine Kinsey 281-677-6084
Director of Social Services

Adam Harelik 281-677-5980
Director of Culinary Services

Zach St. Romain 281-677-5916
Executive Chef

Michelle Barroso 281-677-5912
Director of Sales and Marketing

Michelle Williams 281-677-5955
Healthcare Marketing Coordinator

Dragoslav Lukic 281-677-5967
Director of Environmental Services

Laura Thevenin 281-677-5961
Director of Housekeeping

Jacqueline Pigott 281-677-5926
Life Enrichment Coordinator - Haven

Olivia Johnson 281-677-5937
Life Enrichment Coordinator - Harbor

Transportation 832-473-5894
832-473-5888

AL# 44655

Parkway Place Healthcare

SEPTEMBER 2023

COMMUNITY NEWS

Inspiring Happiness.



RESIDENT

SPOTLIGHT

Mrs. Lillian Larm is going into her 3rd month as a resident at Parkway Place. She is married with three children. While facing many health challenges, Lillian left her home to move to Texas to receive the necessary care that was not available where she lived. Her family and doctor searched for numerous facilities for her to live in, and out of twelve other

choices, Parkway Place was their number pick on the list. While receiving rehab services, she has made many milestones. Lillian enjoys the services at Parkway Place, she likes how the staff makes her feel at home while away from home. "The care is very good", says Lillian. Lillian feels that Parkway is a great place someone to choose and belong to when looking for continuous care after leaving another medical facility, and she is very impressed with how nice, clean, and organized her environment is. As a retired Nurse Practitioner, Lillian is no stranger to the nursing industry and knows what to expect when receiving good care. Her motto as a nursing profession is to treat others the way they would like to be treated, no matter who they are.



Healthy Aging Month is observed during the month of September. This observance raises awareness on the physical and mental health of older adults and serves as a reminder that as we age, our minds and bodies change. It is important to maintain a healthy lifestyle to help deal with those changes and to help prevent some common age-related health problems. You can take a proactive approach to aging by adopting healthy habits and behaviors, managing existing health conditions, and staying connected to your community. Consider practicing these tips to help you stay active and independent as you age: Eat and drink healthy, move more, sit less, and get regular checkups.



Parkway Place is filled with many grandparents, great grandparents, and grandparents to be. Here at Parkway Place, we encourage family to visit their grandparents and honor them in the loving way of their choice. Let's honor the grandparents who have paved the pathway from one generation to another. Many honor their grandparents through a range of activities such as gift or card-giving or for children to invite their grandparents to school for a day where they participate in special lessons or programs.

INDEPENDENT LIVING | ASSISTED LIVING | MEMORY CARE | REHABILITATION | LONG-TERM CARE
1321 PARK BAYOU DRIVE, HOUSTON, TX 77077 281.556.9200 | BUCKNERPARKWAYPLACE.ORG



National Assisted Living Week!

Parkway Place Assisted Living will be celebrating National Assisted Week September 10-16. The annual observance encourages assisted living communities around the country to offer a variety of events and activities to celebrate the individuals they serve, as well as to help educate members of the public about this distinctive aspect of long-term care. This year's theme for National Assisted Living Week is "Season of Reflection". This special week was founded in 1967 by the American Health Care Association,

this annual celebration includes a week dedicated to the huge role that skilled nursing care centers and their staff play in improving the lives of their patients. Established by the National Center for Assisted Living (NCAL) in 1995, National Assisted Living Week provides a unique opportunity for residents, their loved ones, staff, volunteers, and the surrounding communities to recognize the role of assisted living in caring for America's seniors and individuals with disabilities.



JOIN TEAM Parkway Place

WALK TO END ALZHEIMER'S® - Katy, TX 9.30.2023

3 EASY STEPS...



REGISTER

go to
act.alz.org/katy
and search for team
Parkway Place



FUNDRAISE

make a self
donation and start a
Facebook
Fundraiser.



WALK

walk with us on
Saturday, Sept 30
at LaCenterra.

Download the Walk to End Alzheimer's app for interactive Walk tools like donation deposit, step trackers, photo sharing & more! There is no fee to register, but by raising \$100, you will earn the official walk t-shirt. There are other prizes to earn at higher fundraising levels.

Any questions contact:
Fredy Batres
Regional Manager
713.314.1330 | fbatres@alz.org

**WALK TO END
ALZHEIMER'S**
ALZHEIMER'S ASSOCIATION®



Find the words in the grid. When you are done, the unused letters will fill out a hidden message. Pick them out from left to right, top line to bottom line. Words can go horizontally, vertically, and diagonally in all 8 directions.

- APPLES

AUTUMN

CHILLY

CIDER

COAT

DOGDAYS

EQUINOX
- FALL

FOOTBALL

GLOVES

HARVEST

HOLIDAY

LEAVES

LIBRA
- PICTURESQUE

QUILT

SCARF

SCHOOL

SEPTEMBER

SQUASH

WINDY

Hidden Message:

-----!



Hello! My name is Ericka Garza and I am the new Life Enrichment Coordinator for Assisted Living. I am thrilled to have the opportunity to share a little bit about myself. I’ve been a Life Enrichment Director for 6 years. Throughout my career, I have had the privilege of working closely with seniors; witnessing their strength, resilience, and the incredible wisdom they carry with them. It is this experience that has fueled my passion for serving and supporting the senior community. In my free time, I enjoy spending time with my family outdoors, playing football and baseball with my two sons. I’m a huge Astros fan! I am excited to get to know each and every one of you, learn about your life experiences, and create meaningful connections that will enrich our lives. I am truly grateful for the opportunity to be a part of this remarkable senior community. Together, let us create a supportive and thriving community where we can celebrate life, share laughter, and create lasting memories. Thank you for your warm welcome, and I am excited to embark on this journey with all of you.

RESIDENT BIRTHDAY CORNER!

- 9/1 Herbert Keller
- 9/2 Susan Laufman
- 9/3 Curtis Horne
- 9/4 Elizabeth Johnson
- 9/9 Mary Alice Tueth



- 9/9 John Fox
- 9/22 Laverne Porter
- 9/26 Harry Greenman
- 9/29 Thomas McGarity
- 9/30 Alyce Dicken

ASSOCIATE OF THE MONTH

Parkway Place is honoring Olivia Johnson as associate of the month! Olivia has been with the company for 15-years. She's very compassionate and cares deeply for our memory care community. Olivia treats every situation with the residents in a unique way. She makes sure everyone is loved and treated well. She has adopted our memory care unit as her own, and that we are thankful for her. Congratulations, Olivia, Parkway Places' August Associate of the Month.



Parkway Place residents enjoying the Healthcare Luau!