












Independent Living Lifestyles Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
<p><u>MAP LEGEND</u> AC—Arts and Crafts Room AU—Auditorium CC—Cabana Café CH2 — Channel 2 CR—Cabana Room GR— Game Room L— Library ML—Main Lobby</p>		<p>Activities Are Subject To Change Without Notice</p>	<p>1 Waffle Wednesday!</p> <p>10:00A Tech Time With Nikita (GR) 11:15A Therapy Dogs (ML) 12:00P Movie Matinee — Forest Gump (AU/CH2) 6:00P Bridge (GR)</p>	<p>2 </p> <p>10:00A Writer's Workshop (AC) 11:15A Prayer Group (GR) 2:00P Rummikub (GR) 4:00P Social Hour - Texas Independence Day! (CC) 6:15P Bingo! (AC)</p>	<p>3</p> <p>10:00A Ladies Bible Study (AC) 1:00P Catholic Communion (GR) 1:30P Movie Matinee— Matilda (AU/CH2) 4:00P Evening Stroll(ML)</p>	<p>4 MOD: Jasmine Kinsey 9:30A Coffee with Neighbors (CR) 1:30P Knitting and Crocheting (AC) 3:00P Puzzles With Friends 6:15P Bingo! (AC)</p>
<p>5 MOD: Jasmine Kinsey 11:00A-2:00P Sunday Brunch(DR) 11:30A Music w/ Rodney Raspberry (ML) 3:30P Vespers (AU/Ch2) 4:30P Coffee and Chatter(CR)</p>	<p>6</p> <p>9:00A Dr. Ho By Appt. 10:00A Grocery Trip (ML) 11:00A Ted Talk - Inside the Mind of a Master Procrastinator (AU/CH2) 1:30P Bible School (GR) 3:00P Bingo Store (AC) 6:00P Mexican Train! (GR)</p>	<p>7 Natl. Flapjack Day! </p> <p>10:00A ART GROUP (AC) 1:00P Craft Time With Nikita (AC) 2:00P Puzzles With Friends 4:00P Spanish with Rocio (GR) 6:15P BINGO! (AC)</p>	<p>8 Waffle Wednesday!</p> <p>10:00A Tech Time With Nikita (GR) 11:15A Therapy Dogs (ML) 2:00P PWP Singers (AU) 6:00P Bridge (GR)</p>	<p>9</p> <p>10:00A Writer's Workshop (AC) 11:15A Prayer Group (GR) 2:00P Rummikub (GR) 4:00P Social Hour (CC) 6:15P Bingo! (AC)</p>	<p>10</p> <p>10:00A Ladies Bible Study (AC) 1:30P Movie Matinee— Glass Onion (A Knives Out Mystery) (AU/CH2) 2:30 CVS/Walgreens (\$) 4:00P Evening Stroll (ML)</p>	<p>11 MOD: Nicole Menschel 9:30A Coffee with Neighbors (CR) 1:30P Knitting and Crocheting (AC) 3:00P Puzzles With Friends 6:15P Bingo! (AC)</p>
<p>12 Daylight Savings Time Begins  MOD: Nicole Menschel 11:00A-2:00P Sunday Brunch(DR) 11:00A Music w/ Mark Bruni (ML) 3:30P Vespers (AU/Ch2) 4:30P Coffee and Chatter</p>	<p>13</p> <p>10:00A Grocery Trip (ML) 11:00A Ted Talk -How to gain control of your free time (AU/CH2) 1:30P Bible School (GR) 3:00P Bunco (AC) 6:00P Mexican Train! (GR)</p>	<p>14 Pi Day! </p> <p>10:00A ART GROUP (AC) 2:00P Puzzles With Friends 2:30P Menu Chat w/ Chef (AU) 4:00P Spanish with Rocio (GR) 6:15P BINGO! (AC)</p>	<p>15 Waffle Wednesday!</p> <p>10:00A Tech Time With Nikita (GR) 11:15A Therapy Dogs (ML) 12:00P Movie Matinee — Forest Gump (AU/CH2) 6:00P Bridge (GR)</p>	<p>16 </p> <p>10:00A Writer's Workshop (AC) 11:15A Prayer Group (GR) 2:00P Rummikub (GR) 4:00P Social Hour - St. Patrick's Day (CC) 6:15P Bingo! (AC)</p>	<p>17  Community Wide Chili Cookoff! 10:00A Ladies Bible Study (AC) 11:00A Book Club (L) 1:30P Movie Matinee— La La Land (AU/CH2) 4:00P Evening Stroll (ML)</p>	<p>18 MOD: Pelagie Akpo 9:30A Coffee with Neighbors (CR) 1:30P Knitting and Crocheting (AC) 3:00P Puzzles With Friends 6:15P Bingo! (AC)</p>
<p>19 MOD: Pelagie Akpo 11:00A-2:00P Sunday Brunch(DR) 11:30A Music w/ Rodney Raspberry (ML) 3:30P Vespers (AU/Ch2) 4:30P Coffee and Chatter(CR)</p>	<p>20 </p> <p>10:00A Grocery Trip (ML) 11:00A Ted Talk - Get comfortable with being uncomfortable (AU/CH2) 1:30P Bible School (GR) 3:00P Birthday Social Feat. 2 Man Band (AU) 6:00P Mexican Train! (GR)</p>	<p>21</p> <p>10:00A ART GROUP (AC) 1:00P Craft Time With Nikita (AC) 2:00P Puzzles With Friends 4:00P Spanish with Rocio (GR) 6:15P BINGO! (AC)</p>	<p>22 Waffle Wednesday!</p> <p>10:00A Tech Time With Nikita (GR) 11:15A Therapy Dogs (ML) 2:00P PWP Singers (AU) 6:00P Bridge (GR)</p>	<p>23</p> <p>10:00A Writer's Workshop (AC) 11:00A Episcopal Service (AU) 11:15A Prayer Group (GR) 2:00P Rummikub (GR) 4:00P Social Hour (CC) 6:15P Bingo! (AC)</p>	<p>24</p> <p>10:00A Ladies Bible Study (AC) 1:30P Movie Matinee— The Great Gatsby (AU/CH2) 2:30 CVS/Walgreens (\$) 4:00P Evening Stroll (ML)</p>	<p>25 MOD: Dragoslav Lukic 9:30A Coffee with Neighbors (CR) 1:30P Knitting and Crocheting (AC) 3:00P Puzzles With Friends 6:15P Bingo! (AC)</p>
<p>26 MOD: Dragoslav Lukic 11:00A-2:00P Sunday Brunch(DR) 11:00A Music w/ Mark Bruni (ML) 3:30P Vespers (AU/Ch2) 4:30P Coffee and Chatter</p>	<p>27 </p> <p>10:00A Grocery Trip (ML) 11:00A Ted Talk - How to Discover Your Authentic Self -- at Any Age(AU/CH2) 1:30P Bible School (GR) 2:00P Fire Safety Talk With Drago (AU/CH2) 6:00P Mexican Train! (GR)</p>	<p>28 World Piano Day! </p> <p>11:00A ART GROUP (AC) 2:00P Prize Bingo With HHR(AC) 3:30P TOWN HALL! (AU/Ch2) 6:15P BINGO! (AC)</p>	<p>29 Waffle Wednesday!</p> <p>10:00A Tech Time With Nikita (GR) 11:15A Therapy Dogs (ML) 12:00P Movie Matinee — Forest Gump (AU/CH2) 6:00P Bridge (GR)</p>	<p>30</p> <p>10:00A Writer's Workshop (AC) 11:15A Prayer Group (GR) 2:00P Rummikub (GR) 4:00P Social Hour (CC) 6:15P Bingo! (AC)</p>	<p>31</p> <p>10:00A Ladies Bible Study (AC) 11:15A Let's Do Lunch:(\$) Hacienda 1:30P Movie Matinee— My Big Fat Greek Wedding (AU/CH2) 4:00P Evening Stroll (ML)</p>	










Independent Living Wellness Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
ALL WELLNESS CLASSES ARE HELD IN THE WELLNESS CENTER UNLESS SPECIFIED		Activities Are Subject To Change Without Notice	1 9:30A Advanced Strength 10:00A Intermediate Strength 10:30A Beginner Strength 12:00P Personalized Program Development by Appointment 1:00P On The Ball! 3:00P Chair Volleyball (AU) 4:30P Evening Stroll	2 9:30A Advanced Balance 10:00A Intermediate Balance 10:30A Beginner Balance 1:00P On The Ball! 2:15P Aquatic Agilities 3:00P Door Dash Fitness! 4:30P Evening Stroll	3 10:00A Short Circuit! 11:00A Personalized Program Development by Appointment 1:00P Core. Floor. & More! 3:00P Door Dash Fitness! 4:30P Evening Stroll	4 Virtual Workouts! Please log into your ENGAGE Hub on Channel 64 on your television and choose from a variety of workouts in the convenience of your apartment
5 Virtual Workouts! Please log into your ENGAGE Hub on Channel 64 on your television and choose from a variety of workouts in the convenience of your apartment	6 9:30A Advanced Strength 10:00A Intermediate Strength 10:30A Beginner Strength 1:00P On The Ball! 3:00P Door Dash Fitness! 4:30P Evening Stroll	7 9:30A Advanced Balance 10:00A Intermediate Balance 10:30A Beginner Balance 12:00P Personalized Program Development by Appointment 2:15P Aquatic Agilities 3:00P Door Dash Fitness! 4:30 Evening Stroll	8 9:30A Advanced Strength 10:00A Intermediate Strength 10:30A Beginner Strength 12:00P Personalized Program Development by Appointment 1:00P On The Ball! 3:00P Chair Volleyball (AU) 4:30P Evening Stroll	9 9:30A Advanced Balance 10:00A Intermediate Balance 10:30A Beginner Balance 12:00P Personalized Program Development by Appointment 1:00P On The Ball! 2:15P Aquatic Agilities 3:00P Door Dash Fitness! 4:30P Evening Stroll	10 10:00A Short Circuit! WC 11:00A Personalized Program Development by Appointment 1:00P Core. Floor. & More! WC 3:00P Door Dash Fitness! 4:30P Evening Stroll	11 Virtual Workouts! Please log into your ENGAGE Hub on Channel 64 on your television and choose from a variety of workouts in the convenience of your apartment
12 Virtual Workouts! Please log into your ENGAGE Hub on Channel 64 on your television and choose from a variety of workouts in the convenience of your apartment	13 9:30A Advanced Strength 10:00A Intermediate Strength 10:30A Beginner Strength 12:00P Personalized Program Development by Appointment 1:00P On The Ball! 3:00P Door Dash Fitness! 4:30P Evening Stroll	14 9:30A Advanced Balance 10:00A Intermediate Balance 10:30A Beginner Balance 12:00P Zumba! 2:15P Aquatic Agilities 3:00P Door Dash Fitness! 4:30 Evening Stroll	15 9:30A Advanced Strength 10:00A Intermediate Strength 10:30A Beginner Strength 12:00P Personalized Program Development by Appointment 1:00P On The Ball! 3:00P Chair Volleyball (AU) 4:30P Evening Stroll	16 9:30A Advanced Balance 10:00A Intermediate Balance 10:30A Beginner Balance 12:00P Personalized Program Development by Appointment 1:00P On The Ball! 2:15P Aquatic Agilities 3:00P Door Dash Fitness! 4:30P Evening Stroll	17 10:00A Short Circuit! WC 11:00A Personalized Program Development by Appointment 1:00P Core. Floor. & More! WC 3:00P Door Dash Fitness! 4:30P Evening Stroll	18 Virtual Workouts! Please log into your ENGAGE Hub on Channel 64 on your television and choose from a variety of workouts in the convenience of your apartment
19 Virtual Workouts! Please log into your ENGAGE Hub on Channel 64 on your television and choose from a variety of workouts in the convenience of your apartment	20 9:30A Advanced Strength 10:00A Intermediate Strength 10:30A Beginner Strength 12:00P Personalized Program Development by Appointment 1:00P On The Ball! 3:00P Door Dash Fitness! 4:30P Evening Stroll	21 9:30A Advanced Balance 10:00A Intermediate Balance 10:30A Beginner Balance 12:00P Zumba! 2:15P Aquatic Agilities 3:00P Door Dash Fitness! 4:30 Evening Stroll	22 9:30A Advanced Strength 10:00A Intermediate Strength 10:30A Beginner Strength 12:00P Personalized Program Development by Appointment 1:00P On The Ball! 3:00P Chair Volleyball (AU) 4:30P Evening Stroll	23 9:30A Advanced Balance 10:00A Intermediate Balance 10:30A Beginner Balance 12:00P Personalized Program Development by Appointment 1:00P On The Ball! 2:15P Aquatic Agilities 3:00P Door Dash Fitness! 4:30P Evening Stroll	24 10:00A Short Circuit! WC 11:00A Personalized Program Development by Appointment 1:00P Core. Floor. & More! WC 3:00P Door Dash Fitness! 4:30P Evening Stroll	25 Virtual Workouts! Please log into your ENGAGE Hub on Channel 64 on your television and choose from a variety of workouts in the convenience of your apartment
26 Virtual Workouts! Please log into your ENGAGE Hub on Channel 64 on your television and choose from a variety of workouts in the convenience of your apartment	27 9:30A Advanced Strength 10:00A Intermediate Strength 10:30A Beginner Strength 12:00P Personalized Program Development by Appointment 1:00P On The Ball! 3:00P Door Dash Fitness! 4:30P Evening Stroll	28 9:30A Advanced Balance 10:00A Intermediate Balance 10:30A Beginner Balance 12:00P Zumba! 2:15P Aquatic Agilities 3:00P Door Dash Fitness! 4:30 Evening Stroll	29 9:30A Advanced Strength 10:00A Intermediate Strength 10:30A Beginner Strength 12:00P Personalized Program Development by Appointment 1:00P On The Ball! 3:00P Chair Volleyball (AU) 4:30P Evening Stroll	30 9:30A Advanced Balance 10:00A Intermediate Balance 10:30A Beginner Balance 12:00P Personalized Program Development by Appointment 1:00P On The Ball! 2:15P Aquatic Agilities 3:00P Door Dash Fitness! 4:30P Evening Stroll	31 10:00A Short Circuit! WC 11:00A Personalized Program Development by Appointment 1:00P Core. Floor. & More! WC 3:00P Door Dash Fitness! 4:30P Evening Stroll	














The Haven Lifestyles Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
			1 10:15 Remember When Reminiscing Hour (B) 11:30 Today's Chronicle (B) 1:30 Sing Along (L) 2:00 Crossword Solving (L) 3:00 Scrabble Group	2 10:15 Seated Exercises (B) 10:30 News and Views (B) 11:00 Pokeno Group (B) 1:30 Domino Group (L) 2:00 Residents Birthday Party (B)	3 10:15 Rodeo Show by Bill Parish (B) 11:15 Current Event Discussion (L) 1:30 Card Games (B) 2:15 Ice Cream Social (L) 3:15 Group Word Search (B)	4 10:15 Mark Bruni on Piano (AL) 1:30 Table Games (L) 3:00 Bingo w/Refreshments (B) 4:00 Music Memories By The Fireplace (AL)
5 9:00 Haven Church Service (B) 11:00 Catholic Visits with Prayer and Communion (H) 1:30 Table Games (B)	6 10:15 Wellness Exercises (B) 10:30 Bingo Group (B) 1:30 Domino Group (L) 2:00 Let's Chat Social (B) 3:00 Puzzle Solving (B)	7 9:30 Beauty Shop Day 10:15 Devotional with Chaplain John Bender (B) 11:00 Res. Council Mtg. (B) 1:30 Bridge Group (AL) 3:00 Meet and Greet (B)	8 9:30 Manicures/Pedicures (H) 10:00 Doughnuts and Coffee (L) 1:30 Sing Along (L) 2:00 Crossword Solving (L) 3:00 Rummikub (L)	9  Popcorn Lovers Day 10:15 Seated Exercises (B) 10:30 News and Views (B) 11:00 Pokeno Group (B) 1:30 Domino Group (L) 2:00 Popcorn Social (B)	10 10:15 Leslie Allen on Guitar (B) 11:15 Current Event Discussion (L) 1:30 Card Games (B) 2:15 Ice Cream Social (L) 3:15 Group Word Search (B)	11  10:15 Mark Bruni on Piano (AL) 1:30 Movie and Popcorn (L) 3:00 Pokeno Group (D)
12  Daylight Savings Time Begins 9:00 Haven Church Service (B) 11:00 Catholic Visits with Prayer and Communion (H) 1:30 Table Games (B)	13 10:15 Wellness Exercises (B) 10:30 Bingo Group (B) 1:30 Domino Group (L) 2:00 Let's Chat Social (B) 3:00 Puzzle Solving (B)	14 9:30 Beauty Shop Day 10:15 Devotional with Chaplain John Bender (B) 11:00 Bible Study (AL) 1:30 Craft -Clover Pendants (L) 2:00 Scavenger Hunt (H) 3:00 Meet and Greet (B)	15 10:15 Morning News Discussion (B) 11:00 Card Games (B) 1:30 Sing Along (L) 2:00 Crossword Solving (L) 3:00 Chit-n-Chat Social with Refreshments (L)	16 10:15 Seated Exercises (B) 10:30 News and Views (B) 11:00 Pokeno Group (B) 1:30 Domino Group (L) 2:00 Rummikub Game (B)	17  10:15 St. Patrick's Bingo (B) 11:15 Current Event Discussion (L) 1:30 Card Games (B) 2:00 Celebrating St. Patrick's Day (DR) 3:15 Group Word Search (B)	18 10:15 Mark Bruni on Piano (AL) 1:30 Table Games (L) 3:00 Bingo w/Refreshments (B) 4:00 Music Memories By The Fireplace (AL)
19 9:00 Haven Church Service (B) 11:00 Catholic Visits with Prayer and Communion (H) 1:30 Table Games (B)	20  First Day Of Spring 10:15 Wellness Exercises (B) 10:30 Bingo Group (B) 1:30 Domino Group (L) 2:00 Spring Chat Social (B) 3:00 Puzzle Solving (B)	21 9:30 Beauty Shop Day 10:15 Devotional with Chaplain John Bender (B) 1:30 Bridge Group (AL) 2:00 Rummikub Group (B) 3:00 Meet and Greet (B)	22  10:00 Donuts and Coffee (B) 11:00 Faithful Pet Paws Visits (H) 1:30 Sing Along (L) 2:00 Crossword Solving (L) 3:00 Card Games (B)	23 10:15 Seated Exercises (B) 10:30 News and Views (B) 11:00 Pokeno Group (B) 1:30 Domino Group (L) 2:00 Rummikub Game (B)	24 10:15 Bingo and Prizes (B) 11:15 Current Event Discussion (L) 1:30 Card Games (B) 2:15 Ice Cream Social (L) 3:15 Group Word Search (B)	25 10:15 Mark Bruni on Piano (AL) 1:30 Table Games (L) 3:00 Bingo w/Refreshments (B) 4:00 Music Memories By The Fireplace (AL)
26 9:00 Haven Church Service (B) 11:00 Catholic Visits with Prayer and Communion (H) 1:30 Table Games (B)	27 10:15 Wellness Exercises (B) 10:30 Bingo Group (B) 1:30 Domino Group (L) 2:00 Let's Chat Social (B) 3:00 Puzzle Solving (B)	28 9:30 Beauty Shop Day 10:15 Devotional with Chaplain John Bender (B) 1:30 Scrabble (L) 2:00 Rummikub Group (B) 3:00 Meet and Greet (B)	29 10:15 Pokeno Group (L) 11:15 Random Trivia (B) 1:30 Sing Along (L) 2:00 Crossword Solving (L) 3:00 Chit-n-Chat Social with Refreshments (L)	30 10:15 Seated Exercises (B) 10:30 News and Views (B) 11:00 Pokeno Group (B) 1:30 Domino Group (L) 2:00 Rummikub Game (B)	31 10:15 Entertainment By Rodney Rasberry (B) 11:15 Current Event Discussion (L) 1:30 Card Games (B) 2:15 Ice Cream Social (L) 3:15 Group Word Search (B)	<u>MAP LEGEND</u> L-Lounge B-Bistro DR-Dining Room H-Healthcare Activities Are Subject To Change Without Notice

The Heights Lifestyles Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
			1 10:15 Morning Exercise (AR) 11:00 Morning Meditation (AR) 1:30 St. Patrick's Trivia (AR) 2:00 Snack and Chat (AR) 3:00 B-I-N-G-O (DR)	2 10:15 Devotional Service With John Bender (DR) 11:00 Spanish Class (AR) 2:00 Birthday Celebration (FP) 3:00 Bowling Group Game	3 10:15 Entertainment Bill Parish 11:00 Current Events (AR) 2:15 Ice Cream Social (L) 3:00 B-I-N-G-O (AR) 4:00 Indoor Bowling (FR)	4  10:15 Mark Bruni on Piano (DR) 1:30 Movie and Popcorn Social (AR) 3:00 Pokeno Card Game (AR) 4:00 Fireplace Music and Chat (FP)
5 10:00 Heights Worship Service (DR) 11:00 Visits with Prayer and Communion (H) 1:30 Table Games (B) 3:30 Sunday Trinity Broadcast (Ch.57)	6 10:15 Zumba Workout (AR) 11:00 Current Events (FP) 1:30 Bridge Group (2nd Floor) 2:00 Jewelry Making Class (AR) 3:00 B-I-N-G-O (DR) 4:00 Group Sing Along	7 10:15 Arts and Crafts (AR) 11:00 Morning Meditation (AR) 1:30 Bridge Group #2 (AR) 3:00 Pokeno Game (AR) 4:00 Group Words Unscrambled	8 10:15 Tea Party Social (AR) 11:00 Pet Therapy (AR) 2:00 Indoor Bowling (DR) 3:00 B-I-N-G-O (AR) 4:00 Music by the Fireplace	9 Popcorn Lovers Day  10:00 Devotional Service with John Bender (AR) 11:00 Spanish Class (AR) 2:00 Popcorn Social (AR) 3:00 Resident Council Meeting 4:00 Inspirational Reading	10 10:15 Entertainment Leslie Allen (AR) 11:00 Morning Mediation (AR) 2:15 Ice Cream Social (L) 3:00 B-I-N-G-O (AR) 4:00 Porch Sitting w/ Friends (AR)	11 10:15 Mark Bruni on Piano (DR) 1:30 Dominos With Friends (AR) 3:00 Bingo with Refreshments (AR) 4:00 Music by the Fireplace (AR)
12 Daylight Savings Time Begins  10:00 Heights Worship Service (DR) 11:00 Visits with Prayer and Communion (H) 1:30 Table Games (B) 3:30 Sunday Trinity Broadcast (Ch.57)	13 10:15 Exercise Class w/Charlotte 11:00 Morning Mediation (AR) 1:30 Planting Flowers Social 2:30 Jewelry Class (AR) 3:00 B-I-N-G-O (DR) 4:00 Individual Crossword	14 10:15 Arts and Crafts (AR) 11:00 Group Bible Study (AR) 2:00 Scavenger Hunt (AL) 3:00 Fireplace Chat (FP) 4:00 Music by the Fireplace (FP)	15 10:15 Morning News Discussion (B) 11:00 Card Games (B) 1:30 Sing Along (L) 2:00 Crossword Solving (L) 3:00 Chit-n-Chat Social with Refreshments (L)	16 10:15 Seated Exercises (B) 10:30 News and Views (B) 11:00 Pokeno Group (B) 1:30 Domino Group (L) 2:00 Rummikub Game (B)	17  10:15 St. Patrick's Bingo (B) 11:15 Current Event Discussion (L) 1:30 Card Games (B) 2:00 Celebrating St. Patrick's Day (DR) 3:15 Group Word Search (B)	18 10:15 Mark Bruni on Piano (AL) 1:30 Table Games (L) 3:00 Bingo w/Refreshments (B) 4:00 Music Memories By The Fireplace (AL)
19 10:00 Heights Worship Service (DR) 11:00 Visits with Prayer and Communion (H) 1:30 Table Games (B) 3:30 Sunday Trinity Broadcast (Ch.57)	20  First Day Of Spring 10:15 Zumba Workout (AR) 11:00 Inspirational Readings 1:30 Bridge Group (AR) 2:00 Spring Chat Social 3:00 B-I-N-G-O (DR) 4:00 Group Card Game (AR)	21 10:15 Arts and Crafts AR 11:00 Morning Meditation (AR) 1:30 Bridge Group #2 (AR) 3:00 Crochet Class (AR) 4:00 Porch Sitting and Chat	22  10:15 Donut and Coffee Social (AR) 11:00 Pet Therapy (AR) 2:00 Wheel of Fortune Game (AR) 3:00 B-I-N-G-O (DR) 4:00 Meet and Greet (FP)	23 10:15 Devotional Service with John Bender (DR) 11:00 Spanish Class (AR) 2:00 Easy Scrabble Game (AR) 3:00 Grandparents Trivia (AR) 4:00 The Poet's Corner	24 10:15 Table Games and Cards Games 11:00 Morning Meditation 2:15 Ice Cream Social (L) 3:00 B-I-N-G-O (AR) 4:00 Porch Sitting w/Friends	25 10:15 Mark Bruni on Piano (AL) 1:30 Table Games (L) 3:00 Bingo w/Refreshments (B) 4:00 Music Memories By The Fireplace (AL)
26 10:00 Heights Worship Service (DR) 11:00 Visits with Prayer and Communion (H) 1:30 Table Games (B) 3:30 Sunday Trinity Broadcast (Ch.57)	27 10:15 Exercise (AR) 11:00 Group Bible Study (AR) 1:30 Bridge Group (2nd Floor) 2:00 Jewelry Making Class (AR) 3:00 B-I-N-G-O (DR) 4:00 News and Views (FP)	28 910:15 Arts and Crafts (AR) 11:00 Morning Meditation (AR) 1:30 Evening Movie/Popcorn (AR) 3:00 Crochet Class (AR) 4:00 Porch Sitting and Chat	29 10:15 Coffee and News Social (AR) 11:00 Inspirational Spoken Words (AR) 2:00 Easy Scrabble Games (AR) 3:00 B-I-N-G-O (DR) 4:00 Music by the Fireplace (FP)	30 10:15 Devotional Service with John Bender (DR) 11:00 Spanish Class (AR) 2:00 Easy Scrabble Game 3:00 Residents Choice Social 4:00 Group Sing Along (FP)	31 10:15 Entertainment Rodney Raspberry 11:00 Current Events 2:15 Ice Cream Social (L) 3:00 B-I-N-G-O (AR) 4:00 Porch Sitting w/Friends	<u>MAP LEGEND</u> L-Lounge B-Bistro DR-Dining Room H-Healthcare Activities Are Subject To Change Without Notice

The Harbor Lifestyles Calendar

SUN	MON	TUE	WED	THU	FRI	SAT
	Shoe For Orphan Souls March 6-24 Happy Birthday Eula Gage 3/1 Jerry McHenry 3/8		1 10:00 Devotion w/Chaplain John 10:30 Pet Therapy Visit 11:00 Word Categories 2:00 Gin Rummy 3:00 Adult color by number 4:30 Dinner w/Music	2  10:00 Move to Music 11:00 Texas Independence Fact 2:00 Bingo w/Volunteer 3:15 Outdoor Walk w/Friends 4:30 Dinner w/Music	3  10:15 Entertainment by Bill Parish 11:30 Lunch w/Music 2:15 Ice cream Social 2:30 Group Laundry Folding 3:30 Jig-saw Puzzle Piecing 4:30 Dinner w/Music	4 10:15 Piano Melodies by Mark 1:30 Dominoes w/Friends 3:00 Bingo w/Refreshments 4:00 Fireplace Music Memories
5 10:00 Sunday Worship w/Tallowood Church 2:00 Sunday Movie Classic 3:00 Gospel Serenade 3:30 Virtual Vesper Service 6:00 Gospel Serenade	6 10:00 Balloon Volleyball 11:00 Spelling Quiz 2:00 Group Dominoes 3:00 Outdoor Stroll/Roll 4:30 Dinner w/Music	7 10:00 Spa Day by Amparo 11:00 Story of Adam & Eve 1:30 Laundry Folding 2:00 Easy Scrabble 3:30 Laundry Folding 4:30 Dinner w/Music	8 10:00 Devotion w/Chaplain John 11:00 The Price Is Right 2:00 Group Dominoes 2:00 Warship Card Game 3:00 Dot to Dot Art 4:30 Dinner w/Music	9  10:00 Sitting Exercise 11:00 Finish the Proverbs 2:00 Bingo w/Volunteer 3:15 Nature Walk 4:30 Dinner w/Music	10  9:45 Downtown Houston Scenic Ride 11:30 Lunch w/ Music 2:15 Ice cream Social 2:30 Adult coloring 3:30 Color Match Dominoes 4:30 Dinner w/music	11 10:15 Piano Melodies by Mark 11:30 Lunch w/Music 2:00 Ice cream Floats 3:00 Bingo Fun 4:30 Dinner w/Music
12 Daylight Savings Time Begins  10:00 Sunday Worship w/Tallowood Church 2:00 Sunday Movie Classic 3:00 Gospel Serenade 3:30 Virtual Vesper Service 6:00 Gospel Serenade	13 10:00 Arm Strength Ring Toss 11:00 Residents Council Talk 2:00 Pokeno Card Game 3:00 Famous Duos Card Match 4:30 Dinner w/Music	14  10:00 Wheel of Fortune Game 11:00 Story of Noah & The Ark 1:30 Jig saw Puzzle Piecing 2:00 Easy Scrabble 3:30 Andy Griffith Show 4:30 Dinner w/Music	15 10:00 Devotion w/Chaplain John 10:30 Pet Therapy Visit 11:00 Shamrock Craft 2:00 Old Maid Card Game 3:00 Water Color Art 4:30 Dinner w/Music	16 10:00 Chair Yoga 11:00 Finish the Proverbs 3:00 Bingo w/Volunteer 3:15 Virtual Wild Safari 4:40 Dinner w/Music	17  10:00 Musical Bingo 11:00 Tale of St Patrick's Day 2:00 St. Patrick's Day Social 3:15 Group Dominoes 4:30 Dinner w/Music	18 10:15 Piano Melodies by Mark 1:30 Dominoes w/Friends 3:00 Bingo w/Refreshments 4:00 Fireplace Music Memories
19 10:00 Sunday Worship w/Tallowood Church 2:00 Sunday Movie Classic 3:00 Gospel Serenade 3:30 Virtual Vesper Service 6:00 Gospel Serenade	20  First Day Of Spring 10:00 Toss 'n' Talk Ball Game 11:00 Senior Trivia 1:45 Sing along w/ Charlotte 3:00 Group Dominoes 4:30 Dinner w/Music	21 10:00 Wheel of Fortune Game 11:00 Story of Abraham & Sarah 1:30 Dot to Dot Art 2:30 Easy Scrabble 3:30 Laugh w/Lucille Ball 4:30 Dinner w/Music	22  10:00 Devotion w/Chaplain John 11:00 Groceries Price List 2:00 Go Fish Card Game 2:00 Parkway Place Choir 3:00 Dot to Dot Art 4:30 Dinner w/Music	23 10:00 Sit & be Fit 11:00 Finish the Proverbs 2:00 Bingo w/Volunteer 3:15 Spring Time Reminisce 4:30 Dinner w/Music	24 10:00 Word in a Word Thinking Game 11:30 Lunch w/ Music 2:15 Ice cream Social 2:30 Adult coloring 3:30 Color Match Dominoes 4:30 Dinner w/music	25 10:15 Piano Melodies by Mark 1:30 Arts & Craft 3:00 Table Games & More 4:30 Dinner w/Music
26 10:00 Sunday Worship w/Tallowood Church 2:00 Sunday Movie Classic 3:00 Gospel Serenade 3:30 Virtual Vesper Service 6:00 Gospel Serenade	27  10:00 Hand Toss Bowling 11:00 Senior Trivia 2:00 Group Dominoes 3:00 Pokeno Card Game 4:30 Dinner w/Music	28 10:00 Wheel of Fortune Game 11:00 Story of Joseph 1:30 Picture Differences 2:00 Piano Sing-along w/Sarah 3:30 Laugh w/Lucille Ball 4:30 Dinner w/Music	29 10:00 Devotion w/Chaplain John 10:30 Pet Therapy Visit 11:00 Senior trivia 2:00 Memory Card Game 3:00 Water Color Art 4:30 Dinner w/Music	30  10:00 Chair Dancing 11:00 Finish the Proverbs 2:00 Bingo w/Volunteer 3:15 Virtual Dog Show 4:30 Dinner w/Music	31 10:15 Entertainment Rodney Rasberry 11:30 Lunch w/Music 2:15 Ice cream Social 2:30 Table Game 3:30 Outdoor Nature Walk 4:30 Dinner w/Music	Activities are subject to change without notice, any change will be posted, please refer to activity board daily.