

COMMUNITY NEWS

Inspiring Happiness.



THANK YOU!

It is refreshing to come into a community with a culture as amazing as Parkway Place. My goals are to continue to elevate this community into becoming the best it can be.

TIM LIST

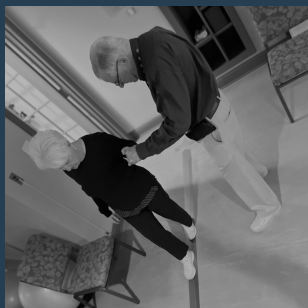
Executive Director

Dear Seniors, Associates, and Family Members,
Thank you all for the warm welcome that you have extended to me during my first few weeks at Parkway Place. It is an honor to lead a community that has such a welcoming spirit and unmatched hospitality. I am looking forward to getting to know each of you further in the coming weeks and months. Together, we will build upon the success that our Community has enjoyed and we will ensure that Parkway Place continues to Inspire Happiness for generations to come.

The Benefits of Exercise

According to the Centers for Disease Control and Prevention (CDC), all older adults can benefit from regular physical activity. There are major benefits to maintaining an active lifestyle through the aging process. This can include prevention of bone loss, relieving of osteoarthritis pain,

prevention of chronic diseases, boosting immunity, and improving mood. Parkway Place offers low impact wellness classes Monday through Friday for all residents.



Meet & Greet with Tim List

This past month, our resident's welcomed the new Parkway Place Executive Director with a great reception.



Danette McMahon helped celebrate Parkway Place resident Birthdays

RESIDENT BIRTHDAY CORNER!

3/3 Ben Sinclair
3/8 Jerry McHenry
3/9 Norma Schultz
3/11 Betty Boynton
3/13 Thomas Burke
3/14 Mary Hillard
3/19 Kathryn Bonzelet



3/22 Barbara Toney
3/23 Mary Ann O'Connell
3/23 Joyce Sinclair
3/27 Barbra Thigpen
3/27 Joe Peddy
3/29 Betty Lowry
3/31 Karen Martin

ASSOCIATE OF THE MONTH

This month, we are celebrating Diana Ibarra! Diana has been with Parkway Place for 8 years. She is one of the most reliable and dedicated employees in the housekeeping department. As a Laundry Aide she makes sure that the clothes are clean neatly folded and returned to the correct resident or department. When a issue does arise, she is the one that you can count on to take the lead in making the the issue get resolved. Congratulations Diana!

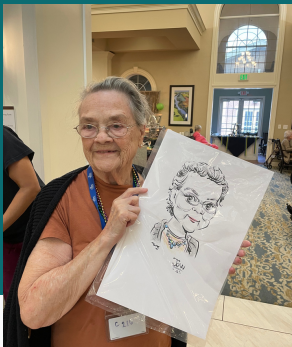


The Westside High School National Honor Society stopped by to give out hand made Valentine's day cards to our seniors during their weekly Coffee and Chatter group meeting.



WHAT'S HAPPENING?

Residents celebrated Mardi Gras in a big way!



Parkway Place Staff prepared a large Cajun and Creole themed buffet for all residents to enjoy.

Caricature artists, jugglers, and magicians were performing while the residents socialized with friends and neighbors. From everyone at Parkway Place, Happy Mardi Gras and Laissez les bons temps rouler! (Let the good times roll)

Resident Success Story

Dan has not walked without his walker in 9 years. Due to dedication to his health and wellness, he walked on the treadmill unassisted for 3:27!



Daylight savings time begins on March 12th. Don't forget to spring forward. In 2022, the United States Senate passed a bill to make Daylight Saving Time permanent. If enacted, this bill would take effect starting in November 2023. Daylight Saving Time (DST) is the practice of setting the clocks forward one hour from standard time during the summer months, and back again in the fall, in order to make better use of natural daylight.



UPCOMING EVENTS



MARCH 2 | TEXAS INDEPENDENCE DAY

Texas Independence Day is the celebration of the adoption of the Texas Declaration of Independence on March 2, 1836. Parkway Place will be hosting a special Texas themed Social Hour to celebrate.



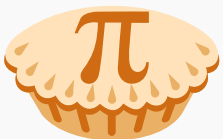
MARCH 7 | NATIONAL FLAPJACK DAY

Enjoy pancakes for breakfast in the Cabana Café and specials in the Brimhurst.



MARCH 6-24 | SHOES FOR ORPHAN SOULS DRIVE

Buckner Shoes for Orphan Souls® provides new shoes and socks to orphans and vulnerable children in the United States and throughout the world. All sizes of shoes and socks are accepted



MARCH 14 | PI DAY

Pi Day is an annual celebration of the mathematical constant π . Pi Day is observed on March 14 since 3, 1, and 4 are the first three significant figures of π



MARCH 17 | COMMUNITY WIDE CHILI COOKOFF

Parkway Place Employees will be competing to see who's Chili is the best! Residents will be able to taste and pick their favorite!



MARCH 17 | ST. PATRICKS DAY

Saint Patrick's Day honors the Patron Saint of Ireland, who brought Christianity to the Emerald Isles, as Ireland is known. Don't forget to wear green!



MARCH 28 | WORLD PIANO DAY

Celebrate music with a live piano player in the Main Lobby.

IMPORTANT NUMBERS

Timothy List 281-677-5904
Senior Executive Director

Shima Reddy 281-677-5931
Director of Administrative Services

Kelly Stephens 281-677-5918
Senior Human Resources Director

John Bender 281-677-5917
Chaplain

Nikita Harchandani 281-677-5910
Life Enrichment Coordinator

Amy Lawrence 281-677-5908
Wellness Coordinator

Derone Martin 281-677-5916
Executive Chef

Dragoslav Lukic 281-677-5967
Director of Environmental Services

Laura Thevenin 281-677-5961
Director of Housekeeping

Michelle Barroso 281-677-5912
Director of IL Marketing

Rocio Garza 281-677-5971
Director of Concierge Services

Transportation 832-473-5894
832-473-5888



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