December 2022

Independent Living

Sun	Mon	Tue	Wed	Thu	Fri	Sat
AU- Auditorium	MAP LEGEND CONT. DR-Dining Room L-Library B-Bistro Activities Are Subject To Change Without Notice	Merry Christmas	TUNE IN TO CHANEL 2 OR HEAD DOWN TO THE CHAPEL FOR THE MORNING SHOW MONDAY THROUGH FRIDAY AT 9 AM!	1 Nat. Christmas Lights Day 10:00A Writer's Workshop (AC) 11:15A Prayer Group (GR) 2:00P Rummikub (GR) 4:00P Social Hour (CC) 6:15P Bingo! (AC)	2 10:00A Ladies Bible Study (AC) 10:00A Men's Group (GR) 11:15A Let's Do Lunch: Blue Agave 1:00P Catholic Communion (GR) 1:30P Afternoon Movie (AU/CH2)	3 Nat. Make A Gift Day 9:30A Coffee with Neighbors (CR) 1:30P Knitting and Crocheting (AC) 6:15P Bingo! (AC)
11:30A Music w/ Rodney Rasberry (ML) 3:30P Vespers (AU/Ch2) 4:30P Coffee and Chatter (CR)	3:00P Music w/ Marlene (GR)	10:00A—1:30P GRACEWOOD CLOTHING DRIVE 10:00A ART GROUP (AC) 4:00P Spanish Speaking Lesson with Amy/Rocio (GR) 6:15P BINGO! (AC)	7 Pearl Harbor Remembrance Day 10:00A Iris Cards (AC) 11:00A Prize Bingo w/ Victory Smiles (AC) 11:00A Therapy Dogs (ML) 6:00P Bridge (GR)	8 10:00A Writer's Workshop (AC) 11:15A Prayer Group (GR) 2:00P-4:00P PWP Holiday Village 4:00P Social Hour (CC) 6:15P Bingo! (AC)	Carolers (ML) 10:00A Ladies Bible Study (AC)	9:30A Coffee with Neighbors (CR) 1:30P Knitting and Crocheting (AC) 6:15P Bingo! (AC)
Bruni (ML) 3:30P Vespers (AU/Ch2) 4:30P Coffee and Chatter (CR) 6:00P Game Classes (GR)	12 National Gingerbread House Day 9:00A-9:45A Kroger (ML) 10:00A IRIS Cards (AC) 1:30P Bible School (GR) 6:00 –Mexican Train! (GR) Beginners Welcome!		14 10:00A Iris Cards (AC) 2:00P- PWP Singers Rehearsal (AU) 6:00P Bridge (GR)	15 10:00A Writer's Workshop (AC) 11:00A Episcopal Service (AU) 11:15A Prayer Group (GR) 2:00P Rummikub (GR) 4:00P Social Hour (CC) 6:15P Bingo! (AC)	16 National Ugly Sweater Day 10:00A Ladies Bible Study (AC) 10:00A Men's Group (GR) 11:00A Book Club (L) 11:15A Let's Do Lunch: Olive Garden 1:30P Afternoon Movie (AU/CH2)	9:30A Coffee with Neighbors (CR) 1:30P Knitting and Crocheting (AC) 6:15P Bingo! (AC)
11:30A Music w/ Rodney Rasberry (ML) 3:30P Vespers (AU/Ch2)	10:00A IRIS Cards (AC) 1:30P Bible School (GR)	2:00P Tim Holder Sing-A-	21 10:00A Iris Cards (AC) 11:00A Therapy Dogs (ML) 6:00P Bridge (GR)	10:00A Writer's Workshop (AC) 11:15A Prayer Group (GR) 2:00P Rummikub (GR) 4:00P Social Hour (CC)	23 10:00A Ladies Bible Study (AC) 11:15A Let's Do Lunch: P.F. Chang's 1:30P Afternoon Movie (AU/CH2) 2:00P Walgreens/CVS (ML)*	24 Christmas Eve 9:30A Coffee with Neighbors (CR) 1:30P Knitting and Crocheting (AC)
3:30P Vespers (AU/Ch2)	9:00A-9:45A Kroger (ML) 10:00A IRIS Cards (AC) 1:30P Bible School (GR) 6:00 –Mexican Train! (GR) Beginners Welcome!	4:00P Spanish Speaking Lesson with Amy/Rocio (GR)	28 10:00A Iris Cards (AC) 2:00P- PWP Singers Rehearsal (AU) 6:00P Bridge (GR)	29 10:00A Writer's Workshop (AC) 11:15A Prayer Group (GR) 2:00P Rummikub (GR) 4:00P Social Hour-Happy Early New Year! (CC)	30 10:00A Ladies Bible Study (AC) 11:15A Let's Do Lunch: BB's Tex- Orleans 1:30P Afternoon Movie (AU/CH2)	9:30A Coffee with Neighbors (CR) 1:30P Knitting and Crocheting (AC)

December 2022

Independent Living Wellness

Sun	Mon	Tue	Wed	Thu	Fri	Sat
MAP LEGEND AC – Arts & Crafts Room AU – Auditorium CC – Cabana Café CR – Cabana Room GR – Game Room	On the Ball Benefits: Core Stability Improved Balance Increased Flexibility	MAP LEGEND ML – Main Lobby OP – Outdoor Pool WC– Wellness Center WCP – Wellness Center Pool			2 10:00A—10:45A Agility Abilities (WC) *Intermediate & Advanced levels Only	ANYTIME: Exercise Videos on Demand (WC Studio)
ANYTIME: Exercise Videos on Demand (WC Studio)	9:00A Advanced Strength (WC) 10:00A Intermediate Strength (WC) 10:30A Beginner Strength (WC) 1:00P On The Ball! (WC) 2:00P Shake! Rattle! And Jive! (WC)	9:00A Advanced Strength (WC) 10:00A Intermediate Strength (WC) 10:30A Beginner Strength (WC) 2:00P Aquatic Agilities (WCP)	9:00A Advanced Strength (WC) 10:00A Intermediate Strength (WC) 10:30A Beginner Strength (WC) 1:00P On The Ball! (WC) 3:00P Chair Volleyball (AU)	9:00A Advanced Strength (WC) 10:00A Intermediate Strength (WC) 10:30A Beginner Strength (WC) 2:00P Aquatic Agilities (WCP)	9 10:00A—10:45A Agility Abilities (WC) *Intermediate & Advanced levels Only	ANYTIME: Exercise Videos on Demand (WC Studio)
ANYTIME: Exercise Videos on Demand (WC Studio)	9:00A Advanced Strength (WC) 10:00A Intermediate Strength (WC) 10:30A Beginner Strength (WC) 1:00P On The Ball! (WC) 2:00P Shake! Rattle! And Jive! (WC)	9:00A Advanced Strength (WC) 10:00A Intermediate Strength (WC) 10:30A Beginner Strength (WC) 2:00P Aquatic Agilities (WCP)	9:00A Advanced Strength (WC) 10:00A Intermediate Strength (WC) 10:30A Beginner Strength (WC) 1:00P On The Ball! (WC) 3:00P Chair Volleyball (AU)	9:00A Advanced Strength (WC) 10:00A Intermediate Strength (WC) 10:30A Beginner Strength (WC) 2:00P Aquatic Agilities (WCP)	16 10:00A—10:45A Agility Abilities (WC) *Intermediate & Advanced levels Only	ANYTIME: Exercise Videos on Demand (WC Studio)
ANYTIME: Exercise Videos on Demand (WC Studio)	9:00A Advanced Strength (WC) 10:00A Intermediate Strength (WC) 10:30A Beginner Strength (WC) 1:00P On The Ball! (WC) 2:00P Shake! Rattle! And Jive! (WC)	9:00A Advanced Strength (WC) 10:00A Intermediate Strength (WC) 10:30A Beginner Strength (WC) 2:00P Aquatic Agilities (WCP)	9:00A Advanced Strength (WC) 10:00A Intermediate Strength (WC) 10:30A Beginner Strength (WC) 1:00P On The Ball! (WC) 3:00P Chair Volleyball (AU)	9:00A Advanced Strength (WC) 10:00A Intermediate Strength (WC) 10:30A Beginner Strength (WC) 2:00P Aquatic Agilities (WCP)	23 10:00A—10:45A Agility Abilities (WC) *Intermediate & Advanced levels Only	Christmas Eve
Christmas Day	10:00A Intermediate Strength (WC) 10:30A Beginner Strength (WC)	9:00A Advanced Strength (WC) 10:00A Intermediate Strength (WC) 10:30A Beginner Strength (WC) 2:00P Aquatic Agilities (WCP)	9:00A Advanced Strength (WC) 10:00A Intermediate Strength (WC) 10:30A Beginner Strength (WC) 1:00P On The Ball! (WC) 3:00P Chair Volleyball (AU)	9:00A Advanced Strength (WC) 10:00A Intermediate Strength (WC) 10:30A Beginner Strength (WC) 2:00P Aquatic Agilities (WCP)	10:00A—10:45A Agility Abilities (WC) *Intermediate & Advanced levels Only	New Year's

DECEMBER 2022

3:30 Sunday Virtual Vesper Service (CH 2)

THE HEIGHTS

Events & Adventures

Sun	Mon	Tue	Wed	Thu	Fri	Sat
DECEMBER	Jour Jour Land Control of the Contro			1 3'IIII Short Story (Pagainae)	2 10:15 Fireplace Holiday Social 1:30 Healthcare Cookie Exchange Social 2:15 Ice Cream Social 3:00 B-I-N-G-O (AR) 6:00 Individual Word Search (AR)	3 Nat. Make A Gift Day 10:15 Mark Bruni on Piano (DR) 1:30 Movie With Friends (AR) 3:30 Evening Movie (AR) 6:00 Independent Table Games (AR)
4 Nat. Santa's List Day 10:00 Heights Worship Service (DR) 11:00 Visits with Prayer and Communion (H) 1:30 Table Games (B) 3:30 Sunday Virtual Vesper Service (CH 2)	5 10:15 Exercise Class (AR) 1:30 Bridge Group (2nd Floor) 2:00 Jewelry Making Class 3:00 B-I-N-G-O 6:00 Music Word Categories (AR)	6 10:15 Arts and Crafts 11:00 Easy Scrabble 1:30 Evening Movie/Popcorn 3:00 Table Games 6:00 Fireplace Reminiscing	7 Pearl Harbor Remembrance Day 9:30 Beauty Shop Day 10:15 Morning Mediation 2:00 Spoken Words and Poetry 3:00 B-I-N-G-O	8 10:15 Devotional Service With John Bender (DR) 1:30 Snack and Chat AR) 2:30 Monthly Birthday Party 3:00 Resident Council Meeting 6:00 Word Elimination	9 10: 15 Entertainment with Otis 1:30 Hot Chocolate Social 2:15 Ice Cream Social 4:00 John the Second Carolers 6:00 Fireplace Stories (AR)	10 10:15 Mark Bruni on Piano (DR) 1:30 Individual Crossword Puzzles (AR 3:30 Outdoor Evening Strolling 6:00 Meet and Greet
11 10:00 Heights Worship Service (DR) 11:00 Visits with Prayer and Communion (H) 1:30 Table Games (B) 3:30 Sunday Virtual Vesper Service (CH 2)	2:00 Holiday Jawalny Class	13 10:15 Arts and Crafts 1:30 Snack and Chat (AR) 2:00 Porch Sitting and Coffee 3:00 Holiday Movie 6:00 Table Games with Friends (AR)	9:30 Beauty Shop Day 10:15 Donuts and Coffee Social Hour (AR) 10:30Morning Mediation 2:00 Table Games w/Friends 3:00 B-I-N-G-O	15 Christmas Party 10:15 Devotional Service With John Bender (DR) 2:00 Christmas Party Entertainment with Danette 3:30 Christmas Sing Along 6:00 Outdoor Evening Stroll	16 National Ugly Sweater Day 10:15 Entertainment with Otis on the Guitar 1:30 Bridge Group (2nd Floor) 2:00 Christmas Movies Hour 3:00 B-I-N-G-O (AR) 5:00 Christmas Lights Tour	17 10:15 Mark Bruni on Piano (DR) 1:30 Games With Friends (AR) 3:30 Independent Word search (AR) 6:00 Independent Games (AR)
18 10:00 Heights Worship Service (DR) 11:00 Visits with Prayer and Communion (H) 1:30 Table Games (B) 3:30 Sunday Virtual Vesper Service (CH 2)	10:15 Exercise Class (AR) 1:30 Bridge Group (2nd Floor) 2:00 Jewelry Making Class 3:00 B-I-N-G-O 6:00 Words Unscrambled (AR)	20 10:15 Arts and Crafts 2:00 Kitchen Less Cooking (Holiday Recipe) 3:30 Fireplace Reminiscing 6:00 Winter Story Telling /w Friends	21 Look on the Brightside Day 9:30 Beauty Shop Day 10:15 Hot Chocolate /Morning Meditation 2:00 Spoken Word and Poetry 3:00 B-I-N-G-O	10:15 Devotional Service with John Bender (DR) 11:00 Morning Current Events (B)	10:15 Entertainment Christmas Caroling 1:30 Christmas Card Exchange 2:15 Ice Cream Social (L) 3:00 B-I-N-G-O (AR) 6:00 Porch Sitting w/Friends	24 Christmas Eve 10:15 Mark Bruni with Friends 1:30 Holiday Reminiscing With Friends (AR) 3:30 Individual Word Search 6:00 Story time with Melissa "The Night before Christmas"
25 Christmas Day 10:00 Heights Worship Service (DR) 11:00 Visits with Prayer and Communion (H) 1:30 Table Games(B)	10:15 Scenic Ride 1:30 Bridge Group (2nd Floor) 2:00 BLN CO	27 10:15 Arts and Crafts 11:00 Easy Scrabble (AR) 1:30 Word Search (AR) 3:00 Fireplace Holiday Chat 6:00 Evening Porch Sitting	9:30 Beauty Shop Day 10:15 Donuts and Coffee Social Hour (AR) 10:30 Morning Mediation 3:00 B-I-N-G-O	29 10:15 Devotional Service with John Bender 10:45 Ball Toss Exercise 1:30 Snack and Chat 3:00 Evening Table Games	30 New Years Eve Celebration 10:15 Entrainment with Rodney Raspberry 2:00 Entertainment "2 Man Band" Refreshment Will be Served	DR-Dining Room AR-Activity Room L-Lobby Activities Are Subject To Change Without Notice.

6:00 Evening Chat w/ Friends

DECEMBER 2022

THE HARBOR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Happy Birthday Duane Carlson 12/12 Thomas D'Ambrosio 12/13	Oh Holy Night	any change will be posted, please	1 10:00 Beauty Shop 11:00 Balloon Volleyball 2:00 Bingo w/Volunteer 3:00 Group Dominoes 4:30 Dinner w/ Music	2 10:00 Musical Bingo 11:00 Caroling Sing along 2:15 Ice cream Social 3:00 Pokeno Card Game 4:30 Dinner w/ Music	3 10:15 Piano Melodies by Mark 2:00 Santa Claus Word Search 3:00 Lawrence Welk Sing-along 4:30 Dinner w/ Music
4 10:00 Sunday Worship Service 2:00 Carols sing along 3:00 Miracle on 34 St. 4:30 Dinner w/ Music	10:00 Move to Music Exercise 11:00 Senior Trivia 1:45 Gospel Caroling w/ Charlotte 3:00 Dot to Dot Christmas Art 4:30 Dinner w/ Music	9:00 Mani/Pedi Service 11:00 St. Nicholas Fun Facts 2:00 Easy Scrabble Game 3:00 Group Dominoes 4:30 Dinner w/ Music	10:30 Pet Therapy Visit 11:00 Pearl Harbor Tribute 2:00 Gingerbread House Craft 3:00 Christmas Wreath Making	8 10:00 Beauty Shop 11:00 Toss 'n' Talk 2:00 Bingo w/Volunteer 3:00 Pokeno Card Game 4:30 Dinner w/ Music	9 10:00 Word in A Word Holiday Special 11:00 Sending Christmas Cards 2:00 Coke Floats 3:00 Holiday Recipes Reminiscing 4:00 John Paull Carolers 4:30 Dinner w/ Music	10 10:15 Piano Melodies by Mark 2:00 Matching Gingerbread Cookies 3:00 Bing Crosby Christmas Songs 4:30 Dinner w/ Music
11 10:00 Sunday Worship Service 2:00 Group Laundry Folding 3:00 It's A Wonderful Life 4:30 Dinner w/ Music	12 10:00 Seated Exercise 11:00 Resident Council Talk 2:00 Bingo Fun 3:00 Roll for Six Dice Game 4:30 Dinner w/ Music	13 10:00 Ring Toss game 11:00 Senior Trivia 2:00 Hot Cocoa Social 3:00 Santa's Secret Quote 4:30 Dinner w/ Music	3:00 Ugly Sweater Designs 4:30 Dinner w/ Music	15 10:00 Beauty Shop 11:00 Twelve Day Card Match 2:00 Christmas w/Danette 3:00 Hot Cider Social 4:30 Dinner w/ Music	16 10:30 Christmas Guitar Melodies by Otis 2:00 Root beer Floats 3:00 Group Dominoes 4:30 Dinner w/ Music 5:00 Christmas Lights Tour	17 10:15 Piano Melodies by Mark 2:00 Group Puzzle Piecing 3:00 Hallmark Christmas Movie 4:30 Dinner w/ Music
18 10:00 Sunday Worship Service 2:00 Holiday Inn Movie :00 Christmas Picture Coloring 4:30 Dinner w/ Music	19 10:00 Seated Exercise 11:00 Random Trivia 2:00 Special Christmas Bingo 3:00 Virtual Christmas Lights Tour 4:30 Dinner w/ Music	20 10:00 Finish The Christmas Song 11:00 Jesus Birth Trivia 2:00 Hot Chocolate Social 3:00 Picture Difference 4:30 Dinner w/ Music	10:00 Christmas Service w/ John 10:30 Pet Therapy Visit 11:00 Wheel of Fortune Game 2:00 Cinnamon Scented Craft	10:00 Beauty Shop 10:30 Caroling W/Theresa 2:00 Bingo w/Volunteer 3:00 Eggnog Social 4:30 Dinner w/ Music	23 10:00 Entertainment by Rodney 2:00 Eggnog w/ Fruit cake Social 3:00 Jingle All The Way Reminiscing 4:30 Dinner w/ Music	24 10:15 Memory lane Christmas Sing-along 2:00 Group Christmas Puzzle Piecing 3:00 Lawrence Welk Sing-along 6:00 The Night Before Christmas Story Time By Melissa—Dietary Supervisor
25 Merry Christmas 10:00 Sunday Worship Service 11:00Special Christmas Lunch 2:00 Eggnog w/ Cookie 3:00 Movie: White Christmas 4:30 Dinner w/ Music	26 10:00 Seated Exercise 11:00 Scenic Wildlife w/Music 2:00 Bingo Fun 3:00 Roll for Six Dice Game 4:30 Dinner w/ Music	27 10:00 Balloon Volleyball 11:00 Senior Trivia 2:00 Coffee w/ Friends 3:00 Easy Scrabble 4:30 Dinner w/ Music	10:00 Bible Trivia 11:00 Wheel of Fortune Game 2:00 Coffee w/ Friends 3:00 New Year Reminisce 4:30 Dinner w/ Music	29 10:00 Beauty Shop 11:00 Toss 'n' Talk 2:00 Bingo w/Volunteer 3:00 Group Dominoes 4:30 Dinner w/ Music	30 10:00 New Year Resolution 11:00 Wheel of Fortune Game 2:00 Pre New Year's Celebration 4:30 Dinner w/ Music	31 10:15 Piano Melodies by Mark 2:00 Easy Color Match Dominoes 3:00 Lawrence Welk Sing-along 4:30 Dinner w/ Music

DECEMBER 2022

THE HAVEN

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			DR-Dining Room L-Lounge B-Bistro H-Healthcare Activities Are Subject To Change Without Notice.	1 10:15 Seated Exercises (B) 10:30 News and Views (B) 11:00 Pokeno Group (B) 1:30 Domino Group 2:00 Rummikub Game (B)	2 10:15 Wassail and Music (DR) 11:30 Current Events (L) 1:30 Cookie Exchange Social (H) 2:15 Ice Cream Social (L) 3:00 Holiday Reminiscing (L)	3 10:15 Mark Bruni on Piano (AL) 11:30 Current Events (L) 1:30 Saturday Matinee (L) 3:30 Puzzle Piecing (B
9:00 Haven Church Service (B) 11:00 Catholic Visits with Prayer and Communion (H) 1:30 Table Games (B)	5 10:15 Seated Exercises (B) 10:30 Bingo Group B) 1:30 Domino Group (L) 2:00 Reminiscing with Friend (B) 3:00 Name That Tune (B)	9:30 Beauty Shop Day 10:15 Devotional with Chaplain John Bender (B) 11:00 Exercises with Music (B) 1:30 Domino 42 (L) 3:00 String Popcorn Craft (B)	9:30 Manicures/Pedicures (H) 10:00 Movie Hour (L) 1:30 Sing Along (L) 2:00 Crossword Solving (L) 3:00 Candy Cane Month Craft (B)	8 10:15 Seated Exercises (B) 10:30 News and Views (B) 11:00 Pokeno Group (B) 1:30 Domino Group 2:00 Rummikub Game (B)	9 Caroling Month 10:15 Otis on Guitar (DR) 1:30 Hot Chocolate Social (B) 2:15 Ice Cream Social (L) 3:00 Christmas Card Mail Out (B) 4:00 Caroling by John Paul II	10 10:15 Mark Bruni on Piano (AL) 11:30 Current Events (L) 1:30 Saturday Matinee (L) 3:30 Puzzle Piecing (B
9:00 Haven Church Service (B) 11:00 Catholic Visits with Prayer and Communion (H) 1:30 Table Games (B)	12 10:15 Seated Exercises (B) 10:30 Bingo Group B) 1:30 Gingerbread House Craft (B) 2:00 Reminiscing with Friend (B) 3:00 Scrabble Game (B)	9:30 Beauty Shop Day 10:15 Devotional with Chaplain John Bender (B) 11:00 Res. Council Mtg. (B) 1:30 Domino 42 (B) 3:00 Cookie Social (B)	14 10:00 Donuts and Coffee (B) 11:00 Faithful Pet Paws Visits (H) 1:30 Sing Along (L) 2:00 Crossword Solving (L) 3:00 Card Games (B)	15 10:15 Seated Exercises (B) 10:30 News and Views (B) 11:00 Pokeno Group (B) 1:30 Domino Group (B) 2:00 Resident Christmas Party (H)	16 10:15 Otis on Guitar (DR) 1:30 Table Talk and Coffee (B) 2:15 Ice Social Cream Social (L) 3:15 Christmas Word Search (L) 5:00 Christmas Light Tour	17 10:15 Mark Bruni on Piano (AL) 11:30 Current Events (L) 1:30 Saturday Matinee (L) 3:30 Puzzle Piecing (B
18 Hannukah Begins 9:00 Haven Church Service (B) 11:00 Catholic Visits with Prayer and Communion (H) 1:30 Table Games (B)	19 10:15 Seated Exercises (B) 10:30 Bingo Group B) 1:30 Domino Group (L) 2:00 Reminiscing with Friend (B) 3:00 Christmas Jingles (B)	9:30 Beauty Shop Day 10:15 Devotional with Chaplain John Bender (B) 11:00 Exercises with Music (B) 1:30 Domino 42 (L) 3:00 Ornament Decorating (L)	21 Winter Begins 10:15 Bingo with Prizes (B) 11:30 News and Views L) 1:30 Sing Along (L) 2:00 Crossword Solving (L) 3:00 Card Games (B)	10:15 Seated Exercises (B) 10:30 News and Views (B) 11:00 Pokeno Group (B) 1:30 Domino Group 2:00 Rummikub Game (B)	23 10:15 Christmas Caroling (DR) 1:30 Table Talk and Coffee (B) 2:15 Ice Cream Social (L) 3:00 Holiday Greetings (L) 4:00 Sing Along (L)	24 10:15 Mark Bruni on Piano (AL) 1:30 Saturday Matinee (L) 3:30 Puzzle Piecing (B) 6:00 Twas The Night Before Chris by Mellissa (AL)
25 Merry Christmas 9:00 Haven Church Service (B) 11:00 Catholic Visits with Prayer and Communion (H) 1:30 Table Games (B)	26 Kwanzaa Begins 10:15 Seated Exercises (B) 10:30 Bingo Group B) 1:30 Domino Group (L) 2:00 Reminiscing with Friend (B) 3:00 Scrabble Game (B)	9:30 Beauty Shop Day 10:15 Devotional with Chaplain John Bender (B) 11:00 Exercises with Music (B) 1:30 Domino 42 (L) 3:00 Hot Cocoa Social (L)	9:30 Manicures/Pedicures (H) 10:00 Movie Matinee (L) 1:30 Sing Along (L) 2:00 Crossword Solving (L) 3:00 Card Games (B)	29 10:15 Seated Exercises (B) 10:30 News and Views (B) 11:00 Pokeno Group (B) 1:30 Domino Group 2:00 Rummikub Game (B)	30 10:15 Entertainment by Rodney Rasberry (DR) 1:30 Table Talk and Coffee (B) 2:00 New Years' Eve Celebration (H)	31 New Year's Eve 10:15 Mark Bruni on Piano (AL) 11:30 Current Events (L) 1:30 Saturday Matinee (L) 3:30 Puzzle Piecing (B