## Congratulations, Theresa Gillum!



On April 7, 1981 Mrs. Theresa Gillum started her career at Buckner. Mrs. Gillum started at our original building, Buckner Baptist Haven, as a medication aide. Admirably, Mrs. Gillum retired from Parkway Place exactly forty-one years to the day, on April 7, 2022 as a medication aide. Theresa has the longest career of any Buckner associate and has changed many lives during her long time at our community. Theresa was celebrated with a beautiful, and emotional retirement party. The room was packed and there was not a dry eye in sight. Many residents & Buckner associates from all over the company shared fond memories of Theresa in person and on Zoom. Her beautiful family even went up to share some words. Theresa was a gem and improved the lives of many. She will be missed dearly!

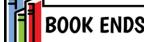








Hope shines here.®



# BOOK ENDS Book Ends with Jerry Ballard

#### Interesting Facts About Author, James Patterson

I was curious about one of my all-time favorite authors. So I did a little research. I expected to find interesting information comma but was surprised at some of the facts. For instance, as of August 2021, he had written 322 books that sold 425 million copies! He has written over 200 novels since his first novel in 1976. The Thomas Berryman Numbers that later became a series starring former FBI forensic analyst Alex Cross. Stories about Alex Cross (over 30 books to date) are some of Patterson's top earning novels to this day and hold the New York Times record for most #1 bestsellers. Patterson is the third wealthiest author in the world (per celebrity net worth). He has recently written works with some famous co-authors such as President Bill Clinton and country music legend, Dolly Parton. He also co-authored the Women's Murder Club series of 22 books with Maxine Paetro.



**MAY 2022** 

#### **Annual Senior Prom at PWP!**

Last month residents experienced a fun blast from the past with Parkway Place's annual senior prom! Residents enjoyed the 50s: Back to the Future theme this year. It was a pleasure to see associates and residents let their hair down and dance to old school hits together! Parkway Place wants to give a special thank you to the Two-Man Band who never disappoints and is guaranteed to get you out of your seat. We also enjoyed fun photobooths, tasty treats like milkshakes, sherbet punch, and senior prom awards. We are happy to announce the winners of the awards: Therese Brandl & Jim Huddleston for best dressed, Peter Kaltenburg & Sandy Vise for best dancers, and last but certainly not least, Peter Kaltenburg & Shirley Clark for senior prom King and Queen. We want to thank the residents who came out and danced the night away & we cannot wait until our next senior prom in 2023!













INDEPENDENT LIVING | ASSISTED LIVING | MEMORY CARE | SKILLED NURSING









#### Welcome, New Residents!



#### Hello Parkway Place Residents!

We want to give a special welcome to all of the new residents who have moved into our community this year. It is hard to believe we are already in May! We hope that you all are enjoying your time at Parkway Place and getting settled in, as well as learning your way around this huge building and making new friends as well.

Please know that you have many friendly neighbors who are always looking forward to meeting new people and we encourage you to get out and about! We have many engagements on our monthly calendar that are geared specifically toward connecting and meeting one another including Friday Night Friends, Men's Group, Ladies' Bible Study, and Social Hour just to name a few.

Additionally, our staff is always available and want to make this new transition in your life as smooth as possible. Our Life Enrichment team including Gina, Kat, & Rebekah are your go-to people for any questions or concerns regarding engagements and ways to connect with your new neighbors at Parkway Place. Enjoy your time at your new home!

## **Happy** Memorial Day

Memorial Day is an American holiday, observed on the last Monday of May, honoring the men and women who died while serving in the U.S. military. Memorial Day 2022 will occur on Monday, May 30.

Originally known as Decoration Day, it originated in the years following the Civil War and became an official federal holiday in 1971. Many Americans observe Memorial Day by visiting cemeteries or memorials, holding family gatherings, and participating in parades. Unofficially, it marks the beginning of the summer season.



We thank the many men and women who are residents and associates of Parkway Place who have served and dedicated themselves to our U.S. Military. We also remember the ones who have lost their lives. Please wear red, white, & blue on Monday, May 30 to honor our fallen heroes.

#### **National** Fitness Month

May is national fitness month! Please check your wellness calendar for all things fitness and ways to better improve your strength and health here at Parkway Place. Katrina Alvarado, our wellness director, provides one-on-one sessions with residents and has been wellness classes throughout the day.

Please be aware that Parkway Place also is home to Functional Pathways, an innovative at-home therapy service. Mr. Collins Awosika, the director of Functional Pathways will be giving a presentation and answering questions on Thursday May 12 & 26 at 11:00 in the Wellness Center. We cannot wait to see you there!

Additionally, do not forget about National Senior Fitness Day on Wednesday, May 25! This day is dedicated to the betterment of the health of seniors. The common goal is to help seniors stay fit and healthy. Numerous organizations around the country organize events to spread the word about the importance of eldercare and various ways of doing it. There are also many local events organized at neighborhood parks, gyms, and other similar places. Parkway Place will be celebrating National Senior Fitness Day with a fitness scavenger hunt around the building on May 25 from 9am-2pm. The scavenger hunt awards will begin at 2pm in the Wellness Center. More details to come. Please go to our wellness director, Katrina Alvarado, for further questions about National Senior Fitness Day!

## **Upcoming** Events

#### Cinco de Mayo Celebration Thursday, May 5 @ 11:00 (DR)

Pull out your sombreros for an afternoon full of beautiful mariachi music, delicious Mexican food, and great fun with your neighbors! We're excited to present our annual Cinco de Mayo celebration that you will not want to miss. Please be aware that the Brimhurst Dining Room will be closed for lunch on May 5 for the celebration, however, the Cabana Café will be open for dine in and take out.

## **Mother's Day High Tea**

Friday, May 6 @ 2:30 (DR)

If you are a Mother here at Parkway Place, please join us for a lovely Mother's Day celebration on May 6. We will be hosting a high tea event and encourage you to invite your families! Please be aware that there is a two guest maximum and we ask that you sign up for this celebration in the message center. No cost is required for your guest to join us. We wish all of the amazing Mothers at Parkway Place a wonderful and happy Mother's Day!

# **Bayou City Singers Perform**

Monday, May 9 at 7:00 (AU)

Do not miss an amazing performance from the Bayou City Singers, a Houston chorus group that has been ministering to senior communities since 1972. They are sure to put on a fantastic show!

#### **Chair Volleyball**

Every Wednesday at 3:00 (AU)

In spirit of National Fitness Month, we will be playing chair volleyball every Wednesday this month! We will also be providing healthy refreshments like smoothies & fresh fruit after the games. Take advantage of this opportunity to exercise & have fun at the same time!

# What's Going On at Parkway Place

#### The Lone Star Flight Museum

Last month residents enjoyed an outing to the Lone Star Flight Museum, an aerospace museum that displays more than twenty-four historically significant aircrafts, and many artifacts related to the history of flight. Residents were lucky enough to show up on the perfect day, as there happened to be a new exhibit being presented by Mario Runco Jr., an astronaut who has had the pleasure of visiting space three times. Fun fact: Mr. Runco is seventy years old and sure does not years of dedication and hard work at Parkway look like it! We thank the residents who enjoyed the afternoon with us.





#### **Associate** of the Month

Brigid Oti is our Associate of the Month for April! She has been with Parkway Place for the last thirteen years. She started her career as a Certified Nursing Assistant & later completed schooling to become a Licensed Vocational Nurse (LVN). Mrs. Oti is someone who you can always count on to assist seniors in the best way she can, even throughout a worldwide pandemic. We thank Mrs. Oti for always inspiring happiness here at

Parkway Place!



#### Jay's General Store

We would love to introduce Ms. Jay Kapadia, the face behind the Parkway Place General Store. Jay has faithfully ran the general store since the opening of Parkway Place in 1998! Please stop by Jay's shop, if you ever need toiletries, greeting cards, clothing, jewelry, or just to chat and enjoy a cup of coffee,. She is s right next to the game room on the first floor. Thank you, Jay, for all your



#### **Resident** of the Month

Mrs. Toshi Hayre has been a resident of Parkway Place since 2018. Toshi first found out about Parkway Place because her home was near the Buckner Baptist Haven facility. Toshi moved to Parkway Place after Hurricane Harvey destroyed her home. You can always find Toshi with a smile while helping her neighbors and being a great leader in the community. Toshi even still volunteers at Memorial City Hospital. Toshi enjoys knitting,

exercising, and spending time with her two children. Fun fact: Toshi's son's first job as a young boy was delivering newspapers to the Buckner Haven facility in the late 1960s. We love and thank you for being such an amazing resident, Toshi!

## **Home** Health Resources

Whether an individual is recovering from an injury or coping with an illness, Home Health Resources offers a wide range of services to meet the special medical, physical, and emotional needs of individual clients and caregivers. Personalized attention to each client while maintaining privacy, dignity, and individualism is always the policy carried out by the courteous staff at Home Health Resources.

The mission of Home Health Resources is to support all endeavors to achieve positive outcomes for our clients in the most cost effective manner. The organization is committed to listen, respond, and care.

Home Health Resources supports a client's right to direct their health care and decisions regarding their care. This includes an individual's right to choose their health care provider.

If you are interested in Home Health Resources and the services they provide, please reach out to Alisa Thompson at 281-398-0500 or stop by her office right next to the Cabana Café.



## May Birthdays

05/03 Mary Louise Sorrells

05/04 Bonnie Meador

05/11 Ruger Winchester

05/11 Louisa Russell 05/22 Dee Samford

05/23 Betty Stone

### **Resident** Reminders

We have a referral program here at Parkway Place and would love for you to know all about it! If you refer a friend and they move into Parkway Place, you will receive a \$1,000 credit towards your monthly rent! Some exclusions apply. Please reach out to Katherine at 281-677-5955 or Michelle at 281-677-5912 in our Marketing department for more details. We thank and appreciate you for sharing the joy of Parkway Place to your friends!



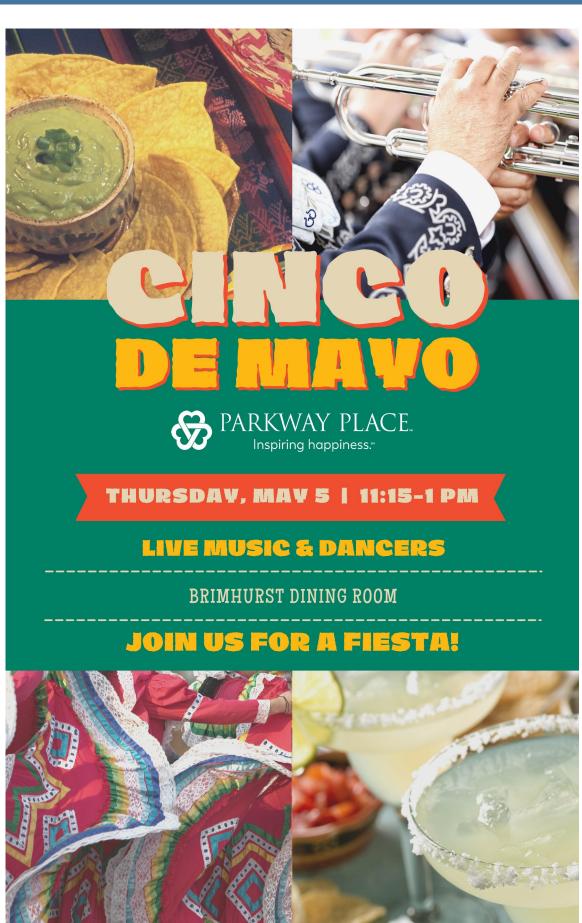
# Birds of A Feather stick together!

Please remember that May 1-7 is National Hurricane Preparedness Week. We are sure that every Houstonian is aware of the extreme damage a hurricane can do to someone's home, surroundings, and environment. Because of this, please be prepared with flashlights, batteries, water, and non-perishable food items. Another useful tip is determining the best place for protection in your apartment in case a hurricane strikes. Your bathroom would be the safest place as there are no windows there. Please stay safe and informed this hurricane season!

## Chaplain John Bender

Love. Ronnie Milsap sings a Country and Western song, 'Pure Love 99 and 44/100ths % Pure Love'. It is still not pure love. Household cleaners brag that they can eliminate 99.9% of bacteria. But cannot eliminate it all. God is pure love and there is not one iota of anything else other than pure love. For the Scripture says God is Love. Love is not a concept, it is a person - Jesus. And He expressed that love towards us while we were yet sinners, He died for us. Love is demonstrated in many ways. Some people pretend to love for something they can get out of the relationship. Here's an example: Dearest Jimmy, No words could ever express the great unhappiness I've felt since breaking our engagement. Please say you'll take me back. No one could ever take your place in my heart, so please forgive me. I love you! I love you! I love you! Yours forever, Marie. P.S., And congratulations on willing the state lottery. What about a love letter from God? Maybe it would be written in red. Maybe it would have as a beginning, a Genesis, and throughout the letter created a Revelation in our hearts? This love letter would state: As the Father has loved me. so have I loved you. Abide in my love. And it would state: who shall separate us from the love of Christ? And once more: Hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us. To quote the hymn 'Love Divine, All Loves Excelling' 'Jesus thou art all compassion; Pure unbounded love thou art. Visit us with thy salvation; enter every trembling heart.'





# Successful Surveys

Last month all Buckner communities participated in the most recent employee satisfaction survey conducted by Great Place To Work (GPTW). This survey gathers results based on questions about the quality and treatment of associates here at Parkway Place. 100% of associates responded to the survey and we had a 88% Trust Index Satisfaction Score. This is 4% more than previous years and the best in Buckner this year. We are proud of our dedicated staff & blessed with each one of our awesome associates!

#### **Blood Pressure** Month

High blood pressure affects one in three Americans — and it's the third leading cause of death in the U.S. Due to a tendency to show either minor, or even no symptoms at all, high blood pressure has earned the nickname "the silent killer."

You can lower blood pressure by:

30 minutes of daily physical activity

Eating a diet that is rich in whole grains, fruits, vegetables, and low-fat dairy products.

Potassium can lessen the effects of sodium on blood pressure.

Take time each day to sit quietly and breathe deeply.



#### **HEALTHCARE**

# Jig-Saw Puzzle Team Work



Residents in teams engaging jig-saw puzzle piecing.

### Solitaire Game

Resident independently plays Solitaire on her laptop.



# **Searching** for May



BRUNCH HUGS

CANDY MEMORIES

CARING NURTURE

FLOWERS PATIENT

GIFTS PERFUME

**JEWELRY** 

**SPECIAL** 

**APPRECIATION** 

**GIVING** 



# May Birthdays

05/09 Leonard Gilbert
05/15 Kay Dunlap
05/17 Mary Ferguson
05/28 Lois Jamison
05/28 Robert Hudson
05/31 Pamela Parnell

# Hello, Spring

Residents in Healthcare spring into spring with a great birthday social with entertainer Don "Poppy" Villemez. Poppy features the big band music era an many more of the 50's, 60's and 70's selections.







# Welcome, Cynthia!

Greetings, families and residents! We are thrilled to introduce our new Director of Nursing, Cynthia Jordan. Ms. Jordan has been in the nursing industry for over thirty years and has been a Director of Nursing across many facilities in the country. We are so excited to have Cynthia join our family. When you see her, please say hello!



# **National** Beer Day

Men's only social celebrating a cold one together.

